
A MESSAGE FOR THE AGES

Chapter: Infinite Way Pearls

1963 Instructions For Teaching The Infinite Way 1:2, 3:1

Topic: *God As Individual Consciousness*

509, 511

Always we come back to the truth that anything we can think about God cannot possibly be God, because that thought is only an idea in our mind, and an idea or a concept in the mind cannot be God. Whatever is in our mind is an effect, and the thinker is the cause of that effect. Therefore, if there is a God, it is not the human thinker, but the illumined mind of the individual.

Chapter: Material sense of demonstration or the unfoldment of grace

1963 Instructions For Teaching The Infinite Way 6:1

Topic: *Demonstrate The Source*

550

God is the source, and we cannot have the effect until we have the source. So there is no use thinking about demonstrating effects. Let us demonstrate the source, the realization of God, and from that all the other things will follow.

The purpose of the Infinite Way is not to find a power whereby to control men, conditions, or effects, but to attain God-consciousness, and thereby discover that the so-called laws of both matter and mind are not laws. They are laws only on their own level, but they do not function when a person is living out from the realm of Spirit.

A PARENTHESIS IN ETERNITY

Chapter: Living The Mystical Life

Topic: *Living Above The Pairs Of Opposites*

When we become beholders of life, we do not look out at life and wonder what is going to happen. We behold what God is doing. . . In that objective and detached way we go through the day with the expectancy of something just around the corner, the feeling that whatever God brings to pass in this hour, the next hour, and the hour after that is the product of God, and the effect of the activity of God.

Chapter: The Basis of Mysticism

Topic: *The Sacred Word*

There is no word that we can think of that is not the effect of the thinker, and the thinker must be greater than any word he can think, voice, declare, or write. Regardless of what word we utter—even the word God—there is an I that utters it, and an it to be uttered. After all the words have come and gone, and we cannot see or hear them any more, I still remain. I must be greater than any thought I can entertain, or any concept I can hold or form, greater than any belief or theory that I can formulate or accept.

AWAKENING MYSTICAL CONSCIOUSNESS

Chapter: Awakening to the Soul-Faculties

1961

Topic: *The Spirit Drives Us To Itself*

True prayer. . . removes our faith from effect.

Chapter: Concept or Is?

1954 Portland Practitioner Class

Topic: *Power In Cause, Not Effect*

95: 1&2

Keep your joy in God [cause] and not in effect.

Do not call any effect good because the good is in the cause.

Chapter: Our Real Identity

1954

Topic: *The Invisibility Of Spiritual Identity*

You have never really seen a tree. You have seen the effect or form of a tree, but the tree itself is as invisible as you and I are.

Chapter: The Atheism of Material Power

1958 Second Sydney/ Melbourne Closed Class

Topic: *Praying To A Spiritual God To Change A Material Universe*

199: 1&2

Spirit is the underlying substance and reality of all effect.

Topic:

The Word is never an effect; it is cause.

BEYOND WORDS AND THOUGHTS

Chapter: His Rain Falls

1963 Kailua Private Class

Topic: *Relying On Effect Is Sowing To The Flesh*

You were born into a material sense of life, and therefore, you have been sowing to the flesh all your human life. In other words, you have put your entire hope, faith, and confidence in form or effect. You have been brought up to believe that money is supply, and it is this teaching that really causes all the lack and limitation on earth. . . Consciousness is supply; Spirit is supply; the Invisible is supply. Supply is That over which you have no control, but That which can, when you permit It, control, govern, and fulfill you. When you go far enough in the message of The Infinite Way, you will discover that *I* am supply, that *I* within you embody and embrace the infinity of supply, not only for your own use, but that *I* can feed five thousand, because *I* is God.

Chapter: The Way of Grace

1963 Kailua Private Class

Topic: *God's Grace, The Gift Of Himself*

522:1 or 517:1

In that moment when we open our consciousness to the nature of the Divine, though our sins were scarlet, we are white as snow. It does not make any difference if those sins continue to persist for a while because sometimes just the tenacity of habit makes them continue in effect, even after they have inwardly been forsaken. But pay no attention to that; ignore that.

Chapter: Toward The Experience

1963 Kailua Private Class

Topic: *Grace Brings Freedom From Karmic Law*

516:1

The question is whether you are letting the world of effect be the law unto you or whether you are living by Grace. Is money going to be your God? Is the law of health going to be your God? Is anything in the realm of effect going to be power? Or are you realizing that there are no powers?

