A MESSAGE FOR THE AGES

Chapter: Christ-consciousness as a Universal Experience 1963 London Work; Instructions; Kailua Private Class Topic: God's Grace Is Given To Us To Show Forth The Fruitage 526, 512, 520

Topic. God s Grace is Given to Us to snow Form the Frantage 520, 512,

God's grace brought us to this message that we might show forth the fruitage of Christ-consciousness and thereby be instruments for establishing It on earth.

A PARENTHESIS IN ETERNITY

Chapter: Attaining The Mystical Consciousness

Topic: Self-surrender

The Spirit of God is ever-present to lift us up out of our every infirmity, but it has to have a human consciousness to use as an instrument.

Chapter: The Basis of Mysticism Topic: *Reality And Illusion*

Miracles can be performed by the person who does not try to heal disease and who understands that he is but the instrument of God, that God constitutes individual being, and that any appearance to the contrary is illusory, a picture in the mind, without spiritual substance, spiritual cause, spiritual law, and without spiritual entity or identity.

The Infinite Way teachers that a person must never say "I am God" because it is not true. No human being is God. . . We are the instruments, the witnesses to God's word, and that word is *I*.

AWAKENING MYSTICAL CONSCIOUSNESS

Chapter: Releasing Spiritual Power 1962 London Special Class

Topic: Purifying Our State Of Consciousness 494:1&2

The spiritually endowed do not receive: they are the instruments through which God's grace is given.

Chapter: The Mystic and Healing 1958 Second Sydney/ Melbourne Closed Class

Topic:

Spiritual discernment. . . requires a greater devotion than would be necessary in trying to learn a new language or to play a musical instrument.

BEYOND WORDS AND THOUGHTS

Chapter: Beyond the Pairs of Opposites to Being 1963 Kailua Private Class

Topic: Become An Instrument As Which God Is Living On Earth 522:2

Until you stop being either good or bad, you are not going to show forth the kingdom of God or the son of God which you are. Goodness and badness are illusions brought on by a human sense of what constitutes good and bad. Both goodness and badness have to come to an end until you are neither good nor bad: you are just the instrument as which God is living on earth.

Chapter: Building a Consciousness of Grace
Topic: Restoring The Mind To Its Proper Function

517:1

Always remember in your treatment work not to be concerned if thoughts do not come. Do not be concerned if no truth comes to you. You are not the actor; you are not the healer; the concern is not yours. You are relaxing yourself into Grace, and Grace is going to do the work: you are merely going to be the instrument of Grace. . . Do not struggle to know the truth, do not strive to give advice. Be still! *I* within you am God, so just be still and let *I* be God, and relax in the Grace that realizes law is not power. The law of mind is not power; the law of beliefs is not power. *Grace reveals nonpower!*

1

Chapter: His Rain Falls 1963 Kailua Private Class

Topic: Karmic Law On A National Level

You must open yourself to receive spiritual impartations through the new consciousness that you have developed. In that consciousness, karma is surmounted because there is no longer any sowing, and therefore, no longer any reaping. You are no longer the doer: you are the instrument as which God is performing His mighty works.

CONSCIOUS UNION WITH GOD

Chapter: The Basis of Spiritual Healing 1947 Metaphysical Notes

Topic: The Basis Of Spiritual Healing

Human thinking a product of a mind unaware of being the instrument of God.

CONSCIOUSNESS IS WHAT I AM

Chapter: Christ As the Consciousness of Mankind

1969 L

Topic: Spiritual Pioneers

God's grace does not bring anyone to a message of this nature for his good alone. God's grace does not work that way. God's grace brings us to a spiritual teaching that we may show forth the fruitage of Christ-consciousness and be instruments for establishing it on earth.

Chapter: Invisible Life Fulfills Itself Tangibly and Visibly

1969 L

Topic: Consciousness Externalizes As Form

When Consciousness gives us a work to do, It gives us that work not in order that we may be fulfilled, but that It may be fulfilled. It does not give it to us to do as a sacrifice on our part or to make things easy for someone else at our expense. Always the reason is fulfillment, and what we do as the instrument of that divine consciousness automatically fulfills us.

Chapter: Mind Is a Transparency
1962 London Special Class
Topic: Healing Through A Mind Imbued With Truth
496:1

As long as I acknowledge an *I*, my Self, as long as I acknowledge an invisible and incorporeal mind as my instrument, which I keep filled with truth, if there is anything wrong with my brain or my body, it will be corrected. How? I know the truth in and through my mind, and that truth which I know in my mind becomes the very essence and substance of my body, because mind is the substance of the physical sense of body. . . Therefore, whatever I impart to my mind, the body shows forth.

We also have a mind, a beautiful instrument, a beautiful transparency, and it will accept anything we give it. Let us keep it filled with one Power, so that with every appearance of two powers, we are holding that truth in our mind and saying, "No, I accept God, Spirit, as the only Power.

A change takes place in our life when we accept the one universal mind as a pure instrument, a reflector of what we hold in consciousness.

CONSCIOUSNESS TRANSFORMED

Chapter: Access to Infinity 1964

Topic:

The whole secret of the spiritual life is to know that you have access to infinity through your own consciousness and then go within sufficiently often to let the flow appear. . . and then be careful never to personalize it and think you have become good or that you have become spiritual. Remember you have become an instrument or a transparency for an infinite, universal grace. . . You can increase the flow by realizing it as an infinite grace flowing universally. Like the tree that is showing forth God's grace, this does not glorify us. It lets us stand still and show forth God's glory. . . And so it is that this reconciles us to God, and thereby fulfills us.

