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## **A Message For The Ages**

*Infinite Way Pearls*

*Consciousness Is A Law Of Resurrection*

But when the son of God is raised up in us, and we gain the realization of spiritual consciousness as governing all form, then we have a more spiritual sense of body and the universe. Where have we left God? Spiritual consciousness becomes God in action: your spiritual consciousness, my spiritual consciousness, the spiritual consciousness of any individual who has attained it.

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## **A Parenthesis In Eternity**

*Living The Mystical Life*

*Beyond Time And Space*

As long as we are thinking of our life, our body, and our affairs, and how to change or improve them, we are living in the parenthesis, in finiteness and limitation. . . We have to go beyond the parenthesis and realize that Consciousness is now revealing Itself as form. If we think of form as the Life, however, we are in the parenthesis, but if we see form as Life expressing Itself, It must go on and on forever, even if It has to create new forms every hour.

*Reality And Illusion*

If we could look through the appearance to the Christ of God, the Christ ever-present, although not apparent to our human eyesight, we would be able to break the mesmerism that looks at the body with the mind and believes the evidence of what it sees.

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## **Awakening Mystical Consciousness**

*Attaining Dominion Through I*

*Lifting Power Above Organs And Functions To I*

Because nothing can happen except through an activity of your consciousness, consciously withdraw any power you have heretofore ignorantly given to your body and lift it up into the *I* that you are.

*The Nature Of Protective Work*

Your body is not something separate and apart from your consciousness. Your consciousness is formed as your body.

*The Invisibility Of Spiritual Identity*

All of the body down to the feet is yours, but it is never you.

God does not desert my soul or my body because my soul and body are one. The soul is the essence, and the body is the form.

My body is always the same: infinite, immortal, useful, vigorous, vital, and eternally youthful. My concept of it may vary.

*Living By The Word*

When we allow fear of our body to enter thought, we have forsaken God.

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## **Beyond Words And Thoughts**

*His Rain Falls*

*Karmic Law On A National Level*

*Never again will I place the responsibility for my ills upon God. God is too pure to behold iniquity, and this I will maintain with every breath of my being. God has no awareness of whatever it is that is disturbing me. God has no awareness of the evil in my mind, the disease in my body, or the lack in my pocketbook.*

*I Speaks And I Hears*

You will never do good spiritual healing work until you attain the inner awareness of the incorporeal nature of man's being. The only image there is of God is man: God appears *as* man; but since God is incorporeal, man is incorporeal. The fact that man has a corporeal body does not make him corporeal. The fact that he travels in an airplane does not make him an airplane.

*The Last Enemy Of The Path*

God gave Himself to this world as you, the begotten Son. He did not breathe into you your life: He breathed into you His life, His breath. So, it is not your breath you are breathing: it is His breath; it is not your mind through which you are thinking: it is His mind; it is not even your body through which you are functioning: it is the temple of the living God.

*Words And Thoughts Are Not God*

What you take into your mind with any degree of intensity must become manifest on the body because the mind and the body are one.

*Error, A Mind-formation*

When in your healing work, you can sit down with the mind at rest and not battle the appearance, not fight it, not try to remove germs from someone's body, not try to dissolve lumps and reduce fevers, not try to heal insanity, but rest in that inner peace and quiet and assurance that there is only one law, spiritual law, and that all else is an image in the mind, the experience of God can take over, and then the healing takes place.

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**Conscious Union With God**

*Teaching The Message*

*The Soul Faculties And Consciousness*

Soul or Consciousness is the seat of those faculties which we interpret as physical organs, functions and senses.

*Spiritual Consciousness Reveals Reality*

Change concept of body, and body responds to higher concept.

Health is the quality and activity of Soul expressed as perfect and immortal body.

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**Consciousness In Transition**

*A Word To The Wise*

All error is hypnotism claiming to operate as your own thinking. As soon as you realize the error is not your thinking or that of your patient, you separate yourself from the suggestion and you become free. The act of recognizing the error—regardless of its form—as universal hypnotism or mesmeric suggestion claiming to act as your own thought or thinking, is the release. Only while the error is unrecognized as suggestion or imposed hypnosis, do you remain in the sin, disease or lack. Every claim of the body governing or controlling you, every belief of limitation, every appearance of sin or disease, or death, is but hypnotism claiming to act as your thinking. The realization of this truth is your remedy. Every claim or suggestion of mortality, even good mortality, must be handled in this way.

There is no reason why body should ever run down. The only way it does run down is the way Niagara Falls would ultimately run down if it didn't have Lake Erie behind it.

I am now going to give you the highest mystical statement that I know—one that will absolutely provide you with a passkey to heaven, to harmony of mind and body and business, health, wealth and all other things. That statement is: ***Oneness with God constitutes oneness with all spiritual being and things.*** Oneness with God constitutes oneness with all spiritual being and things. . . If you contact God, if once you make your conscious realization with God, then automatically and instantaneously you are at one with the entire universe of spiritual idea. Everything that we see, hear, touch, or smell is really just a finite concept of divine idea.

In overcoming this world, you have lost your fear of your body; therefore it is free to live under God's law. You have overcome the world's beliefs about the body—that it is finite or material; that it lives by bread alone, or so-called material foods; that it must be catered to in any way. Bathe it, keep it clean inside and out, but drop all concern for it. It is in God's eternal keeping; it is living and moving and having its being in God-consciousness.

There is only one body—here is the secret of secrets. There is only one body—the body of God, of which your body is the infinite reflection. As a reflection in a mirror exactly images forth your body, so does your body actually and exactly image forth the body of God. The body you behold with your eyes is your individual concept of the perfect reflection of the eternal body. What you physically see as your body represents in thought your idea of your body as it really is: the body of God reflected.

Many of our metaphysicians are trying to heal the physical body – and it can't be healed! There is nothing you can do to this physical body. When you change your concept of this body, the body responds to your higher concept, and the person says, "I have been healed!" He has not. He was perfect to begin with.

Therefore it would be an impossibility for a practitioner to give a treatment to a man or a woman or a child if he understands clearly that all there is appearing as man, woman or child, is God—the one life, the one mind the one soul and spirit—that even the body of that individual is the temple of the living God.

