
A Parenthesis In Eternity

Attaining The Mystical Consciousness

The Mystical Life Through The Two Great Commandments

Source: 1963

Tape:

The thoughts that flow out from us are sometimes more powerful than the physical acts, and it was because Jesus recognized this that he taught that it was not sufficient to resist the act of stealing, but that it was necessary even to give up inwardly coveting anything belonging to another because the nature of what goes on in a person's mind permeates the atmosphere.

Awakening Mystical Consciousness

Releasing Spiritual Power

Purifying Our State Of Consciousness

Source: 1962

Tape:

The laws of God cannot function in a consciousness filled with false concepts.

Beyond Words And Thoughts

His Rain Falls

Karmic Law On A National Level

Source: 1965 L

Tape:

Until you as an individual come to an inner agreement that destroying civilian populations by atomic bombs is inexcusable, you are under that karma, because the commands to "resist not evil" and to lay down your life rather than take another life are basic Christian teachings. Certainly the teaching was never to save your life at the expense of another's.

Conscious Union With God

Opening Consciousness To Truth

Resist Not Evil

Source: 1947

Tape:

"Resist not evil" is the acme of spiritual healing. It allows you to face any situation with a disdainful, "So what?"

What Did Hinder You?

Source: 1947

Tape:

Attitude: you do not have to resist a mirage.

Consciousness In Transition

Illumined Consciousness

1948

Source:

Tape:

Spiritual consciousness is one which does not accept any belief in thought of any error existing as a presence or as a power. It looks at any presence or form or phase of error as if it were just looking at a moving picture, say, of a man being shot, knowing right well that as soon as the picture is over, the man is going to pick himself up and dust himself off and get ready to play another part... In maintaining that same attitude toward what we see of human experience, that same attitude in which we do not criticize or judge or condemn the underdog or the sinning or sick person, and in which we do not give praise to those we think are doing good, we will have begun to see real spiritual healing.

Spiritual healing is accomplished only when there is no resistance in the healer's thought to the condition or the person. "Agree with thine adversary whilst thou art on the way with him."... Remember that the error isn't a thing and it isn't a condition and it isn't a person, so in setting up that resistance, you are almost creating the thing you are resisting.

When the problem is presented to you, do not resist it, do not deny it or affirm it. Just take the attitude of non-resistance, divine indifference—not putting out a mental wall against it, not trying to overcome it, not trying to deny it—just having an attitude of freedom from fear, an attitude of realizing that you don't have to resist a mirage, an attitude that you are not going to separate the railroad tracks or lift the sky off the mountain. Yet don't wait for that moment to take that attitude, for that will be affirmation and denial and to that degree will be resistance... Instead of reacting with, "What do I think about this? What do I know? It isn't true, it isn't real," just smile, knowing that you are being presented with a mirage and that all you have to do is recognize that it is a mirage. You see, this Christ-consciousness does not resist error. Why? Because it doesn't recognize error as a power.

1948

Source:

Tape:

If I resist those who wrong me, I set that wrong up as an antagonism and even if that individual did not harm me, some other one would come along and do it. This would occur merely because I had set up that antagonism as something of a real nature that had to be battled or overcome. If, however, I can see all injustice, all lack of integrity, all inharmony, all discord, all lack of cooperative action, as merely the finite interpretation of that which is real, then—instead of battling it—I merely sit back quietly, resist not evil, and become the law over that situation and watch it automatically dissolve.

Let us resist not evil *because* evil isn't any or person. It is a misinterpretation of some activity of God since God is, literally, all. Since there is no action apart from mind action, since there is no activity apart from eternal life, even in looking at what the world calls death, we are actually witnessing eternal life in action. That is the only way Jesus could raise anyone from the dead. That is the only way a practitioner can raise the dying back to life—not by saying, You are dying, but I am going to raise you back to life," but by recognizing "I am going to raise you back to life," but by recognizing that there is nothing going on here but the activity of mind; [then] he must just sit in peace and quiet until God, the inner interpreter of his being, interprets it for him.

Regardless of the name or nature of your particular problem, stop battling error so far as you can, try not to fight it too hard. See if you can't take the attitude, "the battle is not yours." Then be still and see the salvation of the Lord. You need not battle. All you have to do is make the acknowledgment that all that is appearing is for the glory of God. See if you can't take this healing work easy: Try to take it as if you really believe that evil isn't a great power.