Chapter: Becoming the new man 1963

Topic:

What we surrender, we have; what we hold in the grasp of possession we lose. Everything we release, we draw to us. . . because life—God—is an outflow, and only as we are letting the grace of God flow through us are we instruments of the divine.

Chapter: Discovering the Soul

Topic:

The purpose of man is to show forth the nature of God. Originally man was intended to be the instrument through which, or as which, God lived on earth. This is the meaning of the incarnation

Chapter: prayer of the righteous man: God is September 1963

Topic:

There must be an absolute conviction within you that your prayers are not going to save anyone, that your prayers are not power, but rather that your prayers are the instrument through which God's presence and God's power be released to govern mankind.

Chapter: relationship of oneness-2 3/10/63

Topic:

If I ever claim The Infinite Way as mine, not only would I lose it, but it might be that even the world would lose it in this generation. No, it is not mine. It was God expressing Itself in the language necessary to this age, and I was fortunate enough to be the instrument that voiced it.

Chapter: Silence! Stillness! Quietness!

Topic:

In the original book *The Infinite Way*, from the First through the Ninth Edition, I paid lip service to metaphysical belief by occasionally using the word Mind with a capital "M" as a synonym for God. As you know I took it out with the Tenth edition. . . The mind of man can be used for either good or evil. . . so you see mind could never be God, and God could never be mind. [Neither is the mind] an instrument through which you could reach God. That, too, was a mistake. If God could reach you through the mind, or if you could reach God through the mind, everyone would have access to God. . . Since access to God must be through the Soul, it can only be through silence, stillness, quietness. Then in the moment that ye think not, the bridegroom cometh.

Chapter: the source 1963

Topic:

The only reason you were ever created was that God would have an instrument on earth through whom to pour Its qualities. You were not born to be subjected to anything or anyone.

Chapter: The tree of life 3/17/63

Topic:
Humanly we have no relationship with each other, but spiritually there is this bond. When you see it in this

Humanly we have no relationship with each other, but spiritually there is this bond. When you see it in this way, you never receive anything from anyone without heartfelt thanks to them as an instrument, but neither do you forget to look further and see that it came to you by virtue of the spiritual bond.

CONSCIOUSNESS UNFOLDING

Chapter: The Principle 1949

Topic: Becoming Instruments For The Divine Plan

You become an instrument of the divine plan in proportion as you accept the call that comes to you from within

GOD, THE SUBSTANCE OF ALL FORM

Chapter: Developing a Healing Consciousness
Topic: Business As An Activity Of Consciousness

1949

You must *consciously* realize each day that business is an activity of God operating through the instrument of the one mind and is, therefore, an ever present activity of my mind. . Only as I associate my business with God's business, does it become individually expressed, harmoniously and joyously evident.

Every time there is a claim or belief of discordant activity in the body, whether inaction, underaction, or overaction, there is only one answer: All action is God-action. Mind, as an instrument of God, is the only actor, the only action, and body merely reflects that action.

Remember, mind is the only instrument of action, and therefore, we do not treat the action, itself. Our treatment is the realization of the truth that all action is the activity of consciousness.

Chapter: Individual Unfoldment of Consciousness

1949

Topic: *The Infinite Way And Other Teachings*What we have to do is not to examine our of

What we have to do is not to examine our own thought to see what wrong thinking we have been doing, but rather see to what extent we are accepting universal beliefs and realize that all universal beliefs are mesmeric suggestions and that our mind, the one and only mind there is, cannot be used as an instrument to mesmerize or to be mesmerized. Thus we withdraw power from that false sense and gain the consciousness of one Power and one Presence.

Chapter: Nature of the Individual as Consciousness

1949

Topic: Consciousness Unfolding As Form

When you begin to realize yourself as consciousness [and] God as the very fiber of your being. . . you will look out upon this world and see everything as a formation of that consciousness, and, therefore, as an instrument of God, not of evil.

When [carnal mind] is imbued with spiritual wisdom, when it begins to draw on infinity, [it] is no longer the human fleshly mind. It is still expressing as individual mind, but it is no longer a planning, plotting, reasoning, scheming, thinking mind. It is a state of receptivity, an instrument of divine Intelligence, always guided along the right way and in the right path.

Chapter: The Last Enemy

1949

Topic: Progression Or Retrogression

Some individuals reach such a level of spiritual consciousness that they are in full awareness of their true identity and understand that the physical body, so called, is not they, is not of itself a living intelligence, but that it is a vehicle or an instrument through through which they appear as form.

It is in this very body that immortality must be experienced—this very body which we are now using as our instrument. We shall not lose our body, but we will lose our false sense of body and come into the realization of the true nature of body.

LEAVE YOUR NETS

Chapter: Awake Thou That Sleepest Topic: Awake Thou That Sleepest

1953 Second Seattle Class

35 4:1

You are but the instrument through which the Christ is finding entrance into human consciousness.