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## Consciousness Is What I Am

*Mind Is A Transparency*

*Healing Through A Mind Imbued With Truth*

As long as I acknowledge an *I*, my Self, as long as I acknowledge an invisible and incorporeal mind as my instrument, which I keep filled with truth, if there is anything wrong with my brain or my body, it will be corrected. How? I know the truth in and through my mind, and that truth which I know in my mind becomes the very essence and substance of my body, because mind is the substance of the physical sense of body. . . Therefore, whatever I impart to my mind, the body shows forth.

Mind is the substance of the physical sense of body.

*All Claims Are Of A Universal Nature, But Some Persons Personalize Them*

You are not a healer of the body; you cannot remove disease. It is a change of consciousness which produces the outer effect of healing.

*Climb Into That Circle Of God*

After I have told a person that I will help him, which I do at once, sometimes he comes back into my thought that afternoon, that night, the next day, or the next week. When that happens, I know the problem probably has not been met, so there is something more for me to do. And what do I do? I merely say to myself, "All right, get out, and let me get back to God." Then I go back to the God that has no problem, no physical body, no finite life, and no age. I stay right there with God, and if the person keeps trying to come in, I keep pushing him out. . . I do not want that false concept of *I* to come in. I tabernacle with the real *I* of the person's being which is God.

*The Nutritive Value Of Food Is In Consciousness*

It takes discipline to become accustomed to the idea that neither the body nor the actions and functions of the body determine our health, but rather that health is determined by Consciousness, and that Consciousness animates, governs, and controls the organs and functions of the body.

No organ or function of the body in and of itself has the intelligence to be healthy or to be sick, to be active, overactive, or underactive. No part of the body can determine for itself what it will do or how it will act or when or why. The Consciousness that formed the body in the beginning is the Consciousness that maintains and sustains it. . . Since it is our state of consciousness that has accepted the belief that the organs and functions can act of themselves, it must be our consciousness that rejects that belief and accepts the truth that God gave dominion through Consciousness, and that this Consciousness is the cause and the creative principle of our body.

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## Consciousness Transformed

*Beside God There Is No Other*

You see how it is that the word *consciousness* sums up everything in our work. It is what you are conscious of that operates in your experience as a law. . . The law of God that governs the universe must govern our business and our bodies, or there would be something outside the jurisdiction of God's law. As long as we hold to the consciousness that the law of God is the law of my business, whatever is erroneous will be corrected. This same principle applies to the body and health, but if we do not consciously bring the body and business under the law of God, so it will be unto us.

The gift of God is nothing that partakes of the material nature. The gift of God is something of an incorporeal spiritual nature and when you receive the gift of God, it translates itself out into your experience in a tangible form. . . Therefore, when you go to God you must go for a gift of God, not for a perfect heart, liver or lung. The gift of God is a spiritual impulse which takes form in the mind and then comes forth as a harmonious body. But if you do not receive that impulse, you will never get down to the form.

Material sense says that there is power in the body—power to be healthy or to be diseased or to be sinful. Then draw yourself up into your higher consciousness and realize that it is only material sense that is telling you this because in the Garden of Eden there is no power, there is just pure being.

God constitutes my life. Therefore, my life is eternal. The more you live with that, the less you look to the body and the less fears you have of those aches.

Stand slightly in back of yourself with the word *I*, and look down at the feet and realize: “These feet are not me, they are mine.” You then go up to the knees, the hips, the waist, the chest, the shoulders, the neck, the head, up to the topmost hair of the head, always declaring: “This is not me, this is mine.” Then, as you go up and down the body mentally, at the end of the exercise you realize: “*I* am not in this body, but there is an *I* separate and apart from body which is the owner of this body—and therefore the body in and of itself is nothing. *I* am the law unto it. . . Do you not see that, were it not for false beliefs, the body would be as ageless as *I* am?”

There are times when you are apt to “bump your knee” but, if you can quickly jump up into *I*, the pain or the bruise will disappear instantly because. . . *I* is invisible and the body is but the form.

My health is due not to a condition of body, but to immortality.

Every time you think of health, whether for yourself or for someone else, you realize, “health is in spirit, not in the body.” Then drop it. Do the same with supply.

The higher we go in spiritual endowment, the less attention has to be paid to the body. . . the more harmonious is the body and the less discord does it bring to us.

It helps me to know that God is spirit, because then it frees me from all attempts to draw forth anything of a material nature from God. . . . Wherever God's grace is, whatever God's gift is, it must be spiritual. It appears to us, when it comes, in some material form, but you know it is not material. It appears materially because we still have enough material concepts of the spiritual kingdom, but it is not. It is not that a sick body has been made well; it is that the body of God has been revealed. . . . [We] are still "painting spiritual gifts" with a material form.

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### **Consciousness Unfolding**

*Freedom In Christ*

*Time And Space*

Do not separate mind and body; do not separate consciousness and body; do not divide yourself in any way.

Even when you begin to understand life as immortal, you will not improve the health of your body until, and unless, you see the body as a formation of the consciousness of your own being. . . . appearing here in manifested form.

The body is forever as infinite, as eternal and immortal, as life itself, for life and body are one.

### *Never Treat A Person*

Never have I allowed the face, or thought, or outline of any face or body, to come into my treatment. I do not, I cannot give a treatment until the person asking for help is completely out of my thoughts.

### *Summary Of The Letter Of Truth*

God is the substance and the intelligence of this universe, and that means God is the substance and the intelligence of my being and my body. My body is the temple of the living God, and God is flowing through it. All that the Father hath, is mine—not to be demonstrated, not to be achieved, but mine now, because of my relationship of sonship.

Realize that it was your ignorance that led you into whatever error you may have been guilty of indulging. That same ignorance led you into the belief that your body was something apart from God, and that you could do what you wanted to do with it.

That same ignorance led you into the belief that your body was something apart from God, and that you could do what you wanted to do with it. No, that you could never do: Your body is the temple of the living God and you must treat it as if it were of God, and let it show forth the glory that is God.

The truth is your life and your body are for God to maintain and sustain. You have been taking that prerogative away from God and setting yourself up as something apart from God.

### *The Inner Meaning Of The Temptations*

Beginning today, at this very moment, remember: It is your consciousness [when it is imbued with silence and with peace] that does the work for your family, for your business, for your home, for your body. It is not some far-off God.