Resist not evil! Why? It is not real and if you resist it, you make it real. What a battle you have then! Resist not evil! In the face of any erroneous picture, in the face of any discord, instead of denying it, instead of saying it isn't happening (how foolish, for it is happening out in that picture) let's not argue, let's not fight it, let's not resist it at all, but just sit back and say, "I wonder how real you could be?" Resist not evil is the acme of spiritual healing. It enables you to face any situation in the world and almost say, "So what?"

Since I am infinite consciousness and include within my own being the entire universe, I—through my consciousness of this truth—become the law unto that universe. If I behold evil and start to fight it and battle with it, I make it a reality and I give it a power that may make it impossible for me ever to overcome it. On the other hand, if I accept in my consciousness that evil is unreal and therefore does not have to be resisted or battled, I can afford to spend my time in silent meditation, in peaceful enjoyment of the spiritual laws of life. I become a law unto my universe by my conscious attitude toward the universe.

The Christ life compels us to put up the sword and therefore to use no human force even in our defense.

When a call comes, see how much you can stop getting a resistance, a denial, up here in the forehead. That is where it all comes, this resistance. It all rushes in and wants to say, "It isn't true! It isn't true!" See how much we can resist that and actually believe it isn't true! If you really believe it isn't true, you don't have to say it or declare it, you can afford to smile at it. You can afford to see through it and sometimes you may have to keep it up quite a while, the tenacity of error is so strong in some people's thoughts—not that the person is responsible for it, either.

You see, since our premise is that all action is mind action and God is the only mind, everything that is appearing to you is the activity of God. So what we are doing now is not overcoming error, but rightly interpreting that picture before us...Still it is quite in order to say, "How about interpreting this for me and letting me see it as it is?" It is perfectly all right to say that to God—no resistance there, you see; no acknowledgment that it is an error to be overcome. No acknowledgment that there is a sinner to be reformed; no acknowledgment that there is a lack or limitation that must be met.

1948

Source:

Tape:

We could take a stand right now that, "All that the Father hath is mine," and that "Never again do I have to take thought for supply." We could take that stand right now and demonstrate it! But most of us won't. Most of us are going to still be a little bit worried about next month's bills and we are going to take thought about this or that or the other thing; and to the degree that we take thought, we are violating our understanding, aren't we? To that degree, then, there will have been a period of suffering, though we do ultimately get there, and that's what happened to Joseph.

Consciousness Is What I Am

Evolving States Of Consciousness

The Degree Of Realization Is The Measure Of Attainment

Source: 1969 L

Tape:

The first temptation is to use human force—mental or physical force— and begin to combat the enemy, whereas the most difficult thing in the world is to close ourselves in tight and realize that we need not resist evil. The battle is not ours but God's.

Consciousness Transformed

As Ye Sow

2/3/63

Source:

Tape:

The further we go on this path the more temptations we meet tomorrow. No one avoids them. It is for that reason that the drive within us must be greater than the human inertia. A problem isn't as deep as it seems because a problem in and of itself has no power. The only power is universal belief. So every problem we meet through understanding makes each successive one a lesser one.

1963

Source:

Tape:

Some of you may have difficulty in making a transition in consciousness where you stop affirming truth and denying error, and reach that place in consciousness where you can relax and remember, "I am closer to you than breathing, nearer than hands and feet, "Be not afraid, it is I." Every student has great experiences of healing and regeneration in proportion as he or she can relax in that statement. . . Do not fight because when you are fighting, you are fighting your imagination. You are fighting illusions, instead of relaxing and resting.

1963

Source:

Tape:

Those of us who still have problems might just as well realize that our consciousness is not yielding sufficiently. What good is it to try to change outer conditions? No, change consciousness first, and then the harmonious conditions will follow.

Living By The Word

Let The Tares And The Wheat Grow Together
Resist Not Evil By Turning From Your Problem

Source: 1960 Chicago Open class 3:2

Tape: 323

When you do not resist evil and let the tares and the wheat grow together, even if at first it seems frightening to do this and that apparently you are doing nothing, remember that you are trusting yourself to God. . . At every temptation to treat, to pray, or to meditate for a problem, resist the temptation in the realization of the nonpower and nothingness of the problem. Turn from it, and figuratively go out to your "ranch." Your "ranch" can be a movie if you like, the television, a book, or anything that will prevent you from sitting down to pray about the particular problem. Your prayer is never to be about a problem. Prayer is always a tabernacling with what is. And remember always, "My kingdom is not of this world." Therefore, do not try to mix the kingdom of God with the temporal universe.

