
A MESSAGE FOR THE AGES

Chapter: Infinite Way Pearls
Topic: *The Omnipresence Of Consciousness*

1963 Instructions For Teaching The Infinite Way 1:2, 3:1
509, 511

The closer you come to a realization of your consciousness as omnipotence, the less you fear other powers. You rest in peace for the remainder of your days, because if your consciousness is omnipotence you will not fear what mortal man can do to you. You have put off mortality and have been clothed with immortality.

Chapter: Material sense of demonstration or the unfoldment of grace
Topic: *Across The Desk*

1963 Instructions For Teaching The Infinite Way 6:1
550

Although we may have moments of God-contact and feel the joy and security of this realization in meditation, these moments must be continuously renewed many, many times a day by dipping briefly within to let our consciousness of God be released through us into our daily affairs. If this is not done continuously, the pressure of daily living takes over, and we seem to lose the peace and harmony of our periods of meditation.

Chapter: Not Appearance but IS
Topic: *Focus Attention On The Things Of God*

1963 Instructions For Teaching 2:1; 1954 Practitioner 2:1
510, 90

Keep your conversation, even your silent conversation with yourself, in heaven. Keep your mind focused on God, the spirit, the invisible. Then take some phase of God, whether it is life, love, substance, or law, and keep pondering on God as the only law of the universe, thereby annihilating all sense of human law: legal law, material law, medical law, or atomic law. Think of God as the source of all life. Thus "every word that proceedeth out of the mouth of God" becomes more and more that life eternal in your experience. As you keep pondering these things you finally come to a place where thought automatically stops. There is nothing left to think about, and peace descends. In that peace you wait for the voice to speak to you, for the assurance to come, for inspiration of one sort or another. In that way you develop the ability to be receptive to the divine consciousness. You tap the source of love divine, life divine, truth divine, the source of all inspiration. But you tap it only when you go beyond the realm of thinking.

Chapter: The Simplicity of the Healing Truth
Topic: *Letting God's Infinity Express Through You*

1963 Instructions For Teaching The Infinite Way 7:1
551

Lay the axe at the root and say, "You'll not fool me again. I know that the fabric of this world is nothingness, hypnotism. There is no law to any of its pictures: no law of disease, no law of health. The only law is *I Am*, for *I am* the law. There is no law operating in me, on me, or through me, for *I myself am* the law. No good can come to me for *I Am* is the only good. No peace can come to me. *My peace* give I unto you who do not know this truth. But nobody has any peace to give me; nobody has any prosperity to give me; nobody has any health to give me; nobody has any love to give me. *I am love*."

Successful practitioners stand on the two basic principles: the nature of God and My kingdom, and the nature of evil and its world of illusion. They stand fast in those principles until they develop the consciousness that is not fooled by appearances. . . Once you enter the kingdom of God and realize a spiritual peace, you will at the same time realize that you never had an enemy in any form. All you were faced with was a hypnotic world, the substance of which was hypnotism, and temporarily you were fooled by the pictures formed by that hypnotism. One day it was a fire, one day a tidal wave, the next day a volcano, the next day an epidemic, next day unhappiness, and the next day poverty. Every day hypnotism formed a new picture for you, and as fast as you were able to get out of one picture it produced another picture.

A PARENTHESIS IN ETERNITY

Chapter: Attaining The Mystical Consciousness
Topic: *Self-surrender*

The Christ is planted in our consciousness for one reason, and one reason only: that we might be at peace, that we might have life and have it more abundantly. . . that the grace of God fill us with an infinite abundance of spiritual good.

When the mind is used for the purpose of knowing the truth, that truth then becomes the law of harmony unto our experience. . . The truth that we entertain in our consciousness takes over our life, eliminating discords and inharmonies and bringing about peace, harmony, and security.

Chapter: Living The Mystical Life

Topic: *The Tree Of Life*

As good begins to unfold in our experience, whether it is peace, harmony, health, or abundance we have to develop that deep humility which enables us to recognize that this is the showing forth of God's glory.

AWAKENING MYSTICAL CONSCIOUSNESS

Chapter: The Mystic and Healing

1958

Topic: *Not Power, But Grace*

You do not need any power; you need the ability to commune with your inner Self and be at peace with It. Then you will find God is maintaining and sustaining His own creation without any help from you or me.

BEYOND WORDS AND THOUGHTS

Chapter: Incorporeality: God, Man, and Universe

1963 Kailua Private Class

Topic:

521:2

The world has been taught to pray, not for what would give peace, prosperity, and health, but for the peace, prosperity, and health themselves.

Chapter: Toward The Experience

1963 Kailua Private Class

Topic: *Error, A Mind-formation*

518:1

When in your healing work, you can sit down with the mind at rest and not battle the appearance, not fight it, not try to remove germs from someone's body, not try to dissolve lumps and reduce fevers, not try to heal insanity, but rest in that inner peace and quiet and assurance that there is only one law, spiritual law, and that all else is an image in the mind, the experience of God can take over, and then the healing takes place.

Peace is a state of Grace, and it functions in that moment when you are demanding nothing of another, when you are realizing that God's grace is your sufficiency in all things and that there is a sufficiency of God's grace omnipresent to meet the need of this and of every moment. In that moment, you free every person, and he can feel that you have freed him.

It is foolish to have a will of your own, even a will to see your friends healed, even a will to see peace on earth. Do not have any will at all, but retire within as many times a day as you can find a minute to remember, "Nevertheless, Father, not my will, but Thine be done on earth as it is in heaven." Relax and rest, and be a beholder of what God's will is.

CONSCIOUS UNION WITH GOD

Chapter: Meditation

1947 Metaphysical Notes

Topic: *Meditation*

Feeling of peace marks the end of meditation.

Chapter: Mysticism

1947 Metaphysical Notes

Topic: *Our Oneness With God Appears As Form*

The "click" is that inner sense of peace.