### *Gratitude*

As we understand oneness, and see that our body is our consciousness formed, then we overcome the world's mesmeric belief about body.

Jesus said, in effect: "My kingdom is not of this world, and therefore, I lift my body up to that consciousness where my kingdom is, and I show forth my body as spiritual body."

The body is renewed minute by minute, as we gain the consciousness that God is the consciousness of the individual and that consciousness is forever unfolding, disclosing, and revealing itself in and as individual forms.

The Hindu mystic says, "This world is illusion, so I will not bother to heal the body at all. . . ." But the body is not illusion. It is the temple of God, according to the teaching of Christ Jesus.

When you agree that. . . any body, regardless of its form, is Spirit, Consciousness, and therefore infinite. . . you find that the body is being constantly renewed. Instead of being a piece of matter wearing out, it is consciousness, continuously unfolding and disclosing itself.

#### *Consciousness Forms The Body*

If mortal sense tells us that. . . there is a deterioration of this piece of body or that piece of body—even a bone of the body—it must be possible to renew it through consciousness, which is the substance of our being, rather than by adding to the body from without.

It is your individual consciousness that is creating, feeding, nourishing, supporting, and maintaining your body in its health, harmony, and beauty unto all time if you will but consciously realize [it].

The only thing material about the body is our erroneous concept of it.

Treatment must be a turning to the Father within, asking, "What is the truth about business, about body, about health, about my neighbor, about the universal belief of war?" and then letting the divine Consciousness tell it to you.

When we consciously accept the truth that we are fed from within, that the consciousness that formed the body is feeding and maintaining and sustaining it unto eternity, then we shall find the body is responding to spiritual law.

#### *Freedom In Christ*

If you understand that God has revealed Himself as your individual consciousness, that God has manifested Himself as your individual being, and if you are endeavoring to live up to what your idea of God and the Christ is, how then can you bring your thoughts down to terms of body, flesh, dollars, or houses and lots?

Once the problem of a diseased body has been surmounted through our realization of the Christ, we do not have too many of such experiences.

When we no longer have problems of our own body, they will come to us by way of our patients' bodies. . . and these will keep coming into our thought in one form or another, until we arrive at that state of consciousness that can say, "None of these things moves me. I know that the power of life and death is not in the world of effect, but in the word of God—in consciousness.

#### *Dedication*

“Father, here I am. My mind, my Soul, my body—all are yours. You take them. You take over.”

How can we say that God is revealing Himself as our life, our mind, and our body, and yet have the audacity to use that infinite Power, that infinite Presence, only to patch up our own little human affairs?

*The Principle*

There is no such thing as a physical body, or an organ called a heart. Whatever is appearing as a heart or other organs is but the material or mortal concept of some divine idea or activity of life, of God Himself.

This form, which is visible to the eyes, is not my body. It is a universal concept of the body that God created. . . The truth that I know about God and God’s government of the spiritual body, becomes operative as my understanding, controlling this concept of body.

Why am I afraid of a heart, a liver, or a lung, if the action or the intelligence of them is the mind that formed them? . . . If consciousness is controlling the body, then consciousness is the only thing with which I am concerned.

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**God, The Substance Of All Form**

*Building The New Consciousness*

*Birth Of The Christ In Individual Consciousness*

It becomes necessary to gain the conscious awareness of the presence and power of God, acting and appearing as our individual consciousness, and to know that this consciousness is the law, substance, and reality of our universe, whether appearing as our body, our business, or our home. Where we have failed is in our lack of recognition of this truth, and our lack of recognition is because the human mind rebels at this truth which annihilates the supposititious power which the mind has assumed.

*God, The Only Activity*

Every time there is a claim or belief of discordant activity in the body, whether inaction, underaction, or overaction, there is only one answer: All action is God-action. Mind, as an instrument of God, is the only actor, the only action, and body merely reflects that action.

God, Spirit, being the only substance, there is no reason for the body to be less vital or powerful at ninety than at nineteen.

It must be clear that Spirit, being the only substance, must be the substance and the form of the body, and Spirit, being omnipresent, the perfect form also must always be present, regardless of the appearance.

*Behold The Spiritual Universe*

The perfect spiritual body is built out of your inner consciousness by letting it flow out from your own being and form the perfect body.

*Trust The Activity Of Your Own Consciousness*

It was the activity of your consciousness that formed your body. It was not the activity of the consciousness of some far-off God.

*Who Am I?*



Consciousness governs body; it is not entombed *in* body. How could intelligence, a state of awareness, be confined within a brain or a stomach?

When you find that you are not in the body, but that you are conscious of the body, you will also begin to realize that you are “out here” as consciousness, where you cannot be touched by anything of a finite or erroneous nature.

*Attaining Spiritual Consciousness*

Before conception there must have been a consciousness to do the conceiving, there must have been a consciousness to form your very body.

*Body Expresses The Activity Of Consciousness*

Disease is never contracted through or by the body. The body has no intelligence: It cannot move itself; it is inert; and, like a shadow, it reflects our own state of consciousness. *Any disease, therefore, appearing to be of the body is contracted through the activity of the human mind because of its acceptance of universal beliefs.*

It is in this very body that immortality must be experienced—this very body which we are now using as our instrument. We shall not lose our body, but we will lose our false sense of body and come into the realization of the true nature of body.

The ascension comes with the realization that God is forever revealing Itself as our individual being, and because Spirit must appear or manifest as form, then this body is as spiritual and immortal and eternal as the Spirit-substance of which it is formed.

The first step in beginning the overcoming of death is the realization that the body does not have any intelligence with which to live or die.

*Stating The Nature Of The Claim*

Should someone telephone and say, “My arm is paralyzed,” immediately, whether or not the practitioner consciously thinks it, there is a response within which recognizes consciousness as the cause and source of all action—not the body, not the muscles—and in that way there is a direct response to the claim of inaction or no action.