Loving God Supremely

Source: 1961 Maui Work 3:2; 1957 First Halekou Closed 4:2

Tape: 391 or 190

In being confronted with any problem, whether our own or another's, let us have no resistance in our mind, no desire to refute, to deny, to overcome, to rise above, or to destroy—just that calm peace. Because we have acknowledged God as the only creative, maintaining, and sustaining Principle, we know there is no other power, so we need not invoke any power for any purpose. When we are in meditation and are not struggling with a problem, we are not then trying to overcome it, destroy it, or rise above it. If necessary, we are looking right at it and not even needing God, since we know that God already is. Then we are loving God with all our heart, because we are giving It utter supremacy and not acknowledging that there is something we want It to do something to.

Living The Illumined Life

Call No Man Your Father Upon The Earth
Evolving Students Set A Guard Over Their Nature

Source: 1962 Princes Kaiulani Closed Class

Tape: 475 2:2

So it is that while you are evolving as students, you have to watch your lower nature; you have to hold the reins on it. You have resist temptation; you have to remind yourself of the truth; you have to have Bible passages to hold you to the truth that there is a He within you. All this acts as a bridge to take you , out of me material sense of life into the spiritual.

Our Spiritual Resources

Dominion Over Mind, Body, And Purse
A Transformation Of Consciousness Is Requisite

Source: 1960

Tape:

When. . . you are able to say with the Master, and mean it, "Forgive seventy times seven. . . Resist not evil," you have yielded your humanhood. You have yielded *your* will, *your* opinion, *your* convictions, and you have accepted the grace of God, and the Spirit of God does dwell in you.

The Ultimate Solution Will Be Found In Spiritual Power

Source: 1960

Tape:

We should even have the courage to tell fear to eat us up if it can. . . If our fear is going to do anything to us, why not let it do it now? . . . What we shall find, however, is that fear is not a power—it is only power as long as we fight it.

Realization Of Oneness

*Release Man
An Arm Of Flesh*

Source: 1964L

Tape:

Resist not evil because evil is not a power.

Showing Forth The Presence Of God

*Spiritual Vision Alone Reveals The I Am Of Individual Being
Wear the invisible robe of the Spirit in silence*

Source: 1955 Capetown Series

Tape: 707 2:2

Human beings as a rule are not able to bear the truth. They resist truth far more than they accept it. The human mind does not want to be annihilated, and spiritual truth is going to annihilate it. Through the introduction of spiritual truth into their consciousness, they are going to "die daily" until they have only that mind which was in Christ Jesus.

God's grace is always flowing

Source: 1955 Capetown Series

Tape: 707 1:2

God already is about Its own business of beautifully, harmoniously, permanently, spiritually, and immortally maintaining this universe. Your acceptance of a law apart from God, even your acceptance of the belief that your sins are separating you from your good, is enough to stop the flow in your direction. It does not stop God's flow; in fact, nothing ever stops God's flow. It merely stops It from operating in your experience. That does not give you the privilege of sinning, because the Master reminds you that while there is no condemnation for your sins as long as they were performed in ignorance, now that you know, you must "go, and sin no more."

Spiritual Discernment

*The Christ Kingdom
The Realized Presence Of God Dissolves Fear*

Source: 1961 Canadian special Class

Tape: 433 3:2

Where there is no fear of death. even if there were disease, there would be no pain with it. Pain is our own resistance to the idea of death.

Spiritual Power Of Truth

God And Error

Source:

Tape:

Until we come to the consciousness of "resist not evil," we are not in the practice of The Infinite Way. As long as we are using a power of God over sin, disease, death, lack, limitation, we are not in the Infinite Way practice.

Source:

Tape:

You see, in this message of The Infinite Way, our entire healing work is done by not taking up the sword. Our entire healing work is done by not using Truth over error, by not trying to have God heal a disease. Our entire healing work is done by a recognition of the Truth, the Truth being: that which is not of God has no law to sustain it; therefore you do not have to fight it—you only have to recognize it. The moment you recognize that an epidemic of any nature is but a universal malpractice, you do not have to fight it anymore. It has no power.

