A Message For The Ages

The Simplicity Of The Healing Truth The Substance Of "this World"

In reality, God is the substance of all form. The nature and character of all form—dog, man, tree, bird, or beast—is God. Therefore, they are eternal. But the substance of this world is hypnotism, and you cannot get rid of the errors or the limitations of this world until you get rid of the hypnotism. . . How do you get rid of hypnotism? By recognizing it. That is the only way.

A Parenthesis In Eternity

The Basis Of Mysticism God, The Consciousness Of The Individual

Consciousness is the essence and substance of all that is. . . not *a* consciousness, nor *the* Consciousness, but *our* consciousness.

Awakening Mystical Consciousness

Flesh And Flesh

Spirit, which is the original substance, is one form. It is the idea; and as it comes to us in our consciousness, it is the Word made flesh. When it becomes visible, it is the flesh that withers, the flesh we can enjoy today.

Dealing With What Appears As Belief

So long as you have the belief of a selfhood apart from God, the substance of that belief will be present in the form of disease, lack, limitation, or sin.

Beyond Words And Thoughts

Incorporeality: God, Man, And Universe
Only Spiritual Discernment Reveals The Essential Equality Of Man

Before there was a seed, there was incorporeality. Even a seed has to come out of something, does it not? Out of what. You do not know any more than I do, except that I can tell you the name out of which it comes: the name is consciousness. . . Consciousness is the fabric and the substance of all form, and consciousness is incorporeal. As it manifests, we attach a corporeal sense to it, but it does not necessarily have to be that way.

You must have supply when you have incorporeal supply, consciousness as the substance of form. Whose consciousness? Mine! Yours! There is only one, only one consciousness. My consciousness, your consciousness is the substance of this universe because God is our consciousness. This is the ultimate truth. There is nothing left to teach. You cannot go beyond incorporeality. You cannot. You have to bring forth incorporeality out of your consciousness, bring forth incorporeal man out of your own consciousness, incorporeal body and incorporeal supply.

Let Your Consciousness Be Prepared To Feed A Hungry World

The real preparation will come forth from the degree of silence and secrecy in which you maintain yourself, because then you will not be wasting your substance on the air, or wasting it by letting it hit up against the human mind that would like to dispute it, argue with your, and discuss it.

Receptivity To God's Grace, Essential

In the whole kingdom of God there is no money, there are no houses, and there are no automobiles. God knows nothing of food, clothing, and housing, so praying to God for such things is a waste of time. . . God is not the source of material things, but God is the source of the substance that appears outwardly as gold, silver, trees, and all the good of this universe. In the kingdom of God, there is only life and love. . . and such additional facets as wisdom and intelligence, which are offshoots of these two great qualities, life and love. But unless we have God's love, which is the substance of all form, we will never have the form.

Consciousness Is What I Am

Attaining A Measure Of Spiritual Consciousness Becoming Aware Of The Indwelling Presence

Spiritual consciousness is a realization that within you is the substance of all that is to appear in your world. . . an awareness that all you need flows to you from within your own being. You come to a place in consciousness where it becomes clear to you that you are not dependent on anything out here, but that you must turn to the infinite Invisible for your good.

Healing Through A Mind Imbued With Truth

As long as I acknowledge an *I*, my Self, as long as I acknowledge an invisible and incorporeal mind as my instrument, which I keep filled with truth, if there is anything wrong with my brain or my body, it will be corrected. How? I know the truth in and through my mind, and that truth which I know in my mind becomes the very essence and substance of my body, because mind is the substance of the physical sense of body. . . Therefore, whatever I impart to my mind, the body shows forth.

Mind is the substance of the physical sense of body.

The Impersonal Nature Of Error

You cannot meet a problem on the level of the problem. If you treat a cold as a cold, it will get the best of you. Do not believe that a cold is a cold: a cold is a belief in two powers, a belief that there is God and another power. . . It is a temptation to believe that God is not the substance of all form, that God is not Omnipotence, and there is some Power you have to call up to do something.