CONSCIOUSNESS IN TRANSITION

Topic:

You could go all through the balance of your career without a treatment, without a lesson, without reading a book, and find greater harmony, greater peace, greater health than you have ever known, just with the simple realization of, "Thank you, Father, I am!" *I am!* Not will be, and not shall be. *I am!* Not ought to be and not deserve to be. Just, "Thank you, Father, I am!"

Chapter: Student and teacher

1948

Topic:

You are now developing a state of receptivity to the still small voice. So, as you hold it here gently, "I and the Father are one, I and the Father are one," all the time the ear is listening. A sense of peace is settling down on you. When your release comes, when that sense of peace comes, the problem has been met, either your own or someone else's, or you come right down to the realization. That is when you begin to feel this divine intelligence.

CONSCIOUSNESS TRANSFORMED

Chapter: Christ: the unfoldment from within

1963

Topic:

In the degree that we have learned that we do not need anything of each other, but can freely share that which has come to us as a gift of God without lessening what we ourselves have, we have realized the only basis for peace.

Chapter: God constitutes my consciousness

2/17/63

Topic:

With every appearance of discord, lift your thoughts immediately: "I find my oneness in consciousness which is cause, not in matter or effect. I look to cause for my peace, my wholeness, my satisfaction, my joy," and all of it becomes manifest in what we call tangible form.

Chapter: Growing day by day – Attaining the transcendental consciousness

8/31/63

Topic:

"Thou wilt keep him in perfect peace, whose mind is stayed on thee." . . . Who is "Thou"—God or Christ? No, *you* is thou. . . *Thou* is consciousness, my consciousness, the divine consciousness which bestowed upon me in the beginning. That *thou* will keep me in perfect peace if I keep my mind stayed on this truth, the omnipresence, the omniscience and omnipotence of this *thou* within me, this divine consciousness."

Chapter: Healing: to know god aright

1963

Topic:

It is impossible to attain inner peace as long as you think of God as something separate and apart from yourself. Even if you have God "close to you" or "near you," or "caring for you," you still have missed the mark because God is the Self of you. Until you come into that awareness, there will always be an uncertainty or doubt, and incomplete relaxing in God.

Chapter: Hidden Manna – the Real Infinite Way

8/24/63

Topic:

When you are in this "deep pool of contentment," quiet, peace, the spirit moves and imparts itself to you. It may be in words, or in a deep breath, or in a feeling, but when it does, God is on the scene.

Chapter: Meditation is the Key

1963

Topic:

God is your Soul, so spend no time whatsoever in wondering what the Soul is like. . . To me it is always as if I could just rest my head back on a pillow of cloud, a resting place, where I can be at peace, taking no thought for my life. But it is as real as if it were a solid object. When Truth reveals itself to me in this withinness, it is never about anything that concerns my own life. It is always concerned with a principle of life.

Topic:

There can be no peace on earth until there is peace in my individual consciousness and yours, and there will be no peace in my consciousness or yours unless God is there. Otherwise there is always a conflict between your self or myself or his self or her self.

Chapter: relationship of oneness-2

3/10/63

Topic:

While walking down the street or driving a car, there must also be the conscious realization that the peace which you have found will envelop those who surround you, whether in the home or in business or on the highways. If you are not sharing the consciousness you have found, it remains locked up inside of you and cannot function. You can only get in proportion to your giving.

Chapter: The nature of Spiritual Prayer

1963

Topic:

Watch that your heart and Soul is longing only to become aware of the presence of God, the grace of God, the kingdom of God, the peace of God.

Chapter: The Word Becomes Flesh

1963

Topic:

If you are praying for peace and freedom and you want the intercession of God, you have to want peace and freedom for everyone everywhere. In other words, there must be peace on God's terms.

Chapter: three lost secrets

1964

Topic:

All of the Father's grace and all of the Father's peace is mine to give, to share. Therefore, in secrecy, I give God's grace and God's peace.

Find a dozen periods a day in which to be silent and to say to all in this world: "My peace I give unto you. My peace, the Christ peace, I give unto you. Blessings! Benedictions!"

CONSCIOUSNESS UNFOLDING

Chapter: Peace

1949

Topic: *Peace*

Let us remember to adopt for ourselves that peaceful attitude of assurance and confidence, which fills us with the peace and the power of God.

One person, sitting in a room in silence, in a state of receptivity, can have that silence and that peace which he experiences felt by a roomful of people.

If your consciousness is imbued with silence, with peace, then it is imbued with power.

Beginning today, at this very moment, remember: It is your consciousness [when it is imbued with silence and with peace] that does the work for your family, for your business, for your home, for your body. It is not some far-off God.

There is one thing that you must practice and achieve and that is a state of peace within your own consciousness, coupled with the realization that it is your own consciousness which is the healing Christ.

Peace. . . comes from the realization that error is not power—error is not a thing. In fact, *error isn't*.

Chapter: Science of Creation

1949

Topic: *Note To Active Workers*

The idea is to stop fighting this world picture; stop fighting the Adam-dream; stop fighting illusion. Sit down and get at peace, and let the reality unfold and disclose itself.

All we have to do is to learn to live in the consciousness of our present perfection. . . After we have done that, there is only one other step, and that is to realize that the errors of the world, all of those things that the world is fighting, are not errors at all; they are illusions. And then let us learn not to fight them, not to try to subdue them or overcome them, or even try to get rid of them. Let us learn to live in a beautiful state of peace, the peace that comes from the understanding of God as the only reality of being.

GOD, THE SUBSTANCE OF ALL FORM

Chapter: Good unfolding as the Activity of Individual Consciousness
Topic: *Consciousness Is Infinite In Scope*

1949

Never again think of Him as something afar off, something that has to be prayed to or pleased in any way. Think of God rather as the real substance of your being, the very center of your being into which you can reach in silence and bring forth a whole world of harmony, peace, and health.