Chapter: Hidden Manna 1953 First Portland Class
Topic: Hidden Manna 37 1; 33:1

And so if you are listening for *My* still voice, if you are resting in *My* everlasting arms, if you are relaxing in *Me*, if you are letting every word that proceedeth out of *My* mouth feed you, : maintain and sustain you, you will never die. . . Believe that there is a Presence, whose only function is to bless you, to be a benediction to you, and to be the instrument of God's grace. Trust It. "Put not your trust in princes" —believe only in God. Do not live by bread any longer, at least not by bread alone, but by every word, every promise of Scripture which must be fulfilled in you: "Whither thou goest, I will go . . . To him that overcometh will I give to eat of the hidden manna." That manna is hidden within you. It is invisible to the world, unknowable to common sense, incomprehensible to human beings. It is hidden from the world. Where is it hidden? In the depths of your own being.

Chapter: Open Out a Way

Topic: Open Out A Way

1960 Washington Dc Class; 1953 Second Seattle
330 1:2; 32 1:2

The son of God is he who understands that he is that avenue, instrument, or vehicle through which the infinite nature of God's being is pouring Itself. It is he who knows that the Father is glorified in his bringing forth much fruit: not getting it from somebody, but bringing it forth from within his own being.

LIVING BETWEEN TWO WORLDS

Chapter: The Consciousness of Omnipresence 1964 Oahu/maui Series

Topic: Consciousness Is The Source And Substance Of Life 547:2

Once we have touched that higher realm of consciousness, we discover that it is not the muscles that keep us erect: it is consciousness. Consciousness enables us to stand erect, using the muscles as instruments.

LIVING BY GRACE

Chapter: God, The Source and Substance Topic: The Practitioner as Vine

The Father is *always* the Source from which universal good flows. That is why I say that it is not the love or understanding of your practitioner that will help you. It is the love and understanding of God, flowing through your practitioner as the vine, that will help you. When you function as teacher or practitioner, it is not your love and understanding that will help anyone. It is God's Love. You are merely the avenue through which it flows. We are all only instruments used by the Father to show forth His glory and His Grace.

God is the revelator, the actor, the doer, the be-er. It is God who knows, understands, imparts, and receives. God is the only activity. Therefore, we can be only the instrument for God's work, God's labor, and God's Love; the only success there can be is God's Success, not ours. "I can of my own self do nothing, The Father does the work."

A new concept came. To all appearances, I did beautifully with it, and things seemed to be working out wonderfully well. Then one day came the realization, "I've made the same mistake again! What I thought was Truth is not." I went through that process several times. The latest one was terrible. It lasted three days, and I went through about as much hell as one man can take... The thought came, "Well, God, this is a failure. No doubt about that! But look what a grand and glorious failure! I have spent thirty years getting to this point of failure. I've really given my heart, my soul, my energy, every ounce of me to this failure!" A great sense of relief and peace came to me, and with that sense of peace came this message: *You were doomed to failure from the very beginning. The more you realize that, the closer you will come to Truth.* That was astonishing! Now it was evident that my failure was in believing that I had the power to succeed or fail, when all I could ever be was an instrument for the power of the Divine. God alone is the principle of life. The only success that can come in this world is God's success.

Chapter: The Christ Ministry

Topic: The Fruitage of God-Realization

We our own selves can do nothing. We can only become the instruments through which the Spirit of God moves upon the face of the globe. We become instruments through which the Spirit of God reaches the ankles of the crippled man, the eyes of the blind, the ears of the deaf. We become the instruments through which God utters His Voice and the Spirit of God performs the healing and the redemption. We ourselves are not healers. No man or woman on earth can heal. Even Peter and John acknowledged this when they said: *Ye men of Israel, why marvel ye at this? or why look ye so earnestly on us, as though by our own power or holiness we had made this man walk? (Acts 3: 12)*

LIVING NOW

Chapter: Barriers to Spiritual Attainment 1963

Topic: Losing Fear Of Effects

Power not in money but supply, money is an instrument or form of supply.

Chapter: God-Endowed Dominion 1963

Topic: Recognize The God In Everyone

Man is not a creator but is the instrument through which creation appears.

Chapter: The Nature of Consciousness 1963

Topic: Your Spiritual Destiny

You were created to be an instrument on earth through whom God could pour Its qualities.

LIVING THE ILLUMINED LIFE

Chapter: Building the Transcendental Consciousness 1961 Manchester Special Class

Topic: Rising Above Sowing And Reaping 413 2:2

Each day let us be sure to realize that whatever of a negative nature is still in our consciousness is not ours: it is impersonal; it is of the carnal mind; and therefore, it can produce no evil, and also realize that whatever of good is in our consciousness is not our good: it is God's good. When we do this, we are dying daily to ourselves, we are coming out from under the law because now we are not sowing evil and we are not sowing good. Therefore, we will not reap evil and we will not reap good. Now we will neither sow nor reap: we will be the instruments of God's grace. As long as there is a sowing and a reaping, there is an "I" doing it, but the moment we are no longer sowing or reaping there is only God shining through.