God, The Self-created And Self-maintaing Principle

If we can posit a principle of a self-created and a self-maintaining infinite Substance, then we must logically go the next step and recognize It as the only Substance. If It is Self-created and Self-maintained, it must be good or It could not last eternally and immortally; and if it is good, It is good in any form in which it appears.

Consciousness Transformed

Christ: The Unfoldment From Within

If you observe yourself carefully in periods of prayer or meditation, you will discover that for a great part, you are allowing your thought to go to the outer and are thinking in terms of changing the external. It really is a tremendous discipline to arrive at that state of consciousness where you. . . never look for the crops [fruitage]. . . Our entire attention must be on the fact that unless there is an activity of the spirit within, there never will be a crop. If I can abide in the remembrance of this invisible substance that is functioning within me, I will be able to wait for my crop, whether it is a crop of money, or a crop of health, or a crop of happiness, or a crop of peace. It will come *if* I can keep my mind off the crop, off of the without.

What difference does it make if you lose or give away all that you have, as long as you have the spirit of God which is the substance of it?. . . In other words, you judge your barrenness by the state of your pocketbook instead of by [the state of] your consciousness.

In facing the temptation that there is an external power, go back immediately and realize that consciousness is the basic substance, cause and law of all creation. Therefore, all creation manifests its qualities, character and nature because creation is the heir to all of those. This shows you why you do not need God over error.

Is there a material universe, or does that tidal wave represent a material sense of universe, and is it not the truth that consciousness is the only cause, the only law, and the only effect? Therefore, consciousness must be the substance of the waves, not only consciousness but My consciousness, since there is no other. . . and I realize that my consciousness is not even mine, but God's. Therefore, is there anything destructive in God's consciousness? No!. . . Since you are between two worlds, there is enough material sense left in you to be tempted by the appearance of a tidal wave. However, there must be enough elevation of consciousness to be able to sit down and realize: "Am I accepting external powers? Am I accepting power in things, or am I accepting that all dominion is given unto Me— and this means individual consciousness?"

Secrecy is a spiritual principle. Secrecy is an actual substance that holds within itself your experience, to bury your experience in the principle of secrecy and just let the fruitage appear outwardly. . . Go and tell no man that the I of you is God.

Unless you can believe that there is an invisible substance which we call consciousness and an invisible activity of consciousness, and that it is living your life, there is no way to become a beholder. . . When you can once feel or witness that there is an invisible something living your life and producing things in your experience which you could not have brought about, you are living a life of praying without ceasing because you are always looking over your shoulder to see what is taking place.

Consciousness Unfolding

God Is Individual Consciousness Consciousness Appears As Loaves And Fishes We shall be reborn of Spirit. In other words, Spirit. . . Consciousness will become the tangible substance – the form and the amount of everything in the external realm. And because Consciousness is infinite, its appearance will be infinitely manifest.

Love Is The Basis For All Relationships

All the time we are talking about Love, let us remember that Love is also divine intelligence, Love is also substance.

Summary Of The Letter Of Truth

God is the substance and the intelligence of this universe, and that means God is the substance and the intelligence of my being and my body. My body is the temple of the living God, and God is flowing through it. All that the Father hath, is mine—not to be demonstrated, not to be achieved, but mine now, because of my relationship of sonship.

The Inner Meaning Of The Temptations

The way to demonstration is this: "Since God is divine consciousness, and since consciousness is the substance and the activity of all form, then as long as I live and move and have my being as consciousness, all form will appear without my taking thought." And that was Jesus' answer to every temptation.

During Meditation Affirmations Or Single Idea?

Consciousness is infinite substance. Because consciousness is infinite, its formations, which we call creation, must be infinitely appearing because the very substance of which they are formed is infinite.

If once we can see that God is the underlying substance of everything that is appearing to our consciousness, that all that exists is our consciousness unfolding, disclosing, and revealing Itself in individual form, why should not money be just as infinite and just as plentiful as the leaves on the trees?

