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## BEYOND WORDS AND THOUGHTS

Chapter: Thou Shalt Not Make Unto Thee Any Graven Image  
Topic: *The Miracle*

1963 Kailua Private Class  
518:1 or 517:2

When anyone asks me for help, can you understand that the first thing that takes place in me is that my mind stops functioning, and I stop thinking? I think no thoughts of truth. I listen, and that lets the presence and power of God through to the patient; whereas the moment I try to think a thought, even of truth, then I am trying to make thought a power. . . It is the presence and power of God that does the work. Sometimes I know what it is; sometimes it comes through in a message; but ninety-nine times out of a hundred I never know.

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## CONSCIOUS UNION WITH GOD

Chapter: States And Stages of Consciousness  
Topic: *Living By My Spirit*

1947

Take no thought means you're not governed by your own limited sense of mind.

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## CONSCIOUSNESS IN TRANSITION

Chapter: Making the Adjustment  
Topic:

1948

You cannot sit down and take thought. You cannot give yourself a treatment, even for supply. You see how radical this is and why it is natural that with only one week of it, we are not yet all in agreement in understanding the drastic approach that is given here?

Chapter: Opening Consciousness to Truth  
Topic:

1948

Ultimately, you will come to that place where you will not take a single thought when you sit down to help anyone or even to help yourself. You may remind yourself, of course, that there is no place where Lake Erie ends and Niagara Falls begins, no place where God ends and you begin. "All of the Godhead is pouring forth as me; all that the Father hath is mine; all of the wisdom, all of the knowledge, all that I need to know, is omnipresent as my very own consciousness. With a few little reminders like that, and, "Speak, Father, for thy servant heareth" and "Here am I, waiting for the still small voice. . ." until gradually that sense of peace comes and you just stay there in that peace until the click comes, and then you are through.

Chapter: Questions and Answers  
Topic:

1948

We could take a stand right now that, "All that the Father hath is mine," and that "Never again do I have to take thought for supply." We could take that stand right now and demonstrate it! But most of us won't. Most of us are going to still be a little bit worried about next month's bills and we are going to take thought about this or that or the other thing; and to the degree that we take thought, we are violating our understanding, aren't we? To that degree, then, there will have been a period of suffering, though we do ultimately get there, and that's what happened to Joseph.

Chapter: States and Stages of Consciousness  
Topic:

1948

Here is the point: even on the highest level of [mental] practice, it is against the teaching of the Christ! The Christ says to take no thought for your life, or for your supply, or for your clothing. It goes on and gives you the whole list of what not to ask for, tells you why, and ends up in this wonderful way: "Your heavenly Father knoweth what things ye have need of, and it is his good pleasure to give you the kingdom!"

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## CONSCIOUSNESS IS WHAT I AM

Our responsibility is to be still and let Omnipresence flow. We need not take thought or plan anything; we just live whatever flows through, which will be every quality of God. Why? Because that is what we are entertaining in consciousness: God. We do not have to think thoughts of generosity, forgiveness, or abundance. We have only to abide in Omnipresence, Omniscience, and Omnipotence, and when we do that we lose all capacity for anything but God, and God flows through. We find ourselves being loving, generous, kind, and pure, but we have not had to take thought about it.

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## CONSCIOUSNESS TRANSFORMED

Mystically you have to change your life to one of inner awareness so that you are attuned to whatever it is that is God's will for you, God's plan. That is all that God is going to perfect in your life—not what you wish or desire, but that which is appointed for you. Then you do not have to take thought for the success of any mission, business, or activity in which you may be engaged.

The Infinite Way reveals that thought is not power. Then why take thought? Now the time is here to take the way of *I*. When you take this *way*, you become a beholder of God in action, a beholder of your life as it unfolds.

I do not have to do anything after I have recognized my divine sonship. I take no thought for externalized living. I now allow the hidden manna to come into expression.

It is only when you realize, "God is my own consciousness," that all of a sudden the shoulders relax and you breathe a deep sigh and say, "Oh! There is no reason to take thought any more. My consciousness knows all about me and all about my needs." Yes, consciousness knows all about your needs, even on the physical level.