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**Leave Your Nets**

*Open Out A Way*

*Open Out A Way*

Some of you are still seeking health, and I can tell you that you will never find it. Health is already established within you, or else there is no God. What would you think of a God who had the power to give health to you and was withholding it from you? Personally, I cannot believe in a God who has that power, and yet withholds it until I find the right words with which to pray, or the right medicine. No! No! God has established within His son health, harmony, wholeness, and peace, but we have missed the fruitage of God by looking for these outside our own being: in medicine bottles, in prayers or treatments. They do not exist out there. Wholeness, harmony, completeness, perfection, all are within you. You must find some way to open up an avenue for these to flow out from you.

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**Living Between Two Worlds**

*Choose You*

*Choose To Accept Omnipresence As The Only Presence*

Are you in bondage to any form of lack or limitation. . . unhappiness. . . ill health, to old age? Then you are in bondage to it because you are not consciously knowing the truth. You are not consciously embodying within yourself the acknowledgment of God's presence within you, God's power within you, the omnipotence of God functioning as you, the omniscience and the omnipresence of God where you are. . . in your soul, in your mind, in your body. . . in your business whatever work you may be. Always acknowledge God as the Source.

*Consciousness Is The Source And Substance Of Life*

Once we have touched that higher realm of consciousness, we discover that it is not the muscles that keep us erect: it is consciousness. Consciousness enables us to stand erect, using the muscles as instruments.

*One World*

The only barrier to better healing work is that very limitation or conditioning which still operates in our consciousness to make us believe that our patient has a physical body that has to have its fever reduced, its lump removed, or a conditioned changed.

To yourself, this moment, say the word "I," softly, gently: *I, I*. That very *I* in the midst of you is the law of resurrection. That very Selfhood, that very spiritual presence of God is working in you to resurrect your body, your health, your family, your love, your career.

*Right Identification*

Do you know how impossible it is, once you know your true identity, once you have witnessed the incarnation of the Christ in man, to violate your mind or your body or the mind or body of your neighbor?

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**Living By Grace**

Freedom In God

World Work

The secret is that where the Spirit of the Lord is, there is freedom, there is health, there is wholeness, there is supply, there is peace, joy, and dominion. So the secret is not to treat anyone for disease, but to attain the consciousness of God's Presence. . . When the Spirit of the Lord God is upon me, Divine Grace is touching you and freedom is taking place within you. If the Spirit of the Lord God is *not* upon me, nothing happens—there is a void, a vacuum! So, when you call upon me for help, I do not concern myself with your discords. I am not interested as to whether your trouble is physical, mental, moral, or financial. I concern myself only with attaining a conscious awareness, a feeling of God's' Presence. If I can attain that awareness, you feel it and it takes effect in you. Your whole nature—your body, your mind, your finances—responds.

*God As Individual Being*

God gave Himself to this world as you. He did not breathe your life into you; He breathed into you His life. It is His breath you are breathing; it is His life you are living; it is His mind you are functioning with. Your body is the temple of the living God, so the body you are functioning with is not even yours. It is His. The more you surrender yourself that God may function as your mind, your soul, your life, your breath, your being, your body, the more Divine Grace will be expressed as and through you.

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**Living By The Word**

*Dominion Over The Body*

*I* the very Spirit of the Lord God, is the principle and the law unto my body. As long as I know that I am not in the body, but govern it, I have given my body to my divine Self for Its government. *I* does not have to control the body by conscious thinking or by psychological beliefs. *I* left to Itself governs the body. *I* knew enough to form this body; therefore *I* knows enough to govern this body and maintain and sustain it.

We also have a temple which we have thought of as a human body, which it is not. Actually it is the temple of God, the body of God. Only our false concept of the body makes it appear to us as a human body, but this body really is the temple of God.

You are not in your body. That may not seem at this moment to be of much importance, but sooner or later you will find that it is the ultimate secret of life. . . and the one that produces the greatest demonstration of spiritual living. There is no place in the body where you could hide the word of God. But the word of God does abide in you, and you abide in the word of God. When you begin to perceive that spiritually, you will be able to look at this body and say, Now I perceive that I . . . was given dominion over this body. I was given dominion over everything on earth, beneath the earth, and above the earth. I have dominion over this body. I govern it, I feed it, I care for it. It is my possession. By realizing that, I take my body out of this world where it has been at the mercy of weather, climate, food and calendars that testify to the passing of time. I take my body out of the carnal mind by realizing that I was given charge of it—not to turn it over to calendars, to the control of winds and weather. No, I was given it to care for.

*Evidences Of Christ-consciousness*

If we understood that consciousness and body were one, inseparable and indivisible, so that there could be no danger either to consciousness or body, and that all the error being presented to our sight, hearing, taste, touch, and smell is but the result of universal human belief and is not actually a physical entity but a mental image in thought, we would have no fear of it. And in that lack of fear would be our degree of spiritual consciousness. That would be the overcoming.

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**Living Now**

*Mind Imbued With Truth*

*Mind Is The Substance Of Body*

Body expresses present state of mind.

World concepts influence discordant bodily conditions.

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**Man Was Not Born To Cry**

*Awake*

Some day, when you are knowingly “outside the body” and realize “I am *I*,” you will be able to see that God has planted the fullness of Himself in you so that nothing can be added to you and nothing can be taken from you, that you really live in your Self-completeness in God.

When the Soul is released, it flies upward, not in time or space, but in consciousness. It is no longer anchored to the ground. It is no longer entombed in body and mind: it is a soaring awareness, a soaring faculty.

*The One Great Demonstration*

When our eyes are closed and we are in the darkness within, we find the entire kingdom of God there, ready to pour Itself into our mind, our body, our home, our business, and even into our purse.

*Placing Power In Form Or Effect Is The Error*

Give yourself a little time to assimilate the idea that this is not your body: this is the body of God, the temple of the Holy Ghost, and it is God's responsibility to operate it, not yours.

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**Our Spiritual Resources**

*Begin Prayer With The Word God*

*God, The Only Action*

It is God that functions my being and my body, God that directs my mental and physical energies.

*Establishing God-contact*

A God-contact is not merely a statement in the mind: it is an actual inner release from worldly fears and cares, and it is followed by further spiritual light and then gradually by a change in body, purse, or in other circumstances.

*A Transformation Of Consciousness Is Requisite*

There must always be an *I* with complete dominion over mind and body, so that when the student sits down to give an intelligent treatment. . . the mind or body will not keep him from his duty or his obligation which in the end becomes his privilege and pleasure.