Consciousness Forms The Body

If mortal sense tells us that. . . there is a deterioration of this piece of body or that piece of body—even a bone of the body—it must be possible to renew it through consciousness, which is the substance of our being, rather than by adding to the body from without.

There is only one thing important in this world, and that is showing forth God as our life, as our substance, as our safety, our security, our immortality, our eternality, proving that God is the only law unto our being.

God Formed Us For His Glory

The Inner Meaning of Living the Spiritual Life Spiritual Sustenance

In the Lord's Prayer, Jesus asked, "Give us this day our daily bread." Was he really asking for bread? If we study the teaching of the Master, it is plain that when he said, "I am the bread of life," he was not talking about a loaf of baker's bread. He was talking about the spiritual sustenance of life, and so when he prayed, "Give us this day our daily bread," he was actually praying, "Give us this day, Father, the realization of Thy presence. Give us the conscious realization of spiritual substance. Open our eyes to the presence of divine grace."

Agelessness

God, Spirit, being the only substance, there is no reason for the body to be less vital or powerful at ninety than at nineteen.

It must be clear that Spirit, being the only substance, must be the substance and the form of the body, and Spirit, being omnipresent, the perfect form also must always be present, regardless of the appearance.

Consciousness Is Infinite In Scope

Never again think of Him as something afar off, something that has to be prayed to or pleased in any way. Think of God rather as the real substance of your being, the very center of your being into which you can reach in silence and bring forth a whole world of harmony, peace, and health.

Spirit Underlies All Effect

Never again look out at the world, at "things" and think that any thing is your need. It is the omnipresent Spirit of God which fills the need. . . It makes no difference what the form is, as long as there is the awareness that the substance of the form is Spirit.

Resurrection And Ascension

The ascension comes with the realization that God is forever revealing Itself as our individual being, and because Spirit must appear or manifest as form, then this body is as spiritual and immortal and eternal as the Spirit-substance of which it is formed.

Living By The Word

I Have The Hidden Meat

Father, You have offered me the hidden manna of Yourself, of Your kingdom within me. You have offered me infinite, eternal meat, wine, and water, and I accept. From this moment on, I will live secretly, silently, sacredly in the assurance that You have given me that meat which is Christ, that meat which is Spirit, that meat which is the spiritual substance of all form. I accept that as an invisible substance of all form. This life of mine is invisible, incorporeal. The temple which I am is invisible and incorporeal. It cannot be drowned with water; it cannot be burned with fire; it cannot be destroyed by bullets, nor can my substance be taken from me—my supply, my home, my family—for this is the meat the Father has given me. This is the divine union of I and my Father, and in this union, all that the Father has is mine.

If you are physically, mentally, morally, or financially ill, accept this gift of God, and secretly and sacredly, to yourself remember: Regardless of what it is that I may ever need in the external world, hidden within me is the substance of its form. Home, family, supply, companionship, joy, peace, health, freedom, safety, security—I have the substance of these, the essence of which they are formed. Understanding this, I can relax from fears and doubts, I can relax from anxiety by abiding in this word of scripture. . . There is no such thing as failure in the kingdom of God. There is no such thing as failure in a life that is built on My word.

Living Now

Barriers To Spiritual Attainment Give Up Seeking Forms Of Good

Material form has only the substance of itself and is finite.

Living The Infinite Way

Meditation

Under Grace, being is flooded with light, although not necessarily a visible light; the body is weightless and without sensation; there is a oneness with all life. This is not being a part of nature, or even a part of God, but rather being the very fabric of Life, Itself. Being flutters in the leaves of the tree and is the substance and flavor of its fruit. One feels himself to be of the essence of the sea—the actual rise and fall of the waves, the ebb and flow of tides, the beauty of the rocks, stones, and coral beneath the waters. All life is *one*. The one infinite divine Being surges through all being as one Life and one Love. One Soul unites all creation in Its embrace and is the life of all creation. This Soul is not separate or apart from any form of life. Soul is not *in* any being or form of being, nor is Soul separate from being, for Soul is Being.