The development of spiritual consciousness begins when we release all concepts of God in the recognition that the *I* that is seeking God is God. Then when we sit down in meditation, we take no thought for any condition of the world or any person of the world and become a state of receptivity as if to hear that still small voice. . . Watch that you do not have concepts of God, not even up there in your mind, because this is a projection of an image, which is idolatry. Become free of all concepts of God so you can truthfully say inwardly, "I do not have a God."

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## CONSCIOUSNESS UNFOLDING

You do not have to be concerned about demonstrating anything after tonight. You do not have to take thought, or give yourself a treatment for supply. From now on your treatment is: "I and the Father are one, and all that the Father hath is mine!"

Begin now to change your old basis of treatment. If necessary, do it drastically; do it by forcing yourself to take no thought.

We take no thought for anything external. Our entire thought is on contacting this infinite Being, this infinite Reality, this divine Presence that is within us.

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## **GOD, THE SUBSTANCE OF ALL FORM**

Gain the consciousness that “your Father knoweth that ye have need of these things,” so that every time you are tempted to take thought about next year’s work, house, or food, you will be reminded that “It is your Father’s good pleasure to give you the kingdom.” Ask yourself: “Am I living in this consciousness of ‘taking no thought’?”

God’s thoughts are not your thoughts, so why take thought at all?

*There is no need to take thought for tomorrow, since each minute of every day, I am receiving an impulse to do that which should be done at the moment. There is no obstruction because there is nothing in my thought to bar the flow of this divine Impulse. There is no hesitancy or indecision because there is no feeling that through my human ingenuity I have to do something. Therefore, in this state of realization, I become a transparency for the divine Impulse, and It keeps unfolding throughout all time.*

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## **LEAVE YOUR NETS**

How gloriously could the great teaching of the Master, "Take no thought for your life," be fulfilled if at this moment you could accept the truth that the visible part of you is connected with an invisible link called Christ, and that that invisible link is completely one with the Father, so that all that the Father has is flowing to you, the branch, through your Christhood.

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## **LIVING BY GRACE**

Our ultimate goal must be to live in God, through God, and as God. Otherwise, how could the Master have revealed, "Take no thought for your life."? It is to be lived by every Word of God that we receive in our consciousness. There is always a sufficiency of God's Grace present for this moment. Therefore, we only have to be still in this moment to receive a sufficiency of Grace for this moment.

Christ is not a man; Christ is the Spirit of God in you. You need take no thought for your life or for what you shall eat or drink or wherewithal you shall be clothed. You need only to turn within, and when you hear the words: "I will never leave thee nor forsake thee," or when you have the feeling of "My peace I give unto thee," your healing has been accomplished your sins have been forgiven.

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## **MAN WAS NOT BORN TO CRY**

The idea is to take no thought for the form of supply, for the form of demonstration, but rather take thought for the substance.

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## SEEK YE FIRST

Chapter: We cannot solve a problem on the level of the problem

Topic: *Take Thought For The Kingdom Within*

Not only are you to turn from [the problem] to that inner kingdom, but you are commanded to take no thought for your life, what you will eat, drink, or how you will be clothed. For example, I ask for your help, and immediately you must remember that you are to take no thought for my life or for my health. What are you to take thought for? Jesus tells you very plainly: "Seek ye the kingdom of God." Then, because you have ignored my life, you will find that the harmony of my being will be added unto me. If I have asked you for help for supply, you must ignore that, too. You must take no thought for what I am to eat, or what I am to drink, or wherewithal I am to be clothed. No thought! No matter how hungry I appear to be or how homeless or how ragged, take no thought for these things, but seek the kingdom of God. Go right back in your consciousness to the kingdom of God. The Son of God has lived since "before Abraham was" and will live unto the end of the world, and always there has been and is Something that is providing for the Son of God.

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## SHOWING FORTH THE PRESENCE OF GOD

Chapter: The True Demonstration

Topic: *Keep The Mind Stayed On God*

1951 Second Portland Series

601 1:1

"Thou wilt keep him in perfect peace, whose mind is stayed on thee." Instead of keeping our thoughts stayed on the problem, how to get rid of it, how to overcome it, or how to remove it, the perfect treatment is to keep the mind stayed on God. In so doing we are living and moving and having our being in God-consciousness. As we realize God as the very soul and substance of our being, the very fount of all good, omnipresence, omnipotence, and omniscience, the outer demonstration is taken care of by that consciousness of truth. The mistake we have made is in thinking we make the demonstration, instead of realizing it is God that performs these miracles—not man, not the prophets, saints, or seers. The prophets, saints, and seers keep their minds stayed on God. They live and move and have their being in the consciousness of God's presence and power, and that Consciousness brings forth the demonstration.