Chapter: Nature of the Individual as Consciousness
Topic: *Experiencing God*

1949

God becomes the gentleness, the peacefulness of our being; and yet, there is the full realization that all this is still God appearing *as*.

LEAVE YOUR NETS

Chapter: Hidden Manna
Topic: *Hidden Manna*

1953 First Portland Class

37 1; 33:1

The whole import of the message of The Infinite Way could well be summed up in that term "hidden manna." Hidden manna! How like that expression is to that other statement of the Master's: "My peace I give unto you: not as the world giveth, give I unto you": not physical health or material wealth, a home or an automobile, not anything that the world give, but *My peace*. . . *My peace* is a state of peace that is experienced within, regardless of outside conditions, but which ultimately changes the outside conditions. . . *My peace* is an inflow and an outflow from within your own being, and so it is never dependent on anything: it is self-created, self-maintained, and self-sustained. My peace comes from a hidden spring within, and when it comes, the good that it brings will never leave you. . . This is the hidden manna; this is the meat to which the Master referred when he said, "I have meat to eat that ye know not of."

God can be attained only in one way: through a complete surrender of everything except the one desire to bask in that Grace that is sufficient unto you. Think what it would mean to have that Grace. Think what it would mean to have the peace of the Christ, the *My peace* that the Christ can give unto you, not the peace of the world, not health or money, not position, place, or power: only spiritual peace, Think what it would mean if you could desire only *My peace*, the Christ-peace, with no thought of what it would do or what it would get for you!

Chapter: The New Name
Topic: *The New Name*

1953 Second Seattle Class

33 2:1

You can continue your search for peace, and sometime or other you may stumble upon it or it may be brought to you. Or you can give up your search this very moment: you can give up your desire for good; you can give up all expectation of good this day; and you can rest back in your true name, in your divine sonship.

LIVING BETWEEN TWO WORLDS

Chapter: Choose You
Topic: *Choose To Carry A Benediction Wherever You Go*

1961 Hawaiian Village Open Or 1964 Portland Special

438:1 or 552:1

Carry in your consciousness a peace-be-still to the errors of the world. . . because the peace of God was not given to you for you. Instead you begin to realize, "This is God's peace and God's grace that I am to bestow."

Ask for nothing; seek nothing; abide within yourself in an expectancy of God's grace, God's love, peace, abundance and companionship. . . when you have the abundance of God, It appears outwardly in an infinite form that will bless you without cursing you. Your mind does not have to work because you are turning within only for the purpose of receptivity.

Chapter: The Power and Dominion
Topic: *Be A Benediction*

1964 Portland Special Class & 1964 Oahu/maui Series
552:2 or 549:2

As you go about your daily living, breathe silently, sacredly, secretly: "My peace I give unto you: not as the world giveth.' *My* peace, the Christ peace, give I unto thee. 'Let not your heart be troubled,' neither let it be afraid." Your function is to be a benediction so that wherever you travel you can bestow God's grace on those still in darkness.

Chapter: The World of Material and the World of Spiritual Discernment
Topic: *Spiritual Discernment Reveals Infinity*

1964 Oahu/maui Series
545:2

If we would benefit the world, we must forget about praying for peace on earth. . . we must look through appearances with the power of spiritual discernment and behold God's creation and God's government of man and of the earth including the weather and the climate.

LIVING BY THE WORD

Chapter: Let there be Light
Topic: *Attain The Center Within That The World May Know Peace*

1961 Waikiki Infinite Way Center 2:1&2
387

There is a center within each one of us in which is complete harmony, complete spiritual rest and peace, a complete Sabbath from this world. There is that center within each of us, and eventually in our meditation we reach it and actually sit in that center within our own being in an eternal peace, a divine state of peace. The storms of this world do not enter there. In that state of inner peace, we pray that this eternal peace at the center of our being—this eternal harmony, wholeness, completeness, and perfection—now may be made manifest on earth as it is within us. If we have within us this center of divine peace, rest, and Sabbath, and we meditate, it is only that we may be still and let this glory escape, so that all men may feel the divine presence and power that is at the center of our being and which we have realized.

We do not claim that we know how to heal disease, but we do know how to sit and realize the impotent nature of anything other than God's presence. "Thou couldest have no power at all against me, except it were given thee from above." There is no power in darkness; there is no power in the forms in which darkness appears: sin, disease, or lack. Therefore, we do not go into meditation to overcome these; we do not go into mediation to destroy any of the evils of this world. We go into meditation that we may realize: *I and the Father are one. Where I am, God is, and because of God's presence, there is peace, harmony, wholeness, and completeness. The place whereon I stand is holy ground, for in the presence of God there is the light of truth.*

Chapter: Scripture as a Way of Life
Topic: *Loving God Supremely*

1961 Maui Work 3:2; 1957 First Halekou Closed 4:2
391 or 190

In being confronted with any problem, whether our own or another's, let us have no resistance in our mind, no desire to refute, to deny, to overcome, to rise above, or to destroy—just that calm peace. Because we have acknowledged God as the only creative, maintaining, and sustaining Principle, we know there is no other power, so we need not invoke any power for any purpose. When we are in meditation and are not struggling with a problem, we are not then trying to overcome it, destroy it, or rise above it. If necessary, we are looking right at it and not even needing God, since we know that God already is. Then we are loving God with all our heart, because we are giving It utter supremacy and not acknowledging that there is something we want It to do something to.

Everything that is made is made from the substance of the Invisible, and all that exists within your consciousness and mine. The purpose of contemplation or meditation is the going within until, either through hearing the Word or feeling the Presence, we receive an inner assurance: *I am on the field. My grace is with you. I have meat within you sufficient unto every need. I can give you living waters, and you will never thirst again. My peace give I unto you.* As we receive this assurance within, our demonstration is complete in the without, and we have only to be beholders and watch how fulfillment takes place.