Source:

Tape:

The most difficult situation [of the transition in consciousness] arises with yourself in the early months when you have to consciously resist the temptation to want something and desire something as if you were out there at the feet of the Master. You have to consciously remember that you gave up that seat to those who are not yet aware. Now your seat is on the platform. You are sitting up there, a co-worker with the Christ of God. Your function is no longer to receive but to bestow. Your function is not to get but to give. Your question that you must ask yourself every morning is, "What have I in the house?" Then throughout the day, as the opportunity comes to bestow the Bread of life, the Meat, the Wine, the Water, the Life, the Resurrection, remember that this is the Path you have embarked upon.

The 1954 Infinite Way Letters

The Great Secret

Source:

Tape:

Remember this—never set up warfare with persons or conditions, but take these into your consciousness and there resolve them by seeing that they have no power over you. . . . Once you have done that you will know the greatest secret of life: you will have found it possible to be in the world but not of it. You will have found how not to resist evil, and how you need not be concerned for anyone or anything that might deprive you of this, that, or the other thing. You will have learned to go two miles instead of one, and you will have learned that it makes no difference if one dollar or a million dollars are taken from you, since the value will not be in the dollars but in the consciousness of truth within your own being, and through this spiritual discernment you will understand the real values.

Should you find yourself the object of enmity or unfriendliness, of injustice or inequality, or lack of opportunity, realize that these are external conditions and they can in no way harm you unless you are upholding them in your thoughts as entities or powers over you. Once you learn to dismiss them and realize that nothing external to your own being can enter to defile, to deprive or to limit, you will have agreed with your adversary. You will have given up resistance to the person, thing, circumstance or condition that was disturbing you, and in this wise you resolve the condition within your own consciousness of truth. Do not refute or argue with it, do not try to overcome or rise above the situation, but face the entire world of persons and conditions and, by taking them into your consciousness of truth and seeing that there is no power outside, resolve them and bring yourself into At-one-ment with the Divine Selfhood.

To live in accord with spiritual wisdom you must acknowledge that no power exists outside your own being, and that nothing and no one can enter your consciousness with the conflict. All power resides within you, and through spiritual awareness you have been given the ability to understand that God is the substance, the law, the infinity, and the true identity of every individual and every activity, regardless of any appearances to the contrary. As you practice living in accord with spiritual wisdom you will find, even though these persons and conditions continue to exist for a time, your very ability to resist combating them is the overcoming, and you become like the little stream that gently runs around and over and under the rocks but never wastes time and energy trying to fight or break through the rocks.

The Altitude Of Prayer

*Let The Spirit Bear Witness
Laying The Axe At The Root*

Source: 1968 L

Tape:

Resist not requires willingness to bear witness to spiritual power.

The Art Of Meditation

*Meditation: The Experience
For He Is Thy Life*

Source: 1956

Tape:

Resisting the advancing years, as if they were something to be feared, produces many of the discords associated with age.

A Circle Of Christhood

Source: 1956

Tape:

As discord or inharmony flash across their horizon, they will resist the temptation to affirm truth, and instead turn to that center where the Christ is enthroned and let it make the crooked places straight. It, not they, will be the blessing.

The Art Of Spiritual Healing

*Spiritual Healing: The Principles
One Power*

Source: 1956

Tape:

Until you can realize that there is nothing to battle because there is only one power, you will be carrying a chip on your shoulders, everlasting fighting people, sin, disease, false appetite, lonesomeness, and poverty. One condition after another will arise in your experience as long as you are fighting and resisting; but when you understand God as one power, you become convinced that there is nothing to oppose Him.

Beyond Words And Thoughts

Source: 1956

Tape:

In resisting the temptation to demonstrate things [Jesus] proved that he was above the law of mind and matter.

The Contemplative Life

*Contemplation Develops The Beholder
Discipline In The Contemplative Life*

Source: 1961 L

Tape:

Think of any discordant appearance that you have ever seen, heard, tasted, touched, or smelled; see the discipline that is necessary to refrain from attempting to alter, change, or do something about it; and then be convinced and know, "My kingdom—the place where I live, move, and have my being—is not of this world, Therefore, I have nothing to do about this world except to know that it is not of My kingdom."