When we sit down to meditate . . . instead of letting the mind keep going around and around over these problems, we turn from them, knowing that we have the capacity to govern the mind because it is our instrument: My mind is not a battleground for the belief in two powers: my mind is an avenue through which the I of my being flows. As the pure unconditioned mind, it is untouched by carnal thought and is an open door for the outpouring of the beauty and truth of God's kingdom from the eternal Source within my being. . . The constant pressures of this world bring moments to all of us when it seems that there is more than one Power, and at such times we must be alert to this temptation. Instead of capitulating to the temptation, we take possession of our mind and put it in its proper place as our instrument, subject to our direction, our servant rather than our master. The following two chapters from the writings should help you do this: "Dominion Over Mind, Body, and Purse," Our Spiritual Resources; "Unconditioned Mind," The Thunder of Silence

MAN WAS NOT BORN TO CRY

Chapter: Awake 1962
Topic:

Man originally was intended to be the instrument through which, or as which, God lives on earth. This is the meaning of incarnation—God incarnated as, or in, individual man.

Chapter: The Power to Become the Son of God

Topic: Placing Power In Form Or Effect Is The Error

The heart, the lungs, or some other organ of the body. . . cannot do or be anything but an instrument for *I*.

OUR SPIRITUAL RESOURCES

Chapter: Dominion over Mind, body, and Purse

Topic: Dominion Over Mind, Body, And Purse

1960

1962

Treatment means consciously knowing the truth and applying the principles of truth through the instrument of the mind, and the first step is to establish yourself in your true identity as *I*, that *I* which has dominion over mind and body.

The mind is the instrument which you use for thinking or reasoning purposes or for any purpose of awareness, and it is through your mind that you are able to judge and make decisions.

SEEK YE FIRST

Chapter: The Inner Kingdom
Topic: God Prays In Us

1962 Los Angeles Center Open Class
458 1:2

Every day, at least once, inwardly let us raise our hands, as if we were holding them over the whole world and letting God's grace flow through us to this world. We are doing nothing of our own account: we are letting

ourselves be the instrument, It is as if these hands were up over the globe, and from these hands went forth God's grace and God's blessing to all who are receptive and responsive.

Chapter: The Spiritual Goal

1962 London Closed Class

Chapter: The Spiritual Goal 1962 London Closed Class
Topic: The Experience, Not Words 488 2:2

Every day, at least once, inwardly let us raise our hands, as if we were holding them over the whole world and letting God's grace flow through us to this world. We are doing nothing of our own account: we are letting ourselves be the instrument, It is as if these hands were up over the globe, and from these hands went forth God's grace and God's blessing to all who are receptive and responsive.

Chapter: We cannot solve a problem on the level of the problem

Topic: Reing An Instrument Through Which God Gives

In the spiritual life there is no such thing as getting. You do not come to a spiritual teaching to get anything, because if you do, you will end being disappointed. There is nothing to get. You come to a spiritual teaching to give, and eventually you will see that there is no other function in the spiritual life than giving. There is no such thing as receiving: there is only giving; there is only being an instrument through which God gives, God expresses, God lives. The moment you think in terms of getting, you are thinking in terms of humanhood, and then you are no longer in the kingdom of God. You are down to this world again, trying to improve it. That has no function in the spiritual life.

In the spiritual life there is no such thing as getting. You do not come to a spiritual teaching to get anything, because if you do, you will end being disappointed. There is nothing to get. You come to a spiritual teaching to give, and eventually you will see that there is no other function in the spiritual life than giving. There is no such thing as receiving: there is only giving; there is only being an instrument through which God gives, God expresses, God lives. The moment you think in terms of getting, you are thinking in terms of humanhood, and then you are no longer in the kingdom of God. You are down to this world again, trying to improve it. That has no function in the spiritual life.

SHOWING FORTH THE PRESENCE OF GOD

Chapter: God alone is Power
Topic: God's Glory Made Manifest

You are not to fight disease in the body: you are to recognize and submit your body to God. The heavens declare the glory of God: they do not declare their own glory; the heavens do not say, "We are beautiful"; the stars do not say, "Look how we shine." It is God's glory that is being shown forth through the heavens; it is God's glory that is being shown forth through the firmament; it is God's glory that is being made manifest in your body as health, wisdom, guidance, and direction. . . As you recognize that, you give up the thought of good coming to you, health coming to you, or wealth coming to you, and realize that you are the instrument through which these flow. You are God's instrument. It is you who show forth His handiwork, when you have withdrawn from your consciousness this world belief in two powers: a God and a devil, an immortal and a mortal, a good and an evil. These exist on earth in human consciousness because of the basic belief in two powers. Give up the belief in two powers, and you have only one power, and it is in the invisible. Then everything in the visible shows forth God's handiwork, reflects it, or expresses it. Everything—your mind, your soul, your body—can show forth God's glory once you realize the infinite and omnipresent nature of God within your own being.

You are the instrument but only by listening and listening. Then divine grace takes over, and that grace does not fight evil, sin, or disease. It just lives Its own life and never finds opposition, just as God finds no opposition. There is no opposite to the Infinite. There is no opposition to Infinity. There is nothing existing outside of Infinity if Infinity is infinite. Within that Infinity, all is of the nature of the Divine.

Until you consciously reject the belief in two powers, you will have a power out here to act upon the body, able to make it sick or well or to make it age. When you reject that suggestion, your body loses its power to become sick, and it loses it power to age. It becomes an instrument for life eternal. It becomes an instrument for the showing forth of God's glory.

Chapter: God, the Substance of Universal Being

1951 Second Portland Series

Topic: Your World, An Expression Of Your State Of Consciousness

601 1:2

The truth is, there is no error in your consciousness. There is not a sign or a trace of sin, disease, or lack in your consciousness, because God is the only consciousness there is. God is the only consciousness that man has, and mind is its instrument. Therefore, the only expression that can come forth from it is infinite good. Some of you will say, Oh, but look at this world of lack and limitation, sin and disease." Yes, look at it, and you will see the fruitage of the belief that you have a separate mind, will, and consciousness of your own.