LIVING NOW

Chapter: Barriers to Spiritual Attainment
Topic: *Releasing Desire*

1963

Desire only peace in meditation.

Chapter: Living Divine Sonship
Topic: *Across The Desk*

1963

Consciously realize health supply happiness and peace in God.

LIVING THE ILLUMINED LIFE

Chapter: First Steps on the Path of Discipleship
Topic: *Give Yourself Wholeheartedly To The Search*

1962 Manchester Closed Class
491 1:1

In seeking God, we give ourselves—the entire fiber of our being, our entire attention, our entire longing—to that one end of knowing His presence, feeling His grace until it becomes of such intensity that our whole heart, soul, and mind are stayed on God. Then the peace that passes understanding comes as the fruitage of it.

LIVING THE INFINITE WAY

Chapter: Attaining the God-Experience
Topic:

It makes no difference whether you meditate on “What is God? What is prayer? What is health? What is employment?” So long as you meditate on some divine idea until you come to the end of that particular subject. Then you will find yourself at peace.

Chapter: meditation
Topic:

1954

The contemplation of God and the operation of God’s law keeps the mind continuously stayed of God. Quietly, gently, and peacefully, the student is observing God in action on earth as it is in heaven; he is beholding the very glories of God; he is praising God, acknowledging God; and he is bearing witness to the fact that God’s grace is his sufficiency.

To review the nature of God’s work on earth and to realize that there is an infinite Wisdom and a divine Love governing this universe will bring such a great feeling of peace that we may well wonder what could have given us concern.

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MAN WAS NOT BORN TO CRY

Chapter: Spiritual Dominion
Topic: *Dwelling In The Kingdom*

1959 Vancouver Open Class
272:1

If we decide that one hour is the measure of truth that we will take in, we can expect one twenty-fourth of a day of peace, joy, and love.

In The Infinite Way, we do not try to demonstrate peace: we demonstrate the conscious awareness of the presence of God, and as we gain that awareness, we find our peace, rest, contentment, abundance, allness.

To look for peace in another is not only to evade and avoid the issue: it is to prevent our own experience of peace. To look for justice, mercy or for gratitude in another is a mistake.

One of the very earliest revelations given to me was that it is not necessary for me to . . . give treatments to anyone: it is only necessary for me to find my own inner peace, and then the peace that I find, the awareness of harmony, wholeness, completeness, immediately becomes the experience of those turning to me for help.

OUR SPIRITUAL RESOURCES

Disregard the ominous international news because peace [has] already taken place. . . Even though it is a tangible experience in consciousness, the press cannot report this spiritual awakening because it is not yet visible in form.

Ultimately, the peace which has already been established in consciousness will be manifest on earth.

SEEK YE FIRST

When you are thinking in terms of world peace, you are not to think of the absence of war, of the overcoming of an enemy, or in terms of victory. You are to think in terms of God's government on earth—not good human government.

SHOWING FORTH THE PRESENCE OF GOD

If we turn to teachers, teachings, or books, it is only that they may be the bridge that we walk over to return to the spirit of God that is within us. . . We honor and respect the teacher, the teaching, and the book, but we worship only the God that dwells within us, until eventually we come, as St. Paul did, to the great realization, "Why, this is not my life at all. I could have found God on the first day of my search, had somebody only told me that this is not my life at all, but that God is living my life." In that awareness we relax and let it happen. We relax and receive God's wisdom, God's grace, God's peace. We can never really have any peace, wisdom, or grace of our own, and so it is better to surrender in the first place than in the last.

When we seek demonstrations on the outer plane, we seek amiss, and it is for this reason that we fail in the demonstration, because there is no such thing as a demonstration on the outer plane without the substance of which that demonstration is formed. That substance is always our inner peace or consciousness of truth. So the demonstration to be made, then, is not a condition on the outer plane; it is really a consciousness of truth on the inner plane.

"Thou wilt keep him in perfect peace, whose mind is stayed on thee." Instead of keeping our thoughts stayed on the problem, how to get rid of it, how to overcome it, or how to remove it, the perfect treatment is to keep the mind stayed on God. In so doing we are living and moving and having our being in God-consciousness. As we realize God as the very soul and substance of our being, the very fount of all good, omnipresence, omnipotence, and omniscience, the outer demonstration is taken care of by that consciousness of truth. The mistake we have made is in thinking we make the demonstration, instead of realizing it is God that performs these miracles—not man, not the prophets, saints, or seers. The prophets, saints, and seers keep their minds stayed on God. They live and move and have their being in the consciousness of God's presence and power, and that Consciousness brings forth the demonstration.

SPIRITUAL DISCERNMENT

Chapter: The Christ Kingdom
Topic: *Keep Truth Active*

1961 Canadian Special Class
433 3:2

What takes place within you consciously is what you demonstrate. You must know the truth if you are to be made free of the discords of the world, of its temptations, sins, unhappiness, and diseases. Consciously know that the spirit of God in you is the peace wherever you go, and the spirit of God in every individual you meet is the peace unto every situation. "My peace I give unto you."

Do not put your life, your safety, or your security in the hands of men, no matter who those men may be, nor in any combination of governments, no matter what it may be. . . Your safety, your security, and your peace must come forth from the Christ of God which is in the midst of man, and your recognition of this is what brings it into being. When you place your whole life and being—your health, wealth, and harmony—in the Christ of your being, you will have it forever. No man will take it from you.