Man Was Not Born to Cry

Bringing Grace Into Active Expression Instruction To A Student (2nd)

We must instantly recognize appearances of every name and nature as being the carnal mind appearing as form. . . To transcend the dream, then really means the instantaneous recognition of all appearances as substanceless carnal mind.

God Appears As The Fulfillment Of The Need Of The Moment

The idea is to take no thought for the form of supply, for the form of demonstration, but rather take thought for the substance.

Our Spiritual Resources

The Practicality Of Spiritual Living Set Everyone Free

Accept the principle that your good is the gift of God by Grace, and that the substance of your good is already intact, infinite, and complete within your own being and will unfold from within you.

If I wanted to compose music or write a book or a play, I could best bring the activity of the Christ into my experience, first, by consciously realizing for a few moments that the substance of this new form is already within my own being, that it is mine as the gift of God, and then, by becoming very still, very quiet, and very peaceful in the assurance that this idea will become flesh in the form of notes or words, and, thereby, tangible in my experience.

In the world of the Spirit. . . it is never necessary to tell anyone our needs: we need only become quiet within our own being in the realization that the Truth in us, operating through the mind, is the substance of what appears outwardly, because mind forms itself as the dollars, as the seat in the airplane, or as whatever the need may be.

The Invisible is the substance of all form and appears outwardly as the necessary form, and. . . it is of the utmost practicality to turn within to the Source of that which is to appear without.

Realization Of Oneness

No "and"

Hypnotism is the substance of every material form.

SHOWING FORTH THE PRESENCE OF GOD

God, The Substance Of Universal Being

Your World, An Expresssion Of Your State Of Consciousness

When you understand that God is your consciousness, does it not even mean something more to realize that God made this universe out of consciousness, your and my individual consciousness, because there is only one? Our consciousness is the substance, the law, and the activity of our universe, not a God-mind or God-consciousness here, not a God-substance seven thousand years ago, but the mind of you, the consciousness of you is the substance, the law, the cause, and the activity of your world, that is, of your experience. . . The whole question you must determine through your study is: Is God my consciousness or have I a personal, mortal, material consciousness out of which my world of limitation is formed? If you have a personal mind of your own and there is some kind of error in it that would destroy you, sooner or later it is bound to catch up with you.

The Substance Of All Good

There is no possibility of attaining anything separate and apart from the substance of which it is formed. All attempts to produce anything in the outer realm without achieving the substance of the form must result in failure. . . The only demonstration that can be made is in the realm of cause, and then that cause appears as effect. . . The demonstration must begin within our own being, and that demonstration must take the form of achieving, acquiring, or attaining the consciousness of the presence of God.

Only God's Thoughts Are Power

"Except the lord build the house, they labor in vain that build it," except the consciousness of truth becomes the substance of our demonstration, we shall labor in vain. As we realize this truth, we then become quiet, with ears open and alert in a state of receptivity as if we were actually listening for the voice of God, we let ourselves be still and then comes that inner awareness, that sense of release, "It is so, Thank You, Father; it is done."

We sit in quietness, not thinking of person or condition, just keeping our mind stayed on truth, which is always a realization of God as the only presence and power, and the further realization that any appearance, whether it be sin, false appetite, disease, ignorance, fear, or death, is not power. These have no power to perpetuate themselves; they cannot maintain or sustain themselves because they are only of the substance of mirage, illusion, nothingness. As we realize this truth, our friend, relative, or patient responds to it because the activity of truth in our consciousness governs all those who are in and of our consciousness.

When we seek demonstrations on the outer plane, we seek amiss, and it is for this reason that we fail in the demonstration, because there is no such thing as a demonstration on the outer plane without the substance of which that demonstration is formed. That substance is always our inner peace or consciousness of truth. So the demonstration to be made, then, is not a condition on the outer plane; it is really a consciousness of truth on the inner plane.