Source: 1961 L

Tape:

At any moment that a problem of any nature begins to come to your attention, instantly remember that you are not to take up the sword—not the mental sword or the physical sword—but that you are to relax and resist not evil in the realization of Omnipotence. The next three or four days of your life may be very miserable because when you begin a work of this kind, it seems. . . that two or three devils manage to find you, and each of them has two or three temptations for you.

The Foundation of Mysticism

Living The Healing Principles

Purifying The Mind

Source: 1959

Tape:

As long as there is opposition or judgment in your mind, as long as there is duality, two powers, there is no way to realize *I Am*. It is only when you have learned to impersonalize and nothingize that your consciousness is so clear, so pure, so transparent, that the Christ shines through. That spiritual light shines through. It is a presence that goes before you to make the crooked places straight.

Now, do you see why it isn't necessary to give a treatment to anyone? It isn't necessary to correct them or improve them? It isn't necessary to tell them to be better or more loving or more gentle or more forgiving? It isn't necessary. As you consciously know the truth, the truth that you know becomes the law unto those within range of your consciousness. That is why you will find animal life is the most responsive to this work. Dogs and cats and birds will virtually respond to this instantaneously. There is no resistance in them at all. Next, plant life responds beautifully. And then children. But adults are tough. They've already learned to fear both God and devil; they've already learned about two powers.

Our only disturbance is caused by whatever it is that has convinced us there are two powers. And when we begin to understand the fleshly mind, or the arm of flesh, as nothingness, that's when we dissolve the pictures of sense. . . You might as well get used to the idea: All the evils of this world are nothing but pictures in the mind. When you know this, they begin to dissolve. They begin to dissolve the very minute you know the nature of error. All evil functions in this universal mesmeric mind are not law and have no law to sustain them. They are not a presence. Since God didn't ordain evil and since God doesn't maintain or sustain evil, don't fear it, don't fight it. "Resist not evil. . . Put up thy sword." Be at peace. God is. And then you'll find how this spiritual healing work is really accomplished.

There is only one power, and if the Infinite Way is to perform a function in your life, it can only succeed if and to the degree you understand the nature of this carnal or mortal mind as a mental nothingness and illusion, a mental projection, a temptation, a belief, a suggestion, and then drop it. Drop it. Harmony comes into your experience, inner peace comes into your experience, in the realization of God as the only power so you can look out at the sins, diseases, deaths, lacks and limitations that are frightening this world and realize the only reason they're doing this is that they're being accepted as power. The only reason they're perpetuating themselves is that they are being feared and fought. I bring you back over and over again to the Master's teaching, "Resist not evil; put up your sword."

We cannot have any degree of mystical or spiritual consciousness as long as we have two powers, as long as we personalize the appearances of good or as long as we personalize the appearances of good or evil, or consciously or unconsciously battle evil, or try to or lack. I know that only to the degree that our consciousness accepts the truth that ye need not fight, the battle is not yours, does spiritual consciousness unfold.

Source: 1958

Tape:

There is nothing in animals which resists, and that is why they respond so quickly. Furthermore, you have a conviction that there is nothing in God's plan that would make an animal sick.

The Infinite Way Letters 1959

July: Spiritual Freedom

Achieving Freedom By Non- Resistance

Source: 1959

Tape:

In order to resolve these problems into the nothingness which they are, it is necessary to come to a place where you know that the battle is not yours, and that therefore you need no longer resist them.

The world resists anything or anybody that attempts to bring some measure of freedom to it.

When you battle a problem, you are fighting it with your mind; and therefore, you are making of your mind a power, instead of using it as an instrument.

The Journey Back To The Father's House

Attaining The Christ Mind

The Bread And Meat Within

Source: 1961 Stockholm Closed Class 1:2

Tape: 424

Every time you resist the temptation to think that you live by bread alone or heart alone, every time you resist the temptation to believe that you live by anything in the world of effect, you are lifting yourself out of humanhood, out of the human mind and human limitations, and you are beginning to live out from the Spirit as the Master did.