Treatment means consciously knowing the truth and applying the principles of truth through the instrument of the mind, and the first step is to establish yourself in your true identity as *I*, that *I* which has dominion over mind and body.

We have as much control over our health as we have over our morals or as we have over the thinking mind.

*Attaining The Spiritual Kingdom*

It is not the function of God to turn a sick body into a well body, or an empty purse into a full purse. Such changes can only be brought about by a change of consciousness.

*Mind Is The Substance And Activity Of The Body*

If anyone for a moment believes that the organs and functions of his body are not responding to the activity of his mind, he has not yet awakened to the basic truth. . . that mind is the substance of the body.

There is not a cell of the body. . . that is not a center of intelligence, which it could not be unless its very nature were mind.

*The Ultimate Solution Will Be Found In Spiritual Power*

We can let spiritual power govern our body, health, and supply by not trying to use it, by relaxing every effort of our mind, learning to be still and letting spiritual power *be* the power.

*The Invisible Is The Substance Of All Form*

My entire experience has been one of beholding God, the Spirit, become flesh—harmonious, healthful flesh—and that not only as the flesh of the body, but as the flesh of the pocketbook and the flesh of the everyday relationships with human beings in the world.

*Assume Conscious Dominion*

If the body deteriorates, it is because we have not accepted spiritual truth, but have permitted universal belief to operate in or upon the body.

The moment we come into a truth-teaching. . . we are beginning to perceive that our body is something within our own consciousness. That is what gives us dominion over it.

We have been given God-dominion over everything there is, not by conscious thought, but by letting the body rest back in the *I* and letting the *I* take over and govern it.

We take the body right out of the human mind with its belief in good and evil, and we place it where it belongs, in the Consciousness that formed it. . . in its native element.

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**SEEK YE FIRST**

*Spiritual Fruitage Through Understanding  
No Escape From Omnipresence*

Perhaps you have believed that there is some incurable disease and that this proves the absence of God. Do not believe it. The very belief in the absence of God perpetuates the belief in the presence and power of disease. Acknowledge Omnipresence, even if you are making your bed in hell: *Here where I am, God is. In spite of my sin, in spite of my disease, in spite of my lack or limitation, in spite of my unhappiness, God is omnipresent.*

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**SHOWING FORTH THE PRESENCE OF GOD**

*God Alone Is Power  
Resisting The Belief In Two Powers*

Until you consciously reject the belief in two powers, you will have a power out here to act upon the body, able to make it sick or well or to make it age. When you reject that suggestion, your body loses its power to become sick, and it loses its power to age. It becomes an instrument for life eternal. It becomes an instrument for the showing forth of God's glory.

You are not to fight disease in the body: you are to recognize and submit your body to God. The heavens declare the glory of God: they do not declare their own glory; the heavens do not say, "We are beautiful"; the stars do not say, "Look how we shine." It is God's glory that is being shown forth through the heavens; it is God's glory that is being shown forth through the firmament; it is God's glory that is being made manifest in your body as health, wisdom, guidance, and direction. . . As you recognize that, you give up the thought of good coming to you, health coming to you, or wealth coming to you, and realize that you are the instrument through which these flow. You are God's instrument. It is you who show forth His handiwork, when you have withdrawn from your consciousness this world belief in two powers: a God and a devil, an immortal and a mortal, a good and an evil. These exist on earth in human consciousness because of the basic belief in two powers. Give up the belief in two powers, and you have only one power, and it is in the invisible. Then everything in the visible shows forth God's handiwork, reflects it, or expresses it. Everything—your mind, your soul, your body—can show forth God's glory once you realize the infinite

*Seek The Substance Of Health Or Eternality*

Eventually you will stop the attempt to demonstrate health, because you will not succeed permanently. . . . When you decide you no longer want to demonstrate health, but you want to demonstrate the awareness of God who is the health of your countenance, you have demonstrated health and wholeness, not merely a physical healing. . . . Having God you have all that belongs to God: "Son, thou art ever with me, and all that I have is thine."

*We Cannot Bring God To A Human Problem*

I cannot repeat too often that failure comes directly from the attempt to bring God or Spirit into a human problem. It cannot be done because to God there are no human problems. To God there is no material universe. To say, "Oh, why doesn't God heal me?" is useless. In the kingdom of God, there is nothing to be healed and no one to be healed, but we will never know that until we leave the realm of physical existence and attain a soul-quietness.

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**Spiritual Interpretation Of Scripture**

*The True Sense Of The Universe  
(the True Sense Of The Universe)*

Organs are our false finite concepts of the activity of Mind.

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**Spiritual Power Of Truth**

*Not Good Or Evil*

When you have seen that God Is my Life, again you have died to the selfhood called age—the running down and failure of faculties. Never try to treat you or me for health or age or wealth. Recognize the Infinite Invisible as the only age or health or wealth of man, of the capacities of man, mental or physical. You see, the body itself has no capacity. It is an instrument; but it is an instrument for your belief or for your knowledge. You can make it an instrument of belief by asking how old, and what size, and what its degree of health is. Then the body will show forth every belief in the world. Now on the other hand, you can make a spiritual instrument of your body by saying, "God Is its strength, its age, the measure of its capacity. I can do all things through Christ which strengthens me." There is not a word about muscles and bones. "I can do all things through Christ which Is my own strength and life. I can bring forth wisdom, art, music, and literature through Christ, which Is my Spirituality or artistic capacity."

Now to say that sensation is an activity of consciousness would be to withdraw every erroneous sensation from the body. To say that activity, movement, action, is an activity of consciousness would be to prevent the muscles from becoming paralyzed. Why? Because the activity of muscles is in consciousness. So it would be with all the organs and functions of the body. If you sow to the flesh, you believe that heart, liver, and lungs can move in and of themselves and that they are an issue of life. Then, of course, you are in the material sense of existence and can only reap corruption: sin, disease, death.