Spiritual Power Of Truth

A Harmonious Universe

All you have to do is begin to live in your garden from the consciousness of one power. . . Where is your garden? It is in consciousness. What consciousness? *My* consciousness! What is *My* consciousness? *My* consciousness Is the one spiritual Consciousness that knows but one power. Therefore my garden is embodied in *My* consciousness of one power, of one Presence, of one Substance; and now *My* consciousness is the Law or Grace unto my garden.

I had spent four hours on just one subject—the illusory nature of error—and had used about every example that I know to show that what is appearing as error has no existence, no substance, no law, no cause, no reality, and can't have effect. Then someone asked, "But how do you get rid of illusion?" Well, as a matter of fact, an illusion isn't a thing; it is an appearance. Once you know that it is an appearance, you *have* gotten rid of it; it is gone. It no longer exists as wetness on the road. It exists only as an appearance without substance.

Righteous judgment says, "In the beginning, God created all that was made. God looked at what He made and found it very good!" That's Truth, and you shall know that Truth. Then as these ugly appearances stick up their heads, don't be fooled by them. Declare within yourself, "I can't be made to accept good or evil; I accept God alone as constituting the Garden of Eden." God is the very substance of man, the very substance of the trees, the very substance of the crops, the very substance of life. God Is All in all, because there are not two. There is neither good nor evil; there is only Spirit, there is only Life!

The 1954 Infinite Way Letters

The Great Secret

If you were to lose or be deprived of something, it would only be a loss because *you* had placed a value upon it. Has it any value, in and of itself? Has money, a work of art, a gem, any real value? As long as you have the consciousness of all supply, this invisible substance which is your consciousness of God, Truth, what difference would it make if you had nothing in the world of effect? If you become angered or upset or hurt by the loss of things or persons it is because you have placed a value upon them, and so the conflict is not with the loss but with the value which you have erroneously placed upon them.

There is nothing in this world that cannot be replaced or rebuilt, and if sin or disease ravage your body even these can be rebuilt by not fearing or despising the conditions, but quietly and peacefully realizing that your body exists as effect, and that your consciousness of Truth is the substance, the cause and the law unto it.

To live in accord with spiritual wisdom you must acknowledge that no power exists outside your own being, and that nothing and no one can enter your consciousness with the conflict. All power resides within you, and through spiritual awareness you have been given the ability to understand that God is the substance, the law, the infinity, and the true identity of every individual and every activity, regardless of any appearances to the contrary. As you practice living in accord with spiritual wisdom you will find, even though these persons and conditions continue to exist for a time, your very ability to resist combating them is the overcoming, and you become like the little stream that gently runs around and over and under the rocks but never wastes time and energy trying to fight or break through the rocks.

Under Grace the being is flooded with Light (not necessarily visible light), the body is weightless and without sensation. There is a Oneness with all being and with nature, and one is of the very substance and nature of all creation. This is not being a part of nature or even a part of God but, rather being the very fabric of Life. One feels himself of the essence of the sea, the actual rise and fall of the waves, the ebb and flow of the tides.

Spiritual Healing

Since God is the law, the substance, the reality, and the cause of all being, *every individual* is the image and likeness *of that being*, and all that Being is, every individual is.

The Art Of Meditation

Meditation: The Experience The Silver Is Mine

Life becomes entirely different once we have caught the vision of the great truth that the Word, which proceedeth out of the mouth of God, is the substance of our life. . . We begin to see that that which is outward and tangible is but the effect of that which is invisible. We shall never again judge our supply by how many dollars we possess, but by how much of God we realize.

The Indissoluble Union

Anything that God did not create was not created, was not made. In the light of this truth there is only one Substance and because there is only one Substance, there is no substance to be destroyed, to be healed, or to be improved.

The Art Of Spiritual Healing

Spiritual Healing: The Principles The Language Of Spiritual Healing

A spiritual healer is a person who understands that he is not dealing with colds, with cancer, consumption, or polio. . . He is dealing with a misapprehension of reality–hypnotism, mesmerism, suggestion. These are not entities or identities. Hypnotism is something that causes a mental image, but that mental image is always without substance, law, or cause, and the moment the hypnotism is destroyed, the image is also destroyed.