CONSCIOUS UNION WITH GOD

Chapter: Teacher, Student, And Teaching

1947

Topic: *God As Causative Principle*

God did not create universe because cause and effect one.

CONSCIOUSNESS IN TRANSITION

Chapter: Opening Consciousness to Truth

1948

Topic:

The highest mystical statement of truth that I know is: "My kingdom is not of this world." I doubt that Jesus said anything of a more mystical nature than that. When he said, "I have overcome the world," that was, of course, the realization that "My kingdom is not of this world." The statement itself—"My kingdom is not of this world,"—immediately sets us free from the desire of person, place, thing, circumstance or condition; it sets us free from the world of effects and makes us live in conscious union with cause, with God.

You see, if we were to demonstrate millions of effects, we still would be playing around with something that could turn to dust in our hands. But, if once we touch conscious union with cause—or God—then we have no further interest in the things of this world except to enjoy them as they come along. We then are still in the world, but not of it. There is no such thing as a time or a place wherein we would have less than the fullness if we obtain the consciousness that my kingdom is not of this world; if we can see it, hear it, taste it or smell it, but don't get bound up in it.

Topic:

I do know Mrs. Eddy's writings well enough to quote them and you will find samples like this: "The procuring cause and foundation of all disease is ignorance, sin and fear." And eight pages later: "Neither disease itself, sin, nor fear, has the power to cause disease or relapse." And, "Immortal Mind is the only cause, therefore disease is neither cause nor effect." And again, "Mortal mind produces disease and Immortal Mind cures it." Those are samples.

Chapter: Student and teacher

1948

Topic:

In the same way, we cannot say that God created the universe. That would mean there was God and no universe, and then suddenly there was God and a universe. But when we think of God, as creative principle, infinite, eternal, omnipresent, without beginning and without ending, then we can see that a cause must be a cause to something and that something we call an "effect." Cause and effect are *one*, coexistent, co-eternal, and of the same substance.

So we arrive at the truth that God, as creative principle, is the cause of its manifested being appearing as effect. A cause and effect that bind together, like two times two is four, not separate from each other, but always in one place. Wherever the problem is, the answer is, and if the problem is in your thought, the answer is there also. They never get separated from each other.

Once we have the understanding that our consciousness is the causative principle of our universe, then we know that no matter what we do, this universal consciousness is ever producing and reproducing—just as the law in an orange tree is continuously producing and reproducing oranges. No matter what we do with the world of effect, the consciousness which is its causative principle, substance and law, is forever producing and reproducing. It is not creating. It is just unfolding, like the moving-picture reel unfolding the entire picture. The picture is already there on the reel; it is only unfolding it to our view.

Let us, so far as we can, dwell on the idea, "What Is God," because only in the realization of what God is do we know that which God is God to. And that is the effect-or the universe. The importance of that is this: we have taken up, "Seek ye first the kingdom of God (the awareness, the consciousness of God) and his rightness, and all these other things shall be added unto you." Once we have the understanding that our consciousness is the causative principle of our universe, then we know that no matter what we do, this universal consciousness is ever producing and reproducing, just as the law orange tree is continuously producing and reproducing oranges.

CONSCIOUSNESS IS WHAT I AM

Chapter: Attaining a Measure of Spiritual Consciousness

1969 L

Topic: *Spiritual Consciousness Is Not Subject To Laws Or Conditions Of This World*

Measure progress by the degree of realization that God in the midst of us is the only power and no effect is power.

Chapter: Invisible Life Fulfills Itself Tangibly and Visibly

1969 L

Topic:

All healing is instantaneous: there is no such thing as delayed or gradual healing, but the outward manifestation does not always appear in the same second as the healing. . . The visible evidence is the effect of the healing, not the healing: the healing is invisible, but the visible evidence is the externalized or manifested effect.

The evidence of healing is an effect in time, but the healing is instantaneous.

You are not a healer of the body; you cannot remove disease. It is a change of consciousness which produces the outer effect of healing.

Drop the patient, the disease, or the sin from your thought, while you realize that this problem that is confronting you is an effect. Remember that: it is an effect. An effect of what? Wrong thinking? No. An effect of sin? No. It is an effect of the carnal mind, the belief in two powers. When you are confronted with a problem and have awakened to the point of realization, you say, "Oh, carnal mind," and turn over and go to sleep, because you have recognized it as the "arm of flesh," or nothingness. You have not said, "Carnal mind! Now, how shall I destroy it?" or "Oh, disease is an illusion. How shall I get rid of the illusion?"