The Infinite Way in its healing work is directly opposite to all other metaphysical teachings, for the following reason: we do not look within you for the error that is causing your trouble. We do not look to your wrong thinking for the cause. We do not look to the sins for the cause. We do not admit that resentment, jealousy, malice, sensuality, or any of these are causes for your ills. We start with the Self with a capital S which impersonalizes you and makes God your Selfhood. Therefore Divine qualities are the only qualities of your being. Therefore there is no sin in you, nor is there any effect of sin in you, nor is there any disease in you, nor is there any cause of disease in you. Rather, all evil which seems to be manifesting through you is recognized as impersonal—as being no part of you, since God is your being. Even your body is the Temple of God; therefore this evil can not be in you or in your soul or in your mind or in your being or in your body. Where is it then? Where is this evil? It is in an impersonal belief in mortality, in mortal selfhood, in a sense of separateness from God (which you aren't).

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### **The 1954 Infinite Way Letters**

*The Great Secret*

There is nothing in this world that cannot be replaced or rebuilt, and if sin or disease ravage your body even these can be rebuilt by not fearing or despising the conditions, but quietly and peacefully realizing that your body exists as effect, and that your consciousness of Truth is the substance, the cause and the law unto it.

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### **The Art Of Meditation**

*Meditation: The Experience*

*Ye Are The Temple*

God made this form, my infinite divine form, to show forth my true identity. My body is a manifestation, the image of the I that I am. . . As against this spiritual truth, there is that form which I see in a mirror; there are the expressions of nature, such as trees, flowers, vegetables, and fruits. These are not spiritual being or body: these are the concepts that are entertained humanly of being and body. . . Even this body which I see with my eyes is but a limited, finite concept of the body. That is the reason the body appears to keep changing. In reality, the body never changes; only the concept which I entertain about body changes.

*The Fruits Of Spirit*

Everyone has the full capacity of the Godhead, and in proportion to the stillness and quietness of the thinking, reasoning mind does infinity flow through into expression. Both mind and body are instruments of God. Just as we use the arm and hand for writing, so does God use our minds and bodies for making Itself visible and tangible in human experience.

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### **The Art Of Spiritual Healing**

*Spiritual Healing: The Practice*

*What About This Body?*

As the leaves do not govern the plant, so the organs of the body do not govern life.

There is no truth about a physical body because it is only a concept.

This [physical body] is only the form that you have assumed in this experience for the purpose of expression.

*Beyond Words And Thoughts*

My limited human sense of life is now gone: there is no longer a need to demonstrate health, [FOR GOD IS MY LIFE].

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### **The Contemplative Life**

#### *Contemplative Meditation*

*Let Each Meditation Be An Individual Experience*

As you meditate never have in mind the healing of mind, body, lack, or fear. Never, never, must you have any goal or any object other than the attainment of God-realization and the recognition of the Presence within you.

Don't think of any part of body in meditation.

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### **The Early Years (32-46)**

#### *Prayer*

Mrs. Eddy tells us that she healed a cancer that had eaten its way to the jugular vein when she saw clearly that God recognized no disease.

To manifest perfect body, being, health, harmony, it is necessary to know that you, the source of your thought (the thinker) is ever maintaining the purity and truth of your thinking in righteous channels. . . The thinker is always greater than his thoughts and no presence or power can govern thought except the thinker. Know, therefore, that as the thinker, coexisting with mind, truth is the substance of your thought as well as of its manifestation; that principle maintains and sustains the integrity of your thinking and of its effects. Thus you become captain of your ship, the master of your fate. . . When you have learned to live as consciousness, bit by bit you will discover that all the universe is the expression, the manifestation of this consciousness which you are, and that your universe is subject to this conscious awareness

The secret of secrets is this: never try to heal matter as matter. This is the password to success in practice and demonstration. Never try to remove or reduce a growth, increase or decrease blood pressure, heal a burn, reduce a fever, overcome a cold, etc. We are not physicians and we have nothing to do with healing bodies. We have, by the grace of good, been given the revelation that this is a spiritual universe, that we are entirely spiritual, that we have perfect, spiritual bodies, and that our work is to correct the belief that man, including the universe, is material and mortal. We do not treat a person or a body. Our work is impersonal. It is treating the world belief in any given direction. That is why we cannot look to the body for health, or to see if we are improving.

Now comes the question: "How are we to acquire this consciousness of good?" See what Jesus says about this! "Take no thought for your life, what ye shall eat, or what ye shall drink; nor yet for your body what ye shall put on." Whenever a need appears, whether for supply or health, instead of sitting down to "work" about it, we should refuse to entertain it in thought and hold to the consciousness of the truth that we exist as consciousness embodying all good, to which nothing can be added and from which nothing can be taken.



We must remember that there is no law or power acting upon us, but that we are the law unto our body, business, home, supply. We have dominion over all that is in the sky, on the earth and under the water. We are the law unto it, whatever its name or nature. We exist as consciousness, embodying within ourselves every idea in the universe, and every idea is subject to and controlled by the consciousness in which it exists—not by "taking thought," but through the unlabored energy of mind, life, forever expressing itself.

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### **The Foundation of Mysticism**

*Introducing The Healing Principles*

*One Power*

Every form of error that would touch you must touch you through the mind. If you don't accept it in your mind, it can't have any effect on your body or your pocketbook. The only approach there is to you is through your mind. The body itself has no intelligence, therefore it cannot do anything or be anything of itself except through your mind. Therefore, you are the determining factor in your life's experience because you can reject that which you do not wish to demonstrate, and it is only difficult in the first few weeks or months of practice if one practices faithfully.

### *Know The Truth*

Never, under any circumstance, do we give a treatment to anyone, even if they should ask for it. Why? That is not the procedure of the Infinite Way healing principles. The message of the Infinite Way teaches this: If I am a practitioner, I must know the truth. If I do not know the truth, I have no right to be a practitioner. Now, if I know the truth, it makes no difference where I am or what the circumstances are. The moment I witness a lie, I correct it within myself. If I see a person who is ill, I don't give him a treatment, not even if he is my patient. I don't give treatments. When my attention is called to an illness, I turn within myself for realization of the truth. And what is the truth? God constitutes individual being. God is your Being. Your soul, your mind, and even your body is the temple of God. I'm not saying this to you; I'm not giving you a treatment; I'm repeating this to myself.

God did not make one form of life destructive to another. Therefore, whatever the germ-life may be, in the sight of God it is not destructive and God didn't empower it to be destructive. God has not empowered anything to be destructive. God's power is constructive.