Chapter: The Substance of all Good
Topic: *How Truth Becomes Practical*

1951 Second Portland Series

602 1:2

It changes our life completely and sometimes instantaneously when we learn to live for the purpose of letting the qualities and activities of God flow through, rather than always seeking to get something. When we understand that we have no righteousness of our own, no wealth of our own to give or bestow, that nothing exists that is a personal possession, then we are instruments for the Divine, instruments through which the one life flows, the one infinite abundance, the one wealth, all of God. "The earth is the Lord's, and the fulness thereof." . There is nothing we have in our pocket that belongs to us. There is nothing that we have in the bank that belongs to us. . We are instruments for [God's] expression. We are vehicles, servants to the

SPIRITUAL DISCERNMENT

universe. We serve it as it serves us. There is no such thing as personal possessions in a spiritual universe.

Chapter: Immortality Unveiled

Topic: Spiritual Life Is A Dependence On The Within

486: 1:2

A practitioner or a teacher in this work who has really been touched by the Spirit knows that he is not in a business: he is functioning only as an instrument to bring forth on earth the activity of God's grace which does not appear on earth except through individual consciousness.

SPIRITUAL POWER OF TRUTH

Chapter: Not Good OR Evil

Topic:

When you have seen that God Is my Life, again you have died to the selfhood called age—the running down and failure of faculties. Never try to treat you or me for health or age or wealth. Recognize the Infinite Invisible as the only age or health or wealth of man, of the capacities of man, mental or physical. You see, the body itself has no capacity. It is an instrument; but it is an instrument for your belief or for your knowledge. You can make it an instrument of belief by asking how old, and what size, and what its degree of health is. Then the body will show forth every belief in the world. Now on the other hand, you can make a spiritual instrument of your body by saying, "God Is its strength, its age, the measure of its capacity. I can do all things through Christ which strengthens me." There is not a word about muscles and bones. "I can do all things through Christ which Is my own strength and life. I can bring forth wisdom, art, music, and literature through Christ, which Is my Spirituality or artistic capacity."

Never try to treat you or me for health or age or wealth. Recognize the Infinite Invisible as the only age or health or wealth of man, of the capacities of man, mental or physical. You see, the body itself has no capacity. It is an instrument; but it is an instrument for your belief or for your knowledge. You can make it an instrument of belief by asking how old, and what size, and what its degree of health is. Then the body will show forth every belief in the world.

Chapter: Universal Hypnotism

Topic:

I am consciously One with God and all that the Father hath is mine, and only that which Is of the Father is mine. I am an instrument through which God appears on earth. There is no "me"; that which you identify as me is God appearing *as* me. It is the Life of God, the Soul of God, the Mind of God, the Reality of God, the Allness of God, made individually manifest.

How often it happens that a patient says, "My trouble is sensuality," or the practitioner says, "I've discerned that you're too sensual." Now you see, that just pins it onto the individual and makes healing an impossibility. If you do detect those things, then it's only a sign that this individual is being handled by that subliminal perception, that universal or carnal mind, in that way. Then realize that this is an attribute of nothingness, or the carnal mind. It cannot use the Child of God as an avenue, as a channel, or as an instrument, because it's a nothingness itself—no presence, no power, no law to sustain any such thing.

Recognizing the fact that a human being is only a human being because the carnal mind is pumping itself into them and through them, and is being accepted as a power, you know how to die daily to your humanhood: that is, by being very sure in the morning, and certainly at night before sleeping, that the so-called theories, opinions, beliefs—the whole of the carnal mind—are not a power. The carnal mind has no avenue of expression, no law to sustain it or maintain it. I am One with God. I and my Father Are One, and the qualities of God constitute my qualities. I am an instrument and an avenue through which, and as which, God appears on earth. The Intelligence of God, and the Love of God, and the Wisdom of God, and the Grace of God—all of this finds expression in me, through me, as me, to all of this world, for I and the Father are One!

THE ALTITUDE OF PRAYER

Chapter: Let The Spirit Bear Witness 1968 L

Topic: Stay In The City

In prayer God knows you are making the mind an instrument through which His grace reaches your consciousness.

THE ART OF MEDITATION

Chapter: Meditation: The Experience 1956

Topic: Fear Not

Believe that there is a presence at the center of your being whose only function is to bless, to be a benediction, and to be the instrument of My grace. Trust Me; believe only in Me; fear not.

Spiritual man rests in his conscious oneness with God and lets the infinity of good manifest: never does he seek, desire, or want; he stands and serves. The more of a transparency for the Christ we are, the more of a servant we become. We serve as an instrument through which the Father feeds His flock. We become the avenue through which the infinite spiritual good of the divine Source pours forth into visible expression.

Men and women have assumed that because they were fathers and mothers they were originators, instead of knowing that they are the instruments through which God acts to express Himself–not to perpetuate you or me, or my children or your children. God operates as love in our consciousness to produce His own image and likeness. This expression of God we have called your child and mine, forgetting that this is *God's* child, and not a personal creation or a personal possession.