CONSCIOUSNESS TRANSFORMED

There is no law of karma, there is no law of cause and effect, there is no law of 'as ye sow, so shall ye reap.' This is just an ancient superstition and is not binding on spiritual man—and there is no other man. . . We have been prisoners of the mind for generations, and the mind has bound us with laws, but there is only *one* law—spirit. . . and that law frees you from the domination of the mind. Moses spoke from Mount Sinai, Jesus spoke from the mountain. . . and this I have given you today has come from the mountaintop of spiritual revelation.

We might as well face the problem or it will continue. The reason the law of cause and effect continues to operate in our consciousness is because we give power to this law. Eventually we must come back to, "No, God has given me dominion, and there is no power outside of me." . . . So let us begin to face our problems without a desire to get rid of them, without a fear of them. I'm going to acknowledge there is an error and I'm looking at it, but there is a solution. With some realization of truth, we are finding error doesn't exist. . . The problem must be licked through understanding.

Is there a material universe, or does that tidal wave represent a material sense of universe, and is it not the truth that consciousness is the only cause, the only law, and the only effect? Therefore, consciousness must be the substance of the waves, not only consciousness but *My* consciousness, since there is no other. . . and I realize that my consciousness is not even mine, but God's. Therefore, is there anything destructive in God's consciousness? No!. . . Since you are between two worlds, there is enough material sense left in you to be tempted by the appearance of a tidal wave. However, there must be enough elevation of consciousness to be able to sit down and realize: "Am I accepting external powers? Am I accepting power in things, or am I accepting that all dominion is given unto *Me*—and this means individual consciousness?"

With every appearance of discord, lift your thoughts immediately: "I find my oneness in consciousness which is cause, not in matter or effect. I look to cause for my peace, my wholeness, my satisfaction, my joy," and all of it becomes manifest in what we call tangible form.

A student wrote me that after studying for ten years, he had had the most wonderful revelation that there is no power in effect.

Topic:

I try to tell students not to depend on my books and not to depend upon my tapes, because in and of themselves they have no effect. I have seen this happen in the lives of thousands of people who have read the books and heard the tapes.

Chapter: the inner life

3/24/63

Topic:

Enjoy the outer certainly, and its beauties, but always be able to go beyond and see what produces the outer effect.

Chapter: the source

1963

Topic:

All cause is within your consciousness, and therefore, all effect comes forth from you. Be prepared for some failures. . . but it is better to fail through your own consciousness than depend on someone or something.

CONSCIOUSNESS UNFOLDING

Chapter: God Is Individual Consciousness

1949

Topic: *Achieve Spiritual Consciousness*

When you begin to believe, really and truly believe, that God is the consciousness of you, that all issues come from the divine consciousness of you, and not from outside, not from effect, you will be on the first rung of the ladder of spiritual unfoldment.

If something appears externally, it still is only an effect and, as effect, it cannot be law. As effect, it cannot be cause. As effect, it cannot be power. No effect in the world has power over another effect: That is a spiritual law. Consciousness is all power.

The moment you acknowledge something in the realm of effect as having dominion over you, you have made that a law for yourself, and you suffer from it until you reverse your stand and realize that it is impossible that *I*, the fullness of God made manifest. . . should be at the mercy of anything in the outer realm.

To give up our fear of anything in the world of effect is the first step in attaining Christ consciousness.

For a while, every time you handle money, you will consciously need to remember that it is not supply, but that it is the effect of Love; it is the effect of the presence of God appearing as your consciousness.

Chapter: God Revealing the Infinity of Being

1949

Topic: *Learn The Inner Meaning Of Words*

There are only three points comprising the letter of truth in this instruction, and these are: God; —God individualized; —and error as suggestion or world belief which must be rejected in order not to suffer from its effects. That is all.

Chapter: Gratitude

1949

Topic: *Be Grateful For The Principle*

[The Pilgrims] gave thanks for an effect, for something in the visible realm.

Instead of being grateful for the *effect*—some human form of government—we, on the spiritual path, have learned that our gratitude should be for a *principle* of government, and for the fact that we have discovered enough about the principle to maintain it and sustain it in individual and collective consciousness so that no man or group of men can tear it down.

It is wonderful to have [the Experience], just as an evidence that you have touched God, It is not so wonderful, if you merely want to experience it over and over again, living for the most part, in the realm of the effect—always wanting and being satisfied with effects.