Chapter: The Middle Path
Topic: *Words Or Statements Are Relative*

1953 First New York Practitioners' Class
46: 2:1,2

I do something about everything and about everybody brought to my consciousness, but not always the same thing. Sometimes it is necessary that I sit for a long time before what I have to do is accomplished. But at other times it may come instantaneously. Once I have realized the consciousness of the Absolute, then the healing takes place, but first I have to come to the point of realization. That can be called treatment, even if no human thought is involved. It is just a waiting until that beautiful sense of release and of peace comes. That is the attainment of the absolute, and it is in that attainment that the miracle takes place. You may ask if I gave a treatment or had a healing meditation. Sitting and waiting for the attainment of that Absolute even if I do not have a conscious thought is a treatment. I did something about it. I sat in expectancy, listened for the still, small voice, and waited for a realization of the presence of God.

SPIRITUAL POWER OF TRUTH

Chapter: A Harmonious Universe
Topic:

The function of the activity of Christ is to transform consciousness. The outer world is only a product, or the added things, of the change of consciousness. . . Instead of looking out and wondering what Truth will do for us or what this one or that one will do for us, if we are looking out in the sense of gratitude that we have a contribution to make in spiritual sharing, we have had a transformation of consciousness, and the product of that will be peace, and love, and gratitude. However, do you not see that this could not exist without a change of consciousness?

Your real work is not establishing peace on earth, not even establishing peace in your home. The work is really establishing a new state of consciousness within yourself and then watching that new state of consciousness appear as a harmonious universe.

THE 1954 INFINITE WAY LETTERS

Chapter: Attain The Mind

Topic: *What To Understand For Healing*

Spiritual consciousness is your consciousness and mine, when freed of personal sense, desires, and concepts of life. Spiritual consciousness is your consciousness and mine as we refuse to accept the concepts, fears, and hates of the world, and receive within the calm assurance and confidence which come with the realization of His Presence. In this consciousness there is a transcendental Stillness and Peace which truly "passeth understanding": there is an awareness which is itself the "Peace, be still," to all discords.

Chapter: The Realm of Spirit

Topic:

Heretofore our studies, prayers and meditations have been directed to rising above a sense of disease or discord, lack or incompleteness, but now we begin a new period in our experience of attaining and living a spiritual existence. Now we must *refuse to seek* health, abundance, peace and security, and we must use our understanding of prayer to rise above the harmonious physical sense of well-being, and to enter into the realm of Spirit, in which is only self-completeness and fulfillment, eternity and immortality.

THE ALTITUDE OF PRAYER

Chapter: Bringing Our Gift to the Altar

1956-1962

Topic: *Carrying The Christ-peace*

Walk the world with "The spiritual peace of God I give unto thee".

Chapter: Two or More Gathered Together

1956-1962

Topic: *Can A Room Become A Temple Of God*

Express joy, gratitude, peace, and sharing not for benefit of other person but as means of letting God through.

THE ART OF MEDITATION

Chapter: Meditation: The Practice

1956

Topic: *The Difficulties*

Many times in meditation we attain a sense of peace of harmony—the realization of the presence of the Christ. These are inspiring experiences, but we must be willing to give up even that deep peace and rise to the next higher level of consciousness in which the attaining of that peace is of no significance or importance whatsoever. Having realized the everpresence of the Christ, is it necessary to have any kind of an emotional reaction?

The moment we have a God-experience, that gentleness is there, that peace is there, that warmth is there; and with it comes a love toward everything in this world, a sense of companionship and joy in one another.

THE ART OF SPIRITUAL HEALING

Chapter: Spiritual Healing: The Role of Treatment

1956

Topic: *Developing A Healing Consciousness*

If the assurance did not come, I would sit down again and establish the peace until the feeling came that all was well.

Chapter: Spiritual healing: Without Words or Thoughts

1956

Topic: *Beyond Words And Thoughts*

Feel ourselves floating in God. . . a peace that is an aliveness, a tingling, we shall never want to sleep again.

THE EARLY YEARS (32-46)

What we need is a spiritual state of consciousness, which is developed by practice. . . This is dwelling every moment in the consciousness of love, joy, peace, harmony, and letting error go without giving it too much thought; without fear or concern, because without thought, fear, or concern error will vanish of its own nothingness. Human thought is the substance of disease and disaster. Therefore, when thought is withdrawn from a problem, it has no substance to support or sustain it. "Which of you by taking thought can add one cubit unto his stature?" Take thought off the so-called problem and the problem must go, because its only substance is the human thought of which it is formed. It may be either conscious or unconscious thought that causes and continues the appearance of discord.

Frequently students are found who have worked unsuccessfully for long periods to overcome some phase of physical, mental, or financial discord. Should these faithful ones but realize that the claim, regardless of the name or nature, is not theirs, is not their own belief or thought, but that the false belief, thought, or claim, is but a part of the vast mental illusion which is forever without mind to express it, and without law to enforce it, then even the most malicious or chronic condition will yield, "The peace that passeth understanding" comes with the realization that evil does not exist even as a claim or belief. When we come to the point of recognizing that the claim is not a part of our individual consciousness; that the belief is not our belief, in fact, that it is a belief without a believer, then we are on the high road to freedom from the erroneous manifestation.

In proportion as you live in the calm assurance of God as the only presence and power can you release yourself from mental argument. As conviction comes to you of man's relationship to God as God manifested, as life expressed, can you realize the harmony of being which knows no fear of sin or disease. Uppermost in thought must be the understanding that even that which appears to ignorant, illusive sense as error, is suggestion; that which is called accident, under action or overaction, is mirage or nothingness. Then, we do not attempt to heal, correct, improve, but we rest—yes, we rest in the certainty that "as in heaven, so on earth, God is omnipotent, supreme." Silence human thinking by learning to listen; by stilling the material senses with, "peace, be still."

The kingdom of God is that state of consciousness wherein all is peace and harmony. Therefore, when we have attained a sense of peace and harmony, we may know that we are in the kingdom of God, and that "all these things" are being added unto us: health, wealth, activity, business, wholeness, holiness, freedom, joy and eternal bliss. When we retire at night with a complete feeling of his presence in us—"in his holy temple"—then our rest cannot be invaded.