Let I Raise You Up

Source: 1962 Holland Closed Class 2:1

Tape: 500

It is important that you learn to ignore the appearances temporarily so that you do not fight them, battle them, or try to overcome them. Ignore them while you go inside and hear the still small voice as It reassures you, "This is my beloved Son, in whom I am well pleased." Do you need to hear any more than that? Do you need to see signs and wonders? Do you need anything more than a simple assurance given within, "Son, thou art ever with me, and all that I have is thine"? Is it not possible then to relax and rest in the assurance of the divine presence within?

The mind at all times is prepared to receive truth if it is fed with truth, just as the mind is prepared to receive a lie. The mind is ready at any time to accept what you feed it: a false belief, a false appetite, a false teaching. The mind cannot resist what you pour Into it. It is merely an instrument.

The Thunder Of Silence

From Darkness To Light

Beyond Power

Source: 1956-58

Tape:

Man has not yet learned the great lesson that the overcoming of any and every difficulty is not through using any kind of power. . . because life is to be lived "not by might, nor by power, but by my spirit."

Nothing is accomplished by struggling physically or mentally, because struggling only increases what seems to be an evil power in our experience. It is you and I who falsely entertain a sense of the power of sin, false appetite, disease, lack, or limitation, a sense of power which the thing itself, whatever it is, does not have; and that is why no power discovered in the physical, mental, or spiritual realm has ever been sufficient to remove any unwanted condition.

If necessary, let us sit in a chair all day and all night until the Spirit of the Lord is upon us and dwells in us. Then after this principle of *resist not* has been demonstrated in our family, even to some small extent—because it can never be demonstrated beyond their ability to accept it and live up to it—and we know that we are capable of rising above the battle and resting in God, our consciousness of God's presence makes itself felt by bringing some measure of harmony to our community.

In reality, there is no power for us to oppose physically, mentally, or spiritually, so we need no sword. It has been given to us to know that we live and move and have our being in God in whom is no darkness at all, in whom there is no warfare. It is given to us to know that the sovereign, divine remedy for all the ills of the world is to *resist not evil*.

Let us stop for one moment and try to see why it is that we feel we must protect ourselves by battling and struggling mentally, physically, or prayerfully. Is not all this based on the erroneous premise that there are two powers in this world? If there were only one power, God, would there be anything to struggle against or to battle? . . . The Master warned us not to judge according to the appearance, but to judge righteous judgment. If we judge righteously, which means bearing witness not to what we see or hear but to what unfolds spiritually from within, we shall soon discover the miracle and the mystery of this teaching: There are not two powers—there is only one.

No power is needed to destroy error because error has within itself the elements of self-destruction.

"The battle is not yours. . . stand ye still, and see the salvation of the Lord." This standing still is not only a refraining from physical and mental power, but from spiritual power as well—a complete relaxing in an ocean of peace. . . The enemy destroys itself and disappears out of our experience—evaporates and dissolves—whether that enemy is a fever, a person, a nation. We need not fight or struggle with it or with him: We need only be still. We are aligned with a power that is not a power; we are achieving victory without force. We do not even use spiritual force, but our stillness permits spiritual force to use us. Ours is a refraining from power in a Silence which thunders: "*I am God; therefore, you be still and rest, for I will be with you unto the end of the world. You rest, relax, and be silent.*"

The Master's great teaching in the Sermon on the Mount and in all the four Gospels is not one of weakness, expediency, or compromise; nor is it one of blindly and meekly letting the world do anything it wants to do to us and of our passively taking all the beating that it wants to give us. Rather is it one in which we resist not evil in the realization that the Father within is taking care of our interests.

The only effective and potent weapon against the powers that would destroy the world both physically and mentally is the Silence which comes of the conviction that there is a Something that created this universe and is responsible for maintaining it unto eternity—it is the ability to relax in Silence and let that Something perform Its function. In that Silence we find Allness. In that quietness and confidence, we find our strength and peace. That is our Sabbath, the complete and perfect universe of the first chapter of Genesis in which we rest from all power. . . Rumbings of the thunder of the deep Silence of *My* peace reverberate and increase in power until eventually they break every barrier. The mighty noise of the Silence grows in volume until its thunder rends asunder the veils of illusion and God stands revealed in all His majesty, glory, and peace.

When we struggle and battle with the enemy, whether that enemy is physical and external or mental and internal, we do not win any victories. The real victories are won when we use no power and do not fight our opposition, but rest in the knowledge that all opposition destroys itself.