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### **The Infinite Way**

*Metaphysical Healing*

*(metaphysical Healing)*

My body is the exact image and likeness of my consciousness and expresses my own consciousness of existence.

The body is not self-acting. . . all action is mind-action. . . good action.

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### **The Infinite Way Letters 1955**

*Christmas, 1955*

*The True Source Of All Good*

Health is a quality and an activity of Soul, Spirit, Life, manifesting and expressing as the harmony of the body.

*God Is Individualized Consciousness*

Ask yourself: Is health, activity, power, in any organ or function of the body?

Is not the body in its entirety an effect of consciousness?

*The Invisible Nature Of Your Life*

*I exist not as body but as Principle, as Spirit, and the very Consciousness of God.*

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**The Infinite Way Letters 1956**

*God Is The Soul Of Man*

*Part One*

Miracles occur once you realize that safety, security, supply, and health are not dependent upon shelters, investments, or body. . . All good is in your Soul, and is reflected in the mind and body.

Whenever tempted with illness of any nature, realize that there is no health in the body—health is in the Soul: the body is but the receiving place for that health.

*Judge Not According To The Appearance, But Judge Righteous Judgment*

The body. . . is but an instrument for your belief or knowledge, whereby you can either show forth every human belief of age. . . or the true vision of immortality.

Under Grace the being is flooded with light, the body is weightless and without sensation. There is a oneness with all being and with nature, and one is of the very substance and nature of all creation.

*Love*

Few people realize that in metaphysics, health is not so much a matter of receiving “treatments” as in living the life of love.

Just as you call upon [God] for statements of truth, or for carrying out your activities, so also can you call upon Him for the health of your body and mind, and all the blessings of harmonious living.

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**The Infinite Way Letters 1957**

*March: Understanding The Body*

*Flesh As Concept*

That body which is observed by the human senses is not body, but a universal concept of body. It has no existence except in the mind.

[The body] is always obedient to you.

The moment one rises to that point where he can perceive spiritual light. . . the body takes its rightful place as his servant instead of his master.

*Gratitude For Spiritual Teaching*

Never doubt for a moment that if you walk through the valley of the shadow of death and there recognize God’s grace, that even then it will not be too late to step out into perfect health.

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**The Infinite Way Letters 1958**

*April: The Message Of Easter: I Have Overcome The World*

*Travelogue*

Fear of material conditions, whether of body or bombs, is a retreat into atheism because it is a denial of God.

*The Son Of God Is The Word Made Flesh*

Out of the infinite divine Consciousness which you are, are formed your body, your world, your sun, moon, and stars, your time and tides, your opportunities, and your fruitage.

*There Is No Power In Fear*

Before the fear for the heart can be given up, it must be brought to light and become a conviction that the heart is not the source of life. . . it is life which animates the heart.

*Inertia Versus Conscious Awareness And Positive Conviction*

Let the activity of truth in your consciousness be the only law unto your mind, body, being, household, business, and all your affairs.

*Relation Of Spiritual Living To Spiritual Healing*

Once you break that [Adam-dream], you will be satisfied with this body. It will move about and do everything you tell it to do.

When you remove power from the form, you will find that it is literally true that God gave you dominion over this body, over everything on earth, everything in the air, everything beneath the waters.

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**The Infinite Way Letters 1959**

*December: Christhood*

*The Descent Of The Holy Spirit*

At the moment of the conception and birth of the Christ in you. . . the mind takes on its proper function as an instrument to be used, just as you use your body as a vehicle for your expression and activity.

*Exercise Your God-given Dominion*

It is health that controls the body, and health is a constituted part of your consciousness.

The reason we are not experiencing health in its fullness is that instead of looking to [omnipresent] health to govern the body, we have looked to the body to produce health.

*Whom Say Ye That I Am?*

Eventually every seeker comes to that place in consciousness where he knows his true identity and where he begins to realize, "I am not in this body: This body is mine, and I was given dominion over it."

*I take my body out of the carnal mind by realizing that this body is my precious possession, given me of the Father.*

*See here! No more wandering out here in a human world for you! You live in me, and I govern you. I am not in the body: The body is in me and is subject to my government and control.*

There is no need for a person to worry about any organ or function of his body any more than he normally would be concerned about his breathing, digestion, or elimination. All those things the *I* cares for unconsciously.

We do not live in our bodies, nor are we the body. For that reason, no one should ever make such a statement as, "I am ill," for *I* am never ill. . . *I* am nowhere around where the pain or discord is, because *I* do not inhabit this body.

*Across The Desk*

The pain will not yield. . . until spiritual realization is attained.

*The Object Of Healing Is The Transformation Of Consciousness*

Always remember that we are not healers of the body. Our work changes the consciousness of an individual, and that changed consciousness appears outwardly as harmony, health, supply, companionship, or whatever the need may be.

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### **The Journey Back To The Father's House**

*Attaining The Christ Mind*

*Spiritual Vision Necessary To Live The Mystical Life*

This is the fourth dimensional life, the transcendental life, the life of spiritual consciousness, and it begins in that moment when you agree that your life is Self-sustained, Self-maintained, when you agree that you are not living by what the body tells you, but by what you learn from the word of God that is revealed within you.

*Disease And Death, Not God-ordained*

We begin to destroy the power of death over men the moment we recognize that death is not God-ordained. We also begin to break the spell of illness in our own experience when we recognize that disease is not God-ordained. Disease does not have source in God; therefore, it has no legitimate father or mother. In other words, it has no reality or identity. Disease had no life, no identity, and no law because it is not God-ordained.

*You shall not live by bread alone. Of course, I will feed you, and I will see to it that I give you the most nutritious, cleanest, and purest food I can. God's grace is the substance of my body, and it is God-governed, because I now bring it under God's government and remove it from the domination of man and the domination of man's beliefs and theories. To my mind, I give the best intellectual and cultural food that I can. I do not live by intellect, culture, or bread alone, but by every word that proceedeth out of the mouth of God. I remove my mind and body from the domination of the masses and their ignorant beliefs, and I place my mind and my body under God's government, under God's dominion, under God's grace. To my mind and to my body I give God-given dominion, strength, peace, joy, power, spiritual freedom. To my mind and to my body I give God's freedom, the God-given freedom of the spirit.*

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### **The Letters '32-'46**

*3: The Real Self*

*(real Self)*

Our body is only our consciousness of it.