Let us always express gratitude for the *cause*, not for the effect. Let us view the effect merely as an evidence.

The tragedy of the entire mission of Jesus was that so many were grateful for the effects, and so few caught the vision of the cause—so few were able to go out and do likewise.

Chapter: Lifting of Consciousness

1949

Topic: *Live Truth*

Become convinced that God, unfolding and acting as your individual consciousness is the only power, the only presence, reality, law, and cause, and you will then realize peace, joy, and dominion as effect.

Chapter: Peace

1949

Topic: *The Inner Meaning Of The Temptations*

If we have God, Itself, as our consciousness, do we need to produce angels, do we need to demonstrate “effects” of any kind to hold us up, to support us and help us?

Chapter: Questions and Answers

1949

Topic: *Going From The Mountain Top To The Depths*

Jesus said, in effect: “My kingdom is not of this world, and therefore, I lift my body up to that consciousness where my kingdom is, and I show forth my body as spiritual body.”

As Truth, you cannot be limited in form or in expression. As infinite Truth, there is nothing outside your own being to act upon you for good or evil in any way. All power, law, cause, and effect are the manifestation of your own being appearing as your universe.

Chapter: The Christ

1949

Topic: *Crucifixion*

When we no longer have problems of our own body, they will come to us by way of our patients’ bodies. . . and these will keep coming into our thought in one form or another, until we arrive at that state of consciousness that can say, “None of these things moves me. I know that the power of life and death is not in the world of effect, but in the word of God—in consciousness.

Chapter: The Principle

1949

Topic: *Consciousness Is Supply*

Our consciousness. . . is the law of attraction unto that which is appearing as effect. The moment you grasp this, you no longer have an attachment for oranges or for dollars.

GOD, THE SUBSTANCE OF ALL FORM

Chapter: Building the New Consciousness

1949

Topic: *Birth Of The Christ In Individual Consciousness*

We lose the sense that we, as persons, can do anything, and we gain the understanding that the Christ, or Spirit of God, which lives as us does all things. It is the Spirit which produces, causes, animates, and permeates all form, all formation, and all creation. Spirit is the law unto all effect.

Chapter: Good unfolding as the Activity of Individual Consciousness

1949

Topic: *Your Consciousness Determines Your Experience*

When we realize that. . . nothing “out there” can reach inside to affect or change or hinder the activity of our own consciousness appearing in all forms of good, then there can no longer be any effect from external conditions in our experience.

Chapter: Individual Consciousness as Law

1949

Topic: *No Power Acts Upon Us*

The higher you go in the understanding of Consciousness as God, the greater transparency you are for the reign of God in your affairs. God is omnipresent, but it requires our conscious *feeling* of it to make it effective. As infinite individual consciousness, each one of us is a world unto himself, and each one has to find himself to be the law of life unto his own being—the kingdom of his own being. Nothing exists separate from consciousness. The power is in the consciousness that produces the effect and not in the effect itself.

The only action there is is mind action. If, at the moment, we can only move a finger, then let us move that finger, realizing that the dominion and power are always in the Spirit of God, in Consciousness, never in effect.

Idolatry is the belief that there is power in effect.

The most important thing for you to know is that you are cause and not effect, that all of the Godhead appears *as* you.

Until we become so at-one with the Spirit of God appearing as effect that we are never tempted to believe that power is in effect, we shall find that the Spirit of God does not operate in our experience.

Concern for the effect persists only as long as there is the belief that the power, law, or reality is in the effect. The moment there is a realization that Consciousness, the Spirit of God, appears *as* effect, there will no longer be concern for the effect.

Let this be our theme: *Recognize Spirit as underlying all effect*. Have no dependence on persons or things, but place all dependence on Spirit. Behold Spirit, Consciousness, appearing as effect—your consciousness appearing as form.

Chapter: Individual Unfoldment of Consciousness

1949

Topic: *The Infinite Way And Other Teachings*

The Infinite Way teaches that you are not effect, idea, manifestation, or reflection: You are Consciousness appearing.

Chapter: Nature of the Individual as Consciousness

1949

Topic: *Consciousness Unfolding As Form*

The great point with which we began this particular work. . . there is no power or value in the effect, but that all the power, all the value is in the consciousness producing the effect.

The three Hebrews went through the fiery furnace without being burned. . . because they knew God as the power of all effect and, clad with such a protective covering, they did not see the fire as an evil element. They saw it only as an activity of consciousness, as a quality of consciousness.