Years and years and years ago, before ever The Infinite Way was dreamed of, I saw that the solution to all human problems rested in the ability not to fight back, not to fight error, but on the ability to rest in the one Power. Once we are able to do that, we are practicing the Sermon on the Mount and living the spiritual life, because then there is no more need to seek good health than to get rid of bad health; there is no more need to seek supply than to run away from lack: We stand still in divine Being, not in human being.

Resist Not

Source: 1956-58

Tape:

All these discordant pictures that we see round about us are just mental images in thought, shadows on a screen. We must learn not to be afraid to look at them and understand that they have no more substance than the men and women on a moving picture screen and no more power than the bullets that are fired into, and through, our television sets, but which never crack the set open. They make a great deal of noise, but they are nothing but shadows; and one day, as we look into our mind, we shall see and understand that there are these mental images or pictures of what is called life and that they are all taking place inside, not outside, our mind. What we see is not the event itself, nor the person involved: It is a mental concept which we have drawn and are entertaining of the event or person.

“And if any man will sue thee at the law, and take away thy coat, let him have thy cloke also.” MATTHEW 5:40. . . We have no way of knowing whether we might not benefit twice over by obeying that very command because most of us have not tried the resist-not-evil way of life; and moreover, until we have reached that state of consciousness, it would probably be very unwise for us to try it.

Individually, we develop the state of consciousness that lives without using power and which finally brings our particular world into the orbit of no-power by understanding that nothing that exists as person, place, thing, circumstance, or condition is imbued with the power for good or for evil. . . The Master understood this clearly when he said, “Why callest thou me good? . . . I can of mine own self do nothing. . . the Father that dwelleth in me, he doeth works.” So it is with us. Power is not really given to us, but if we come to a state of mind in which we are so cradled in the Spirit that we do not resist the seeming error by denying, fighting, or trying to destroy it, we too shall witness the wondrous things which the Father within performs.

The Master reveals the basic karmic law of as ye sow, so shall ye reap, but he also makes plain the one sure and certain way to rise above the law of cause and effect, and that is not to set in motion a cause—to do nothing, think nothing, and be nothing of ourselves. For example, if we pray with some object or purpose in mind, we are likely to produce an effect in accordance with the cause which we set up. But if we were to pray without an object, solely for the realization of God, then we would not have set up a cause, and there could be no effect. There would only be God Itself appearing as the harmony of our existence.

The sense-world, that which we can see, hear, taste, touch, and smell, is the unreal creation described in the second chapter of Genesis—a mental image in mind. If we remember that, we shall not try to manipulate the human scene or handle the mental image which exists only as a shadow within our thought, and then we shall be witnesses to the quick dissolution of these mental images.

The very moment we can demonstrate the Master's teaching of *resist not evil*, we shall no longer spend our days as most of the world is doing, chasing, searching, and begging for a power to do something, and competing with everybody else in the world. When we realize this new principle—not a new power but a new principle, a new dimension of life—we live in a world where there is no competition and in a universe where men do not fight one another.

Those who live by the sword, even a mental sword, shall die by the sword. So put it up. Stop defending yourself. In every prayer and in every meditation—in every treatment—remind yourself to put up your sword. When we no longer use human weapons, physical or mental, we relax, not into letting the world do what it wants with us, but into that Spirit which is within us in order to let It take over and govern our experience.

Watch the transformation of your own world as you bring yourself inwardly to the feeling that you do not want to oppose or use a power against anybody or anything. . . The physical resistance of fist or sword and the mental resistance of affirmations and denials are practically the same thing, but rising above the physical and the mental into the spiritual realm brings us to that new dimension where there is no power, where there is no good over evil, where every situation is met by resting in the Spirit.

We store up within ourselves the barriers that prevent the kingdom of God from being established in us by our judgments of people and conditions, and by the desires that still remain in us—not merely the sensual desires but even the desires that are considered good. All of those things operate in our minds to separate us from the realization that that which we are seeking we already are.

When error is presented in any form, there is a tendency to put up a wall against it, and in doing that, the opportunity to make the demonstration is lost because no wall is needed. Do not put up a wall against evil; do not put up a defense: understand that no external thing has power, not even the good things. All good is in Spirit, or Consciousness, not in the things that Consciousness produces.