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## SPIRITUAL POWER OF TRUTH

Chapter: God's Grace Is Yours

Topic:

The moment that *I* voices Itself in there, you know that *I* is not man—*I* is God. Now you relax and rest in that *I* that I am. Now you do not have to take thought for your life, what you shall eat or what you shall drink, or wherewithal you shall be clothed. Now you rest, and life begins to be lived out from within yourself. Then it is that you find you are a benediction to all who come within range of your thought. It is not because you are walking around blessing anybody but because, as you look at them, you are realizing that *I* at the center of their being, and you cannot help it. There, a smile comes to you when you stop to think. "You do not know it, but *I* know it. The Kingdom of God Is within you."

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## THE ART OF MEDITATION

Chapter: Meditation: The Fruits

Topic: *Illumination, Communion, And Union*

1956

When illumination comes, we no longer need anything found in the outer world. Everything and everyone become part of our being. Never again is it necessary to take thought, because now God lives our life.

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## THE ART OF SPIRITUAL HEALING

You will take no thought for what he shall eat of what he shall drink or what his health shall be. You will merely sit there, knowing that your mind is an avenue of receptivity. Receptive to what? Receptive to the still small voice, to that which is called God, that which is the Soul of man.

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### THE EARLY YEARS (32-46)

Chapter: The Mind of Christ Jesus  
Topic:

The consciousness we call Christ "takes no thought." The healing consciousness is a "peace, be still" to error of any name or nature, yet it acts in silence, and is expressed in quietness and confidence and peace. The mind that was in Christ Jesus does not deny or refute error, nor does it enter argument or discussion. It knows that no denial is necessary. It knows that God is not a power which one uses to destroy an evil power or presence, because it knows no evil power or presence exists; and in the presence of that which appears as sin, sickness, or death, it rests in the assurance of Christ as the only presence and as infinite perfection. Christ consciousness needs no mental or audible reminders of truth. Its presence is the "peace, be still."

Chapter: The Principles of Christian Science  
Topic:

Now comes the question: "How are we to acquire this consciousness of good?" See what Jesus says about this! "Take no thought for your life, what ye shall eat, or what ye shall drink; nor yet for your body what ye shall put on." Whenever a need appears, whether for supply or health, instead of sitting down to "work" about it, we should refuse to entertain it in thought and hold to the consciousness of the truth that we exist as consciousness embodying all good, to which nothing can be added and from which nothing can be taken.

Chapter: The Realm of Soul  
Topic:

Jesus said, "My kingdom is not of this world." Then, is it not necessary that we enter his "kingdom"? His "kingdom" is clearly not a mental one, because he taught that we are to "take no thought"; that taking thought will not add anything to us nor lead us into life and its harmonies. His "kingdom" is the realm of Soul, of inspiration and communion, a constant receptivity to good.

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### THE INFINITE WAY LETTERS 1956

Chapter: The Demonstration of God  
Topic: *The Demonstration Of God*

1956

[Jesus] taught that we should take no thought for our lives, and so we must be ever watchful of what we desire.

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### THE INFINITE WAY LETTERS 1959

Chapter: January: Individual Responsibility  
Topic: *Live The Principles Of The Infinite Way*

1959

*I need take no thought for my life, because there is a Something concerning Itself about me, a Something whose pleasure it is to give me the kingdom.*

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### THE JOURNEY BACK TO THE FATHER'S HOUSE

The first great lesson on the spiritual path is that although we appear outwardly to be separate persons with separate interests, and humanly we live our life in that way, on the spiritual path we learn that this is not true. There is in the midst of us an invisible tree, the tree of life. . . The life of the tree flowing through us is our real life. In that way we lose concern about our life. We need take no thought for our life because the life of the tree is our life, and It is doing all of the taking thought. It is concerning Itself for us. It knows our need before we do, and it is Its good pleasure to give us the kingdom. Always we see this invisible vine, with which we are one, and therefore, there really is not any you or any me to take thought for, because the only you or I there is, is the life of the tree. There is no separate life from the tree. There is the one life flowing as the individual life of you and me.