LIVING BY GRACE

Chapter: Freedom In God

Topic: World Work

The secret is that where the Spirit of the Lord is, there is freedom, there is health, there is wholeness, there is supply, there is peace, joy, and dominion. So the secret is not to treat anyone for disease, but to attain the consciousness of God's Presence... When the Spirit of the Lord God is upon me, Divine Grace is touching you and freedom is taking place within you. If the Spirit of the Lord God is *not* upon me, nothing happens—there is a void, a vacuum! So, when you call upon me for help, I do not concern myself with your discords. I am not interested as to whether your trouble is physical, mental, moral, or financial. I concern myself only with attaining a conscious awareness, a feeling of God's' Presence. If I can attain that awareness, you feel it and it takes effect in you. Your whole nature—your body, your mind, your finances—responds.

Chapter: The Christ Ministry

Topic: The Infinite Way Concept of Prayer

The Voice does not always utter words or sounds. Sometimes we are not even aware of *It* until we see the wonderful effect *It* produces. Sometimes *It* does speak in words; other times *It* just gives us an inner peace that assures us that God is on the field.

LIVING BY THE WORD

When Jesus was leaving his disciples after the crucifixion and just at the time of the ascension, he left a message to the effect that they should stay in the city until they were armed with power from above. He had told them to go out and preach the Gospel and heal the sick, but his last admonition was for them to stay in the city until they were armed with power from above. This is what I have been trying to say to our students for years: Do not leave your homes in the morning, even if you find you have to get up an hour earlier, until you have the feeling that you can leave with the power and the presence of God.

Recently, something came to my attention that bore witness to the evil nature of some of the men in positions of power who are manipulating the world, and for a moment it brought a sense of inner disturbance. But almost simultaneously the Voice spoke and said, "But there are not any evil men: man is spiritual." That brought a complete release from being in and of the world, or of being under the influence of its fears and worries. Did that realization remove these evil men from the world? No, it removed them and any effect they might have from my consciousness as well as from the consciousness of those who are attuned to my consciousness.

Vessels must be emptied in order to be filled, and in that emptying out process we may experience many days of barrenness, feeling that we are separated from God or that God for some reason has deserted us. God never deserts us: it is only that in the emptying out process we are deprived of that upon which we relied yesterday. . . Some truth is revealed to us or given to us that does remarkable things for us, and then tomorrow we expect that same truth to do it over again, and it does not happen that way. The reason is that the power was not in the statement of truth that was given to us but in the consciousness from which it came. If we look to a statement of truth to do something for us, we will have built a golden calf, we will have expected spiritual power from an effect. A statement of truth is an effect. It is not truth, and it is not God. Our individual consciousness from which that statement came is God, and God fed us this meal with this truth, but then we are through with it. The next meal we will be fed differently with a different passage of truth or a different meaning to the same passage.

The effect of bringing to conscious remembrance scriptural passages is to spiritualize the consciousness of the individual engaging in this activity. With this practice, the consciousness of an individual is transformed, so that ultimately he reaches that place where there is left in him no fear, no hate, no love, and no attachment to the forms of life, but there is now a breaking of all sense attachments. Do not misunderstand this. It does not mean that you lose your love for your family or country or your sense of obligation to them. It means that you are completely free of being unduly influenced by the emotions; you are free of the undue human attachments that ultimately make a person become so hopelessly fearful, hateful, or loving that all reason is thrown aside, and he becomes a victim of his own emotions, rather than having dominion over everything that is on this earth, above it, or beneath it. Spiritual consciousness leads to the attainment of your original God-given dominion.

The major function of the spirit of God, as it operates as individual spiritual consciousness, is to break the attachment of the human mind to form and effect. . . The activity of the Spirit destroys the love, hate, and fear of external appearances, external powers, and external laws, and a person who attains some measure of that Spirit finally is able to say to any problem, "Arise, take up thy bed," and thereby let go of the problem, realizing that there is no power in effect, no power in any external condition.

LIVING NOW

Chapter: Mind Imbued with Truth
Topic: *Across The Desk*

1963

Problems continue until we realize that law of cause and effect is nonpower.

Mind is effect not cause.

Chapter: Transcending Karmic Law
Topic: *How To Come Out From The Law Into Grace*

1963

Cause and effect not really a law because *I* am the law.