Error exists only in the mental realm as appearance or argument about man, so truth corrects it.

*(what Of Death)*

Human birth is a false concept of the orderly unfoldment in consciousness of individual experience.

The consciousness of My presence illumining the dark recesses of fancy.

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### **The Mystical I**

*I Am Come*

*I Has No Needs*

All I can see in the mirror is my body, but *I*, who am looking at the body, am invisible, so I cannot even see my Self. I, then, only know that *I* am that Self. That Self is *I*, for we are one and not two. I have no image of It, no do I know Its needs. Think of those last six words for a moment: I do not know the needs of the *I* that I am.

*Evil, A Universal Hypnotism*

God is the only power, regardless of appearances, and God is omniscience, all-wisdom. Therefore, we do not have to know anything about the activity of mind or body; all we have to do is to rest in God's omniscience, rest in His infinite wisdom. As we abide in Omniscience, Omnipotence, and Omnipresence, we can state with conviction, "Ah, yes! There is no presence and there is no power other than God, and this that we call the belief in two powers—the carnal mind—this is not power. This cannot operate in or through man."

*The Universal Nature Of I Makes Us All One*

God is not bodiless: there cannot be a being without a body. True the body does not have to be physical in nature, but it is a body

*Drop Humanhood And Realize I*

In our meditations, we must always remember that we are that temple not made with hands. That enables us to shut the physical body out and to go right through any appearance to the *I* at the center of our being.

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### **The Thunder Of Silence**

*From The Unreal To The Real*

*Transcending Mind*

Correctly understood, mind is an instrument of God, created by God. Therefore, mind itself is an effect, just as the product of mind is an effect. It is not a cause; it is an effect. God, Soul, Spirit alone is cause, and both mind and body are effects.

Few people recognize that because [the mind] is an instrument of God, it should be perfectly harmonious. There is no reason why the body should deteriorate or lose its faculties, and it appears so only because man has not yet learned how to prevent such changes and maintain the body so that it is a proper and effective instrument for daily use. This can be done by realizing that the mind also is an instrument and, too, has its rightful place in our human experience. . . The mind is an instrument for something higher than itself, and that something is the one Self. When we come to the point where the mind is governed by the Self, we will be embraced in a peace that passes understanding. Then we do not control the body or the mind, but the activity of Truth in our consciousness, of which we become aware through the mind, keeps the mind clear, clean, harmonious, and vital; and it in its turn manages, controls, and governs the body, acting as the purifying agent of both mind and body.

Matter is the name given to mind when it takes form.

Mind forms its own conditions of matter, body, and form. Mind does not *create*; mind *forms*. Creation is already complete—spiritual, eternal, and perfect—but our mind, depending on its conditioning, forms and interprets our human experience on this plane. If our mind is completely free of judgment of good and evil, then Spirit forms its own image and likeness through the mind as happy, harmonious, successful living. If mind is conditioned by judgments of good and evil, mind is not a clear transparency, and in proportion to its conditioning will experiences of good and evil take in our lives.

Mind functions as thought; mind appears as thing; and on this level, mind is the essence of creation as described in the second and third chapters of Genesis. Therefore, if matter is mind, a process of mind can change the product, matter. Mind—your mind and my mind—imbued with spiritual truth becomes the instrument through which God appears, in and through which God manifests, and God appearing becomes the body of our outer world. . . Therefore, never do we live in a material world with material surroundings because God, Itself—Truth in your consciousness and my consciousness—is the very substance and essence of your world. When God, or Soul becomes the activity of the mind and appears as form, then all form is spiritual and can be multiplied. . . but it can be multiplied only because it is not matter.

Mind, unconditioned and having no qualities of good or evil, is the substance of all that is visible; and all that is, is as unconditioned as the mind which is its basis. If this were not true, it would be impossible for our state of consciousness to produce changes in what is called the material universe. . . We would know that our consciousness of one power, which really is a consciousness of no-power, had produced the healing and was a law of harmony. We would observe that our mind functioning as an instrument of God had produced an effect on what we call body or matter and we would know then that the substance of mind and the substance of matter are one and the same. That is why mind can affect matter and, moreover, that is why truth in consciousness can affect matter.

The basic secret of mind is that there is only one mind, and that mind is the mind of individual being—your mind and my mind. . . and this mind is *unconditioned*: It has no qualities of good or of evil; it is a state of being, not good and not bad. . . Furthermore, mind forming itself as body is unconditioned; and therefore body is neither well nor sick, tall nor short, thin nor fat. Body is as unconditioned as the mind which is the essence of its form. Mind and body, being unconditioned, are a state of absolute being and perfection until the belief of good and evil is accepted into thought.

There is no good or evil in my body. . . it is just an instrument for the *I*.

We do not deny the body. It is real, but what we see as body is not body: It is a mental image within our own thought—a universal mental concept, individualized within us. There is no such thing as a material body: There is only a material concept of body. There is no such thing as a material universe: There are only material concepts of the one spiritual universe. As long as we accept a material concept of universe, we are under the laws of matter, but we are free as soon as we begin to understand that we live and move and have our being in the first chapter of Genesis where man is made in the image and likeness of God, or Spirit, and that the Soul of God is the Soul of man, the life of God is the life of man, the mind of God is the mind of man, the body of God is the body of man.

We look at the creations of God through the instrument of the mind, and the forms we see take on the color and complexion of the mind interpreting them. When a person comes to us and says, "I have a diseased body" or "I have a sick mind" or "I have an empty pocketbook," he is beholding creation through limited, finite, material sense; but if we ignore what the person is seeing, feeling, and experiencing and realize that our mind is but an interpreter and if we can become sufficiently still so that the true picture can register, then out of the Silence we may hear, "Thou art my Child, my beloved child, in whom I am well pleased" or "This very place is the kingdom of God" or "All that I have is thine." In other words, there comes an assurance from within that the scene, as mortal sense interprets it, is incorrect; and in the Silence what is actually there is revealed to us.

Your body knows nothing about disease or health.