The Contemplative Life

Daily Preparation For Spiritual Living Evolving States Of Consciousness

This belief in two powers, in the power of good and the power of evil, is the source and actually the substance of what is called the mortal or carnal mind. There is no such entity, any more than there is an entity called darkness. There is, however, a universal belief in two powers.

The Early Years (32-46)

Consciousness

What we need is a spiritual state of consciousness, which is developed by practice. . . This is dwelling every moment in the consciousness of love, joy, peace, harmony, and letting error go without giving it too much thought; without fear or concern, because without thought, fear, or concern error will vanish of its own nothingness. Human thought is the substance of disease and disaster. Therefore, when thought is withdrawn from a problem, it has no substance to support or sustain it. "Which of you by taking thought can add one cubit unto his stature?" Take thought off the so-called problem and the problem must go, because its only substance is the human thought of which it is formed. It may be either conscious or unconscious thought that causes and continues the appearance of discord.

Man has not a mind separate from deity. Disease is merely belief, which will be healed immediately by destroying the belief. Where is this belief? Is it in the mind of your patient? Never. The belief is that of general human consciousness, collectively, and must be destroyed there. As a general rule, you may forget your patient as soon as he has unburdened himself to you, since the belief is not his own. It is the belief of collective human consciousness using the individual as a channel to express the belief. Be careful not to accept the belief as either your own or your patient's. Nullify it where you find it, in general or collective human consciousness. Know, also, that human consciousness is illumined because there is but one consciousness and this one divine; that mortal consciousness has no substance, no law, no continuity, no cause, and can have no effect, no channel for its transmission or expression; then, you are on your way to victory.

In truth there is no lie; in the consciousness of life there is no death; in the substance of spirit there is no matter. Limitless mind creates only the full bloom of immediate perfection.

The Foundation of Mysticism

Living The Healing Principles Overcoming Mesmerism Sense

God is. Life is eternal. I and my Father are one. There is no discord in God's creation, God is the substance of all form; God's world is perfect, and if there is a "this world," then this world is perfect because it must be God's world. Ah, yes, but I'm being faced now with a dying person, or a poor person, a sinful person, an imprisoned person. Surely, surely that's the world-hypnotism; that's the mesmeric activity of this carnal mind presenting these pictures to me. And how grateful I am to have learned there is no law in this picture to sustain it, so it must dissolve. There's no substance, no form, no activity—it must dissolve.

The Infinite Way Letters 1956

A Beholder Part Two

Health is [an] activity of God, the essence and substance of God.

The Middle Path

As you behold the Christ as the reality of every individual, the substance, law, and activity of every condition, you hold no duality in your consciousness, and none can return to you.

The Middle Path

It is necessary that we consciously reject the claim that there is power, law, substance, activity in form or effect, and realize God, individual Consciousness, as the only and the all Power governing every form and effect.

Spiritual Attainment

With all sustenance, with all activities, with all pleasures and joys, recognize God as the substance and source.

The Infinite Way Letters 1957

January: Out Of Darkness The Ephemeral Nature Of Form

All substance must have form, although not always visible to the human senses. Even thought has form.

The Secret Of The Healing Principle

The world of appearances has no law to support it, no substance to sustain it, and no continuity except such as we, in our ignorance, give it.

Bear Witness To God In Action

For me the miracle-working word in my consciousness is the Christ. . . a Presence, a Power, a Spirit, a Substance, and Activity that is much more real than electricity.

The Infinite Way Letters 1958

March: The Practice Of Spiritual Healing The Subject Of Matter

Mind is the substance of that which the world calls matter, and it is for this reason that mind governs and controls matter.

The Journey Back To The Father's House

Living Out From Conscious Oneness I Have Meat

"I have meat to eat that ye know not of." To me this means that I am in an infinite sea of consciousness and that this infinite sea of consciousness is the substance of my meat, bread, wine, water, love, human relationships, transportation, and all the rest of it. By knowing this truth, it appears externally as the forms necessary for my life. Therefore, I can share with you, and I can accept from you, but never will I say that I am dependent on you or need you, because I have "meat." I have the awareness that within me is infinite consciousness but not only here within me: I see It spreading all over the whole universe.