It is essential that you personally spend time on seeking a consciousness, or sense of peace, as well as reading and studying. If you will frequently retire to a corner, away from people, compose yourself, take your thought off human affairs, and seek a state of peace, a whole new life will open up to you. This is a gradual process, because human thought seeks to be active, to declare truths, to stop pain, to worry. And always it seeks to do these things through some form of mental activity! Cultivate moments of silence with a "peace, be still," or "be still, and know that I am God," or just "peace." The silence will result in a sense of calm and peace which will enable you to see the problem in its right light, and this consciousness will solve it for you.

It is more difficult to be silent than to declare truths, and for that reason more effort should be made to accomplish it. You may not at first see the good it has done for you, but you will bless the effort you have made to learn the joy and calm of "peace, be still." Jesus did not have to speak to the wind and waters; he merely sought the mental calm of his own thought and the waters reflected the calm of his consciousness.

Our work consists of getting a sense of harmony or at-one-ment and then letting this consciousness of peace do the work.

Chapter: Spiritual Healing

Topic:

Healing is not difficult when we once know that we are not trying to heal a body or improve man or change him, but that we are trying only to establish in our consciousness the awareness of the peace that is already there, awaiting our recognition. Then, let us take "peace, be still" for our Word, let us "seek peace" within us; let us realize the presence of peace in our consciousness. In the silence of the night when you are awake, realize peace within you. Peace is a great healer. Do not seek healing, seek peace; the healing is the "added thing."

Chapter: The Mind of Christ Jesus

Topic:

The consciousness we call Christ "takes no thought." The healing consciousness is a "peace, be still" to error of any name or nature, yet it acts in silence, and is expressed in quietness and confidence and peace. The mind that was in Christ Jesus does not deny or refute error, nor does it enter argument or discussion. It knows that no denial is necessary. It knows that God is not a power which one uses to destroy an evil power or presence, because it knows no evil power or presence exists; and in the presence of that which appears as sin, sickness, or death, it rests in the assurance of Christ as the only presence and as infinite perfection. Christ consciousness needs no mental or audible reminders of truth. Its presence is the "peace, be still."

Whatever form of error we have ever experienced is due only to the belief that we have a mind or life separate from God. The correction of this belief with the realization that God is our very mind, enables us to rest, to feel the peace that passeth understanding, and then harmony appears as naturally as light appears with the rising sun. The belief that our mind is other than God has resulted in prayers to some other mind, in "communing" or "contacting" a divine mind. Truth reveals that this divine mind is your mind, the one mind, the only mind, the universal mind, which is the mind of the individual. To rest in the consciousness of this truth is highest prayer. To know that God is the mind of the individual is to include the universe in your prayer.

Chapter: The Real Self

Topic:

Keep your vision on your true identity. Behold in truth your spiritual, incorporeal selfhood. You are a state of consciousness. It is consciousness that constitutes your being. There is nothing outside. This understanding of withinness is the truth that makes us free from the limiting senses. As we realize that we include within our being every spiritual idea, such as health, harmony, activity, home, companionship, joy, peace, dominion, freedom, we cease expecting them to come from some outside source or circumstance. As we learn that these qualities constitute our being, they unfold, or manifest, in our experience.

The greatest thought I know when problems seem to press is this: "I am." When I can say, "I am" then I know that nothing can be added to that which I am. "I am" indicates just what it says: "I am." "I am complete, harmonious, spiritual, well, successful, joyous, free; I am about my Father's business; I am in the secret place of the most High; I am the temple of the living God; I am the expression of God's being; I am life expressed; I am love reflected; I am the manifestation of the peace and power of God; I am perfect; that which I am seeking, I am. Over and over, I reassure myself that "I am." Not trying to be something, or to get something, or to heal something, but always consciously, joyously, knowing that I am it here and now. I embrace within my own consciousness all good. Create your world out of "I AM."

THE FOUNDATION OF MYSTICISM

Prayer is merely that inner quietness which comes from the assurance that there is a God, and therefore as long as there is a God there can be nothing wrong in the kingdom of God. Abiding in that inner assurance, a sense of peace envelops us, and that sense of peace dispels these pictures of sense.

The entire basis of our healing work—and please remember that disease of every name and nature is handled in this way, and so is every form of sin or false appetite, unemployment, marital relations, employer and employee relations, capital and labor relations—is to hold no one in judgment. If you cannot do that, you cannot bring about spiritual peace.

There is only one power, and if the Infinite Way is to perform a function in your life, it can only succeed if and to the degree you understand the nature of this carnal or mortal mind as a mental nothingness and illusion, a mental projection, a temptation, a belief, a suggestion, and then drop it. Drop it. Harmony comes into your experience, inner peace comes into your experience, in the realization of God as the only power so you can look out at the sins, diseases, deaths, lacks and limitations that are frightening this world and realize the only reason they're doing this is that they're being accepted as power. The only reason they're perpetuating themselves is that they are being feared and fought. I bring you back over and over again to the Master's teaching, "Resist not evil; put up your sword."

Try to understand the true nature of your mind and you'll be at peace forever. God gave us our mind as an instrument of awareness. With our mind we become aware of that which is. We go to school and learn that two times two is four. We don't make it so with our mind. We merely learn through the mind that it is so. . . But I don't use my mind to create anything. Do you understand that? I don't make my mind a creative power. I make it a state of awareness. With my mind I'm aware of your presence, but I can't make you present with my mind. That is one of the errors of metaphysics.

THE INFINITE WAY

Chapter: Wisdoms of the Infinite Way*
Topic: *(wisdoms Of The Infinite Way)*

1946

All must rise above the desire for peace, health, joy.