Chapter: Meditation: The Fruits

Topic: Illumination, Communion, And Union

Eventually, a transitional point is reached in which a radical change takes place. We no longer live our own life; Christ lives our life for us and through us; we become nothing more no less than an instrument for this divine Activity; we have no will of our own; we have no desires of our own; we go when and where we are sent; we have no supply of our own; we do not even have health of our own. God is living Its life as us.

Chapter: Meditation: The Practice 1956

Topic: The Indissoluble Union

I, the Son, am but the instrument for *I*, the Father.

When we recognize that we are but the instruments for [Infinity's] entrance into human consciousness, then we carry with us the spiritual, holy atmosphere of the allness of God within our very being.

Chapter: The Fruits 1956

Topic: The Fruits Of Spirit

Every phase of harmony, whether it is goodness or good health, is a quality, an activity, and a law of God. When we recognize God as the essence of all good, we become instruments for the expression of a universal sense of good.

There is no limit to what *the Christ* can perform through a human being in twenty-four hours. The Christ does not measure Its activity in terms of individual capacity. It operates through Its capacity, for which we are but the instruments.

Everyone has the full capacity of the Godhead, and in proportion to the stillness and quietness of the thinking, reasoning mind does infinity flow through into expression. Both mind and body are instruments of God. Just as we use the arm and hand for writing, so does God use our minds and bodies for making Itself visible and tangible in human experience.

THE ART OF SPIRITUAL HEALING

Chapter: Spiritual Healing: The Practice 1956

Topic: Spiritual Unfoldment - Not Human Birth Or Death

Parents are the instruments through which God operates to bring His children to earth.

Chapter: Spiritual Healing: The Principles
Topic: The Language Of Spiritual Healing

Begin to understand that the nature of your being is God, the nature of your Soul is God, the nature of your mind is God, and the nature of your body is the temple of God. Your very body is the temple of the living God: Stop condemning it; stop hating it; stop fearing it. Your mind is an instrument through which God, Truth, can flow: Do not condemn your mind and do not call it a bad mind or a mortal mind or a material mind. There are no such minds; there is only one mind and that mind is an instrument of God. When you stop condemning your mind, you will find that your mind is a clear transparency for the Soul.

Chapter: Spiritual Healing: The Role of Treatment

1956

Topic: Practical Instructions To Workers

The mind of every individual is an instrument through which God functions

No beliefs operate in the mind which is the instrument of Consciousness, or God.

THE CONTEMPLATIVE LIFE

Chapter: Steps on the path of Illumination

1959-1961

Topic: Gaining Freedom From Material And Mental Laws

No one has ever been able to use a law of God: one can be used by the law of God; he can be a servant of the law of God; he can be an instrument through which God works, but he cannot use God.

THE FOUNDATION OF MYSTICISM

Chapter: living the healing principles

1959

Topic: Questions And Answers: Revelation Of Scripture

Certainly there are times when we are the instruments through which evil manifests, and if we aren't, somebody else is. But that doesn't make us evil. That just makes us ignorant of how to protect ourselves from that mesmeric influence. . . Regardless of what we witness any person doing, it is possible for us to realize: "I know that it isn't you; it is the carnal mind. Wake up. Do not permit yourself to be an instrument of evil. You have the capacity to refuse it."

Try to understand the true nature of your mind and you'll be at peace forever. God gave us our mind as an instrument of awareness. With our mind we become aware of that which is. We go to school and learn that two times two is four. We don't make it so with our mind. We merely learn through the mind that it is so. . . But I don't use my mind to create anything. Do you understand that? I don't make my mind a creative power. I make it a state of awareness. With my mind I'm aware of your presence, but I can't make you present with my mind. That is one of the errors of metaphysics.

The principles that are embodied in these writings are not mine. I did not make them up; I did not dream them up. They came to me in consciousness, and therefore they are not mine. They should be made available to anyone, anywhere, at any time, who can accept them, receive them, and respond to them. And that's the way it is. By having no organization, no memberships, no obligations, those who are led to these writings may embody them to whatever degree they wish and still maintain their freedom. In this way you will eventually find what we are already beginning to witness: that these very principles are being accepted as truth in many religious fields and ultimately will become embodied in the religions of the world. And I feel that's far better than putting a barrier around the message and saying it belongs to me, and wanting either cash or credit for it. I don't. I am happy to be an instrument through which this has happened, and it brings far more joy than any glory or money could.

THE INFINITE WAY LETTERS 1955

Chapter: Higher Views of God, Prayer and The Self 1955

Topic: Conscious Union With God

We must become still and let the human mind become the instrument through which God Mind expresses itself

Chapter: The Deep Pool of Your Being 1955 Kailua Study Group

Topic: Consciousness Expresses Itself

We are merely instruments of that unfolding consciousness.

THE INFINITE WAY LETTERS 1956

Chapter: Neither Good Nor Evil

Topic: Judge Not According To The Appearance, But Judge Righteous Judgment

The body. . . is but an instrument for your belief or knowledge, whereby you can either show forth every human belief of age. . . or the true vision of immortality.

THE INFINITE WAY LETTERS 1958

Chapter: February: Problems Aren't Problems Anymore

1955 Kailua Study Group

Topic: Welcome Problems As Opportunities

129:1&2

117:2

We still use the word "I" too much, believing that "I" can do something, whereas "I" is but the instrument through which infinite Intelligence and divine Love function.