We learn that there is a kingdom that is not of this world, that there is something far beyond health, something far beyond wealth, something far beyond happiness; something far beyond wealth, something far beyond happiness; but we are not going to experience it while we are merely trying to exchange one type of physical condition for another. It is only when we begin to take no thought for our life, for our food, clothing, or shelter, that we begin to realize that there is a spiritual kingdom, which is not of this world.

We let this mind be in us "which was also in Christ Jesus," but we do not let thoughts of this world intrude into our mind, not even thoughts of improving this world. We let the mind that was in Christ Jesus be in us, and It will function. It will give us the new melodies we may be looking for, the new ideas, the new principles, the new discoveries, or the new inventions. It will provide shelters, high towers, hiding places in Him. Only we must take no thought for the things of this world, and let the Christ within us give us light. While we are taking no thought, this presence of God within us will speak, will reveal and empower us.

When we no longer take thought for the things of this world and are abiding in His grace, the necessary food appears, the clothing, the harmony, the friends, or whatever is necessary in the human world, even if "the ravens" have to bring it, even if the poor "widow" has to share it. In one way or another, all things appear, but now without taking thought. No longer are we in the kingdom of this world: now we are in the kingdom of His grace; we are living in His presence, and there is no room in the mind for matter, no desire for matter, material things, material activities, or degrees of matter. This has all disappeared.

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## THE LETTERS '32-'46

Christ consciousness takes no thought.

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## THE MYSTICAL I

You can almost feel that great, great area of Consciousness behind you, pushing and pushing, sending Itself forth into expression through your consciousness, as your consciousness, as the Word, as the still small voice, over and over repeating, "*I am come that you might have life. I am come that you might have.*" Take no thought for your life. *I am come.*"

Take all the thought you wish in doing your work correctly. . . about being neighborly. . . about praying for your enemies. . . about forgiving seventy times seven, but take no thought for your own life, for this is the function of the *I* that dwells in you.

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## THE ONLY FREEDOM

Chapter: Starting the Mystical Life  
Topic: *Speak Only From The Spirit*

1957 Kailua Advanced Class  
181 3:1

Our study is primarily to enable us to achieve a state of consciousness in which or through which we can receive that Word. . . This state of consciousness is developed, not minute by minute, not hour by hour, but second by second. Only those who practice to the extent that they would not think of crossing a doorsill—going in or going out—without waiting for that one second, just to prepare thought for the inflow; only those who never eat or drink without that momentary pause for the Word, before even the food is taken in, only those who never undertake even marketing, buying, selling, moving, or traveling without that pause that really refreshes will receive the Word that comes into consciousness and renews. That pause gives a whole fresh inner life, inner vigor, a renewed activity of soul, of mind, and of body. Never undertake anything, not even your day's housework or your day's business without that pause that gives God the opportunity to come into expression.

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## THE THUNDER OF SILENCE

Chapter: From Law To Grace  
Topic: *When Ye Pray*

1956-58

Regardless of how painful or difficult it may be at first to go to God without a word or a thought, a direction, a hope, a fear, or an ambition, this emptiness of self is worth achieving even if it takes time. When we reach that point, we shall find what a glorious thing it is not to have to plan our day or our next year, and yet at the same time be assured that every day of the year will be a day of fulfillment because it is God's day, and we have nothing to do with it except to be beholders of God at work. That which divinely decreed us to do it will fulfill it. He fulfills the days and He fulfills the nights as long as we are empty enough of words and are not injecting some human thought conceived in our mind.

Chapter: From the Unreal to the Real  
Topic: *Resist Not*

1956-58

It is possible for us to rise above the law of cause and effect but only when the world's weapons have been given up, only when our life is lived not by bread alone but by every word that proceeds out of the mouth of God. When we are not thinking of food or money or climate or any effect as constituting our security and when we realize that our real life is sustained by the word of God, we are living the spiritual life with no dependence on human beings, on human investments, or human positions—not throwing them away or casting them out of our life, but realizing that they are the added things in life, part of God's grace made manifest, and therefore there is no thought whatsoever of fear should they be taken from us.