THE INFINITE WAY LETTERS 1955

Chapter: The Importance of Meditation
Topic: *Daily Inspiration*

1955

Our problem is at an end when we have felt this inner peace.

My peace is a state of peace that has in it no thought of humanhood or human values.

THE INFINITE WAY LETTERS 1956

Chapter: The Part We Play
Topic: *Seeking Within Reveals The Nature Of Prayer*

1956

For just as the sun expresses itself as light and warmth, so does God express Itself as harmony, wholeness, completeness, perfection, dominion, power, joy, and peace.

THE INFINITE WAY LETTERS 1957

Chapter: January: Out of Darkness
Topic: *Meditating To Achieve A Consciousness Awareness Of The Presence Of God*

1956

Before you get out of bed in the morning, spend at least five minutes in reaching the center of your own being, in feeling at peace with your inner self.

It is that deep peace, that stillness within, that becomes evident as supply in your experience.

Whenever any problem whatsoever is brought to our consciousness, we go into meditation until His peace descends upon us and His Spirit is brought into activity in the situation or in the person.

THE INFINITE WAY LETTERS 1958

As long as there is a belief in two powers, you will never know what it is to find your eternal peace.

When the sacred and secret name of God—the *I*—has been revealed to you, you have the Word. The fruitage of that Word is the grace of God—peace, joy, harmony, and abundance.

THE INFINITE WAY LETTERS 1959

The world finds rest and relaxation in movies, television, radio, sports, music, and mystery stories, but even though those on the spiritual path may enjoy such diversions occasionally, they cannot find rest or peace in them.

The demonstration of things and conditions is not our work: Our work is attaining that inner awareness, that inner stillness and peace, and then letting it perform its work.

THE JOURNEY BACK TO THE FATHER'S HOUSE

God has given me spiritual dominion over all that exists, and more especially do I have dominion over my mind and over my body. My mind must not be permitted to think any thoughts that it wishes; it must not be permitted to think any thoughts that are inflicted upon it by "man, whose breath is in his nostrils." My mind must be subject to God. Through my God-given dominion, I say to my mind: "Mind, peace, be still. Receive your wisdom from God. Receive God's peace and God's grace. Peace be unto you, my mind; God's peace be unto you, my mind; God's grace enrich you, my mind; God's life and God's love be with you, my mind. God governs you; man cannot dominate you." My mind is under the jurisdiction of God. My mind is subject to the laws of God, and because of the dominion that God has given me over my mind, I can say to my mind, "Peace, be still; God's grace, God's love, God's wisdom be with you. Receive your life from God, your wisdom from God, your eternity, your immortality, and your sanity from God. The grace of God is your sufficiency. God's dominion, through me, reaches my mind."

"In thy presence is fullness of joy." Where is God's presence? Here. Then right here is the "fullness of joy." Could there be fullness of joy if there were not fullness of health, fullness of supply, fullness of happy relationships, and fullness of all good? Of course not. Then right here is the fullness of spiritual peace and harmony and glory, not your glory or mine: God's glory, right here. Here is God's glory fulfilled, not by virtue of your praying for it but by virtue of God's nature to fulfill Itself here.

You may even feel good to know that there is no power against which to use God, nevertheless tomorrow, when you are facing the appearances of life, there will be that old temptation to reach out for God, to want God to do something to some evil. You have to train yourself to realize: "No, God, I released You last night. You go ahead and fulfill Yourself. You are about Your own business, and I know that there is nothing in heaven or on earth for which I need any power that is not already functioning. . . All the power necessary to maintain my life is already at work, and all I have to do is to acknowledge it. Acknowledge that God is fulfilling Himself. God's nature is to fulfill Himself as peace on earth and the divine grace in my life. I do not pray for grace; I do not ask for grace: I acknowledge grace as God's means of fulfilling Himself on earth. God's means of fulfilling Himself on earth is the power of grace. When I acknowledge that and let myself be receptive, I will find It functioning in my life.

Chapter: Spiritual Preparation for Peace

1963-64 Christmas–new Year's Message

Topic: *Loosing The Christ Into Human Consciousness*

536

What is my method of awakening you to spiritual awareness? First, I meditate. I meditate in order to bring myself to the realization that within me is the kingdom of God, the Christ, the spirit of God, the son of God, or the presence and power of God so that I and my Father are consciously one. . . This same presence is within you. God in the midst of you is mighty, the spirit of God within you. . . With that recognition, I become still—no more thoughts, no more words, as I let the peace of God descend upon me. I let His spirit bear witness with my spirit that this is truth. I remain for as long as I can in inner stillness, inner quietness—no thoughts, no words—that the spirit of God Himself may bear witness with my spirit and yours. Sooner or later, whether it happens the first time or the hundredth and first time, I feel an answering response within me, a weight dropping off my shoulders, an inner peace, and then I know that His spirit has registered.

Chapter: The spiritual kingdom made tangible

1962 Holland 1:2

Topic: *Practice Necessary To See Through Appearances*

499

Now I have learned that I must no longer fear appearances, no longer desire to change appearances. Now I must just sit back and rejoice. God, spirit, is omnipresence. and there is nothing out here to be changed, to be removed, to be healed, to be reformed. Out here is merely a world of appearances, sometimes good and sometimes bad, but I can ignore them both, because I know that the kingdom of God is within me, and the kingdom of God is spirit, the kingdom of God is life eternal. The Master said, "My peace I give unto you: not as the world giveth, give I unto you," Therefore, I am not looking out here to this appearance-world to get peace. I am not looking out here to change appearances to get my peace. I let my peace unfold from within my own being, and it changes my world out here.