Chapter: June: Security through God-Realization

Topic: Mind Is An Instrument

The mind was not given to us for the purpose of creating something, but as an instrument by which we can become aware of the wonders and glories of this universe.

THE INFINITE WAY LETTERS 1959

Chapter: August: Conscious Dominion

1951 Second Portland Class

Topic: Spiritual Selectivity In Relationships

602: 1&2

I know now that no person has the will or the power to do evil, and when an individual appears to be the instrument for evil that is but the carnal mind.

Chapter: December: Christhood

1953 Second New York Practitioner's Class

Topic: The Descent Of The Holy Spirit

54:2

At the moment of the conception and birth of the Christ in you. . . the mind takes on its proper function as an instrument to be used, just as you use your body as a vehicle for your expression and activity.

Chapter: July: Spiritual Freedom

1959

Topic: Achieving Freedom By Non-Resistance

When you battle a problem, you are fighting it with your mind; and therefore, you are making of your mind a power, instead of using it as an instrument.

Chapter: November: Prayer and Treatment through the Spirit

1959 Halekou Special Class

Topic: The Fruitage Of An Attained State Of God- Consciousness

252:1

When you are the instrument for a healing, for you to try to separate that healing from the activity of your consciousness is to set up a God separate and apart from you.

THE JOURNEY BACK TO THE FATHER'S HOUSE

Chapter: Special lesson on Healing work Topic: *Mind As An Instrument*

Mind is not a power. Not only is the mind not a synonym for God, it is not an infinite power; it is not even a tiny little bit of power; it is not any power at all. Mind is an instrument, and nothing more nor less than an instrument. It is absolutely nothing more nor less than an instrument. It is absolutely it has no qualities of good or evil; it is just an instrument given to me for my use, to you for your use. . . What a change takes place in your life from the moment that you accept this one universal mind as a pure instrument, a reflector of what you hold in consciousness.

Chapter: The Function of the Christ in Us

1962 Holland Class 1:1

Topic: The Christ Is In Man To Bless All Mankind

499

We must give up this belief that God planted the Christ in us just for our special benefit. The function of the Christ in man is to bless mankind, to raise up those who are still in sin, those who are still in disease, those who are still in death, those who are still in lack. This is the function of the Christ in us and in every person who is awakened to Its presence. . . As we contemplate the Christ in us, let us remember that the Christ that lives our life has not been given to us for our picayune little satisfaction, health, or life. The Christ has been given to us that we may be transparencies for God, that we may show forth God's glory on earth. That is why the Christ is in us: to show forth God's glory in healing, in forgiving, in redeeming, in supplying. We open ourselves to the Christ-activity by inviting the world, not outwardly through advertising, but spiritually within, inviting the world to our spiritual household, inviting this world to come and eat and drink, letting this world come and be healed through the inner realization: *Thank You, Father, I know why the Christ is here in. me. I am willing for It to function. I am willing to be the instrument to heal, to feed, to forgive, and to redeem all whom Thou sendest me.*

Chapter: The Temple
Topic: *The Mind, A Receptive Instrument*

1962 Holland Closed Class 2:1

500

The mind at all times is prepared to receive truth if it is fed with truth, just as the mind is prepared to receive a lie. The mind is ready at any time to accept what you feed it: a false belief, a false appetite, a false teaching. The mind cannot resist what you pour Into it. It is merely an instrument.

Mind is not a power. Mind has no power for good or for evil. Mind is a receiving and a transmitting instrument.

THE ONLY FREEDOM

Chapter: A Message for the New Year

1962-3 Princess Kaiulani Open Class

Topic: From Being A Branch To Being The Tree

474 / 1:2

Regardless of how the Christ announces Itself, you will know by the fruitage in your life, by your change of base, by the fact that you are no longer a receiver: you are a giver. You are the instrument of God's giving, a transparency through which God appears as harmony on earth.

Chapter: God Realized

1957 Kailua Advanced Class

Topic: Importance Of Maintaining God-awareness

179 1:2

The day comes when, after we have been called to this work and have been the instrument for a thousand or two thousand healings, we are living in such a state of consciousness, of God-realization, that we will not have to sit down with every call that comes to get a specific answer because we are more or less living in that state of awareness all the time. We have to go back into meditation only when the claims come that are of such a deep and persistent nature that they do not yield readily to our attained state of consciousness, and we may have to sit down and spend hours and sometimes days and nights in meditation.

Chapter: Surrendering the Human Sense of Health, Supply, and Peace

Topic: Becoming Dehypnotized

181 3:2

Human beings live in fear of their body and in fear of the dollar or its absence. Only in proportion as we recognize that hypnotism is doing that, do we become free from the mesmerism, and to every such fear respond with, "Well, who said that you had to worry about this body? This body is a wonderful instrument of God. Let it alone, and God will take care of it. Do not be afraid of it. It cannot do anything to you. If a finger drops off, you will still go on, or if your whole body drops off, you will go on and you will form a new one, and a new one, and a new one. "

THE THUNDER OF SILENCE

Chapter: From Darkness to Light

1956-58

Topic: Karmic Law

If our relationship to one another is pure, we want nothing from anyone but the opportunity to work, share, or in some way be an instrument of blessing to our other Self. In return, we ask for nothing. The opportunity of sharing, loving, and cooperating is enough because all that the Father has is ours, and the Father has means of bringing our supply to us without our desiring it or asking for it.