The Infinite Way reveals that God appears on earth as man. God is the substance and essence, and man is the form. But in reality, man is only the form as which God-life is appearing on earth, God-mind appearing on earth, God's soul appearing on earth. It is God's way of appearing as individual form.

Knowing The I And The Nature Of Evil

So it is, if we look out and see young people, old people, sick people, well people, if we look and see unemployment and all these things, we are defeated at the outset. But when we can look through that appearance and see behind it the fabric of error, the fabric of nothingness, the substance of all evil as a belief in two powers, a belief in a selfhood apart from God, a universal belief—not yours, not mine—then we are free and we can free others. But we must look through the appearance to see God, and look through the other appearance of evil to see the substance of evil: the carnal mind or nothingness.

The Letters '32-'46

Consciousness Consciousness

When thought is withdrawn from problem, it has no substance to sustain it.

The Master Speaks

Error Error

See error as hypnotism having no more substance than a shadow- So What?

God Is Fulfillment

Keep thought steadfastly on source and substance.

The Mystical I

Do Not "pass By On The Other Side" Be Still

You must be able to look out upon this world and say unto it: "The Spirit of God in me is your Father. You may look to the Father within me for substance and sustenance. You, friend, or so-called foe, may look to the Spirit of God in me, the fatherhood of God in me, for your care." Then you will understand this relationship that has been kept secret from the world, the invisible bond that exists among all mystics. The visible and invisible mystics of the world who have recognized *I* standing at the door of their consciousness, are eternally united in consciousness, sharing with one another.

The Thunder Of Silence

From The Unreal To The Real Transcending Mind

Mind functions as thought; mind appears as thing; and on this level, mind is the essence of creation as described in the second and third chapters of Genesis. Therefore, if matter is mind, a process of mind can change the product, matter. Mind—your mind and my mind—imbued with spiritual truth becomes the instrument through which God appears, in and through which God manifests, and God appearing becomes the body of our outer world. . . Therefore, never do we live in a material world with material surroundings because God, Itself—Truth in your consciousness and my consciousness—is the very substance and essence of your world. When God, or Soul becomes the activity of the mind and appears as form, then all form is spiritual and can be multiplied. . . but it can be multiplied only because it is not matter.

Mind, unconditioned and having no qualities of good or evil, is the substance of all that is visible; and all that is, is as unconditioned as the mind which is its basis. If this were not true, it would be impossible for our state of consciousness to produce changes in what is called the material universe. . . We would know that our consciousness of one power, which really is a consciousness of no-power, had produced the healing and was a law of harmony. We would observe that our mind functioning as an instrument of God had produced an effect on what we call body or matter and we would know then that the substance of mind and the substance of matter are one and the same. That is why mind can affect matter and, moreover, that is why truth in consciousness can affect matter.

Once mind becomes permeated with truth, truth becomes the substance of all form [multipliable] because it is not matter.

The mind produces its own image and likeness, and if we who stand behind the mind permit it to be filled with superstition, ignorance, or fear, all of which stem from the belief in two powers, that is what the mind produces in our experience. Mind is the substance of every form of sin, disease, death, false appetite, lack, limitation, wars, rumors of wars, and all the other things listed under the word evil. . . Matter is matter only to the material state of consciousness, but once we rise to a mental state of consciousness, matter is not matter, but mind. Mind is the essence and substance of which matter is formed, and it appears to us as form or effect. Mind is the principle, the life and the law, of all material and mental form.

There is nothing that we are spending-strength, years, substance-because it was not ours to begin with.

Whatever your name or nature, if you exist in time or space, you are a mental image, a nothingness. I do not have to fear you because you have no existence in my or anyone's being. You have existence only in mind, and as a mind-existence, you are without form and void. You have no more good or evil in you than the picture on the moving-picture screen—you are just a substanceless shadow.