Chapter: Unconditioning the Mind

1961 New York Special Class 1:2

Topic: *Through Contemplation Of "my Peace," We Reach Another Realm*

427

This peace "which passeth all understanding" is in the kingdom of God, and therefore, it is also within me. I am not coming to you for truth, Father. I am not coming for the change of any circumstance or condition in my life. I have overcome the world and the desire for anything in this world. Now I am seeking Thy peace. Thy grace, God's grace, is my sufficiency. So I ask not for supply, for safety, or for security. I ask just for Thy grace. What is this "Thy grace" that is the sufficiency in all things?

THE MYSTICAL I

Chapter: An Act of worship and the fruitage

1964 London Studio Class

Topic: *The Power Is Not In Words But In Consciousness*

563: 1&2

God is individual consciousness. That is why we sit in silence with a listening ear, without words and without thoughts, in the presence of the *I* that I am. Out of that still consciousness comes the Word that is power. . . Learn to sit in an attitude of respect, love, and gratitude before the door of your own consciousness. . . Do you not see that *I* can enter only as you settle into this peaceful, quiet listening before the door of your own consciousness?

THE ONLY FREEDOM

Chapter: A Purified Consciousness

1955 Capetown Series

Topic: *Recognizing The Glory Of God Omnipresent*

708 3:1 709 4:1

If we persist in living in the world of duality and calling some things good and some things bad, then that bread which we have cast upon the waters returns to us. Instead we retire to our own consciousness, look out at this world and say, "I withdraw all labels from you. I no longer see you as good or evil. I see you as of God. and I see God's goodness permeating you. I see God's goodness upholding and sustaining you. I see the law of God keeping you in perfect peace. I do not put labels of good or evil on you. No good or evil emanates from my consciousness, only the vision of God's spiritual" perfection, maintaining a spiritual universe in eternal glory, having no glory of its own but showing forth God's glory, God's handiwork. "The heavens declare the glory of God; and the firmament sheweth his handywork."

Chapter: Progressive Unfoldment

1955 Capetown Series

Topic: *Affirmations Of Truth Or Reminders?*

709 4:1

The statement, "Thou wilt keep him in perfect peace, whose mind is stayed on thee," should never be used as an affirmation, but rather to call our attention to the need for obedience to it. So, knowing that, I do not need the statement anymore. What I need now is to keep my thought stayed on God, to act out that quotation by actually keeping thought stayed on God and not on the statement.

Chapter: Surrendering the Human Sense of Health, Supply, and Peace

1955 Capetown Series

Topic: *Becoming Dehypnotized*

709 4:2

Let not our concern be for home or companionship. Let our concern be that at least three times a day we find occasion to sit in quietness, in calmness, in peace, until we feel that surging of the Spirit within us. That is what must be our concern. That must be our demonstration, for "where the spirit of the Lord is, there is liberty," there is freedom from hypnosis, there is freedom from sin, freedom from loneliness, freedom from desire, freedom from fear.

THE THUNDER OF SILENCE

Chapter: From Law To Grace

1956-58

Topic: *The Still Small Voice*

There is only one enemy—the universal belief that material and mental force can control this world. The enemies confronting us today are not a threatened epidemic of disease, not a devastating condition of weather or climate, not impending economic disaster, nor destructive war: All these are but part and parcel of the belief in material and mental powers. . . and anything that exists in our mind as an objective thing is not power. Let us never fear an image in our mind whether that image is a person, a disease, even a bomb. That still small Voice in the midst of us is mightier than all of these, and if we can become so silent that that Voice can utter Itself—even if only as a deep breath or sense of peace or warmth—this earth will be filled with the voice of God and the belief in two powers will be silenced.

"The battle is not yours. . . stand ye still, and see the salvation of the Lord." This standing still is not only a refraining from physical and mental power, but from spiritual power as well—a complete relaxing in an ocean of peace. . . The enemy destroys itself and disappears out of our experience—evaporates and dissolves—whether that enemy is a fever, a person, a nation. We need not fight or struggle with it or with him: We need only be still. We are aligned with a power that is not a power; we are achieving victory without force. We do not even use spiritual force, but our stillness permits spiritual force to use us. Ours is a refraining from power in a Silence which thunders: "I am God; therefore, you be still and rest, for I will be with you unto the end of the world. You rest, relax, and be silent."

The only effective and potent weapon against the powers that would destroy the world both physically and mentally is the Silence which comes of the conviction that there is a Something that created this universe and is responsible for maintaining it unto eternity—it is the ability to relax in Silence and let that Something perform Its function. In that Silence we find Allness. In that quietness and confidence, we find our strength and peace. That is our Sabbath, the complete and perfect universe of the first chapter of Genesis in which we rest from all power. . . Rumbblings of the thunder of the deep Silence of *My* peace reverberate and increase in power until eventually they break every barrier. The mighty noise of the Silence grows in volume until its thunder rends asunder the veils of illusion and God stands revealed in all His majesty, glory, and peace.

We begin to feel this inner peace that is known as realization.

If we sit in a complete quiet in the thundering Silence, and keep our "mind stayed on Thee," eventually we arrive at a place where thoughts do not come any more and, in a few moments, we begin to feel this inner peace that is known as realization.

Chapter: From the Unreal to the Real

1956-58

Topic: *As We Forgive*

A heart that is entertaining any judgment of his fellow man is not a heart at peace.

When we realize that the problem presenting itself to us is not a God-created spiritual entity, but a mental concept without cause or reality—without presence, power, or substance—then in the realization of God as the creative, maintaining, and sustaining Principle of all that truly is, we already have all the God-power needed, without turning to God to do anything about it. It is not necessary to overcome hate, fear, jealousy, or resentment, but it is necessary to sit down, close the eyes, and realize, "These are mental images in thought. These are projected states of thought out of the vast mental illusion. Then by abiding in an inner peace, they are dissolved. They are not destroyed because there is nothing to be destroyed; there is no substance to them and they have no more reality than the pictures on our television screen.