Chapter: From Law To Grace 1956-58

Topic: I Say Unto You

Had we been taught from the beginning the lesson that the Master has so plainly given us of our true relationship to God—that it is not our life that is being lived but God's life; it is not our strength that is being used, but His strength; it is not our understanding or supply that is infinite but His; and that we are but the instruments through which pours His life forth to glorify Himself—we would long ago have realized that it is our function to live, not as ailing, aging human beings, but as the image and likeness of God, drawing upon God for our daily wisdom, strength, and supply.

But when we do anything of a good nature and do it openly, there is first of all the implication that we are doing it, which is not true since God is the author of all good works and we are at best instruments or transparencies through which God's grace is appearing. Moreover, subconsciously we want others to be aware of our good works and to praise, admire, or thank us for our generosity and philanthropy as if we of ourselves were good.

Our purpose is to be the transparency through which the Light-not we-performs Its mighty works to be the instrument through which the Divine can manifest and express Itself on earth as It does in heaven. We are never the doer; we are never the actor: We are always the vacuum through which Spirit flows. Let us never for a moment believe that by our spiritual endowments we will ever attain personal or spiritual power. There is no room in spiritual living for egotism or for the exercise of personal power. God does not give His power to another. God does give His glory to another. The power, the glory, and the dominion always remain in God; and we are but instruments, humble servants or transparencies, through which that Light may shine.

Chapter: From the Unreal to the Real 1956-58

Topic: Henceforth Know We No Man After The Flesh

There is no good or evil in my body. . . it is just an instrument for the *I*.

I was called to my own father's side when he lay in an oxygen tent and, according to the physicians in attendance, was on his deathbed. I stood there with no words of wisdom that could change this appearance into health; I stood there just as anyone would stand in front of his own father in such a situation—but with this difference: I knew that if God uttered His voice, the earth would melt. Standing there, watching my father breathing through that apparatus, the words came, "Man does not live by breath alone." In less than five minutes, he signaled for the nurse to take the instrument away, and two days later he was out of the hospital.

Few people recognize that because [the mind] is an instrument of God, it should be perfectly harmonious. There is no reason why the body should deteriorate or lose its faculties, and it appears so only because man has not yet learned how to prevent such changes and maintain the body so that it is a proper and effective instrument for daily use. This can be done by realizing that the mind also is an instrument and, too, has its rightful place in our human experience. . . The mind is an instrument for something higher than itself, and that something is the one Self. When we come to the point where the mind is governed by the Self, we will be embraced in a peace that passes understanding. Then we do not control the body or the mind, but the activity of Truth in our consciousness, of which we become aware through the mind, keeps the mind clear, clean, harmonious, and vital; and it in its turn manages, controls, and governs the body, acting as the purifying agent of both mind and body.

Mind functions as thought; mind appears as thing; and on this level, mind is the essence of creation as described in the second and third chapters of Genesis. Therefore, if matter is mind, a process of mind can change the product, matter. Mind—your mind and my mind—imbued with spiritual truth becomes the instrument through which God appears, in and through which God manifests, and God appearing becomes the body of our outer world. . . Therefore, never do we live in a material world with material surroundings because God, Itself—Truth in your consciousness and my consciousness—is the very substance and essence of your world. When God, or Soul becomes the activity of the mind and appears as form, then all form is spiritual and can be multiplied. . . but it can be multiplied only because it is not matter.

We look at the creations of God through the instrument of the mind, and the forms we see take on the color and complexion of the mind interpreting them. When a person comes to us and says, "I have a diseased body" or "I have a sick mind" or "I have an empty pocketbook," he is beholding creation through limited, finite, material sense; but if we ignore what the person is seeing, feeling, and experiencing and realize that our mind is but an interpreter and if we can become sufficiently still so that the true picture can register, then out of the Silence we may hear, "Thou art my Child, my beloved child, in whom I am well pleased" or "This very place is the kingdom of God" or "All that I have is thine." In other words, there comes an assurance from within that the scene, as mortal sense interprets it, is incorrect; and in the Silence what is actually there is revealed to us.

Correctly understood, mind is an instrument of God, created by God. Therefore, mind itself is an effect, just as the product of mind is an effect. It is not a cause; it is an effect. God, Soul, Spirit alone is cause, and both mind and body are effects.

As troubled people bring their problems to us, if we are able to see the person or condition as neither good nor evil, sick nor well, rich nor poor, that is, see him without judgment, we then no longer have a carnal mind, but are in full possession of the mind which was in Christ Jesus—a mind which recognizes only one power, an unconditioned mind—and it dispels the illusions of sense. We do not have to get rid of or overcome the carnal mind; we do not have to destroy it: We only have to understand that our mind is a perfect instrument for the Soul, and this it becomes as we fill our mind with spiritual truth and grace.

Mind, unconditioned and having no qualities of good or evil, is the substance of all that is visible; and all that is, is as unconditioned as the mind which is its basis. If this were not true, it would be impossible for our state of consciousness to produce changes in what is called the material universe. . . We would know that our consciousness of one power, which really is a consciousness of no-power, had produced the healing and was a law of harmony. We would observe that our mind functioning as an instrument of God had produced an effect on what we call body or matter and we would know then that the substance of mind and the substance of matter are one and the same. That is why mind can affect matter and, moreover, that is why truth in consciousness can affect matter.