LIVING THE ILLUMINED LIFE

Chapter: Building the Transcendental Consciousness
Topic: *Living Out From The Principle Of One Power*

1961 Manchester Special Class
413 2:2

All power flows out from me since the kingdom of God is within me. No power flows to me: all power is within me. Since I and the Father are one, I am infinite; and therefore there are no powers external to me. . . As our individual consciousness on the subject of power changes, so does this world change in its effect upon us, and while a thousand may fall at our left and ten thousand at our right, it will not come nigh the dwelling place of those who have accepted the principle of one Power and are practicing it and living in it until it becomes a definite settled state of consciousness.

LIVING THE INFINITE WAY

Chapter: meditation
Topic:

1954

Let us remember that every appearance of humanhood, good or bad, is a mental image in thought, actually without reality, law, substance, cause, or effect. In this recognition, the limitations inherent in the five physical senses begin to drop away. We are enabled to "see" deeper into consciousness and behold that which is—eternity in what appears as past, present, and future. We find ourselves unlimited in terms of "here" or "there," "now" or "Hereafter." There is a going in and a coming out without sense of time or space, an unfolding without degree, a realization without an object.

The universe of Spirit is an eternal activity of God. Anything that occurs in time or space, as we humanly understand it, should not be accepted at its appearance-value. Let us remember that every appearance of humanhood, good or bad, is a mental image in thought, actually without reality, law, substance, cause, or effect. In this recognition, the limitations inherent in the five physical senses begin to drop away. We are enabled to "see" deeper into consciousness and behold that which is—eternity in what appears as past, present, and future. We find ourselves unlimited in terms of "here" or "there," "now" or "hereafter." There is a going in and a coming out without sense of time or space, an unfolding without degree, a realization without an object.

MAN WAS NOT BORN TO CRY

Chapter: Christ Raised from the Tomb
Topic: *The Work Of The Initiate Is Enlightenment*

1961 Hawaiian Village Open Class
441:2

We shall discover that even the small measure of light that we have become is already having an effect upon our families.

Chapter: The Power to Become the Son of God
Topic: *Placing Power In Form Or Effect Is The Error*

1956 First Steinway Hall Practitioner's Class
144:1&2

All error is made up on the belief that there is power in certain forms or effects. For example, if you believe that life is dependent on the heart, you are giving power to a form. . . All power is in the Invisible.

OUR SPIRITUAL RESOURCES

The very realization that God is the creator of any particular piece of merchandise should be sufficient assurance that God has created an outlet for it—effective advertising, the proper display of the product, and the right buyer for it.

We are not man and we are not effect: we are *I*. The nature of individual being is *I*, and *I* is infinite.

REALIZATION OF ONENESS

Don't pray for effect but to realize nonpower of hypnotism.

Don't treat effects of belief in two powers.

SHOWING FORTH THE PRESENCE OF GOD

Instead of persisting in a battle between good health and bad health, between goodness and badness, between abundance and lack, give up this struggle. Acknowledge here and now that you are not under the law of cause and effect. At this instant of accepting your divine sonship, you are under grace. You do not believe that the son of God is under the law of cause and effect. You do not believe that the son of God can be influenced by human motives, human beliefs, or human powers.

There is no possibility of attaining anything separate and apart from the substance of which it is formed. All attempts to produce anything in the outer realm without achieving the substance of the form must result in failure. . . The only demonstration that can be made is in the realm of cause, and then that cause appears as effect. . . The demonstration must begin within our own being, and that demonstration must take the form of achieving, acquiring, or attaining the consciousness of the presence of God.

One thing is certain and that is that we must be able to surrender our all and to realize, "Yes, I could be deprived of everything and every person, turned out in this world alone I with only this clothing upon me but with the assurance that because I am God-governed, God-maintained, God-sustained. I would not even miss this evening's meal. It would be prepared for me, and breakfast in the morning, even if it had to be what the world called a miracle of cakes being baked on stones or of ravens bringing food." Unless a person has that complete inner conviction, he has not yet found the kingdom of God, and he is still playing around out in the world with shadows, with effects.

SPIRITUAL DISCERNMENT

You live by every word of God that you entertain in consciousness. . . Anywhere you may be, remember that you are not living by effect, but by *I*, by virtue of the truth that *I* in the midst of you is mighty; and that *I* was planted in the midst of you by the grace of God. It will appear as whatever form is necessary to your experience at any given moment.

The moment that transitional experience takes place which reveals spiritual life. however. and you say. "Oh, that *I* is eternal. I am that *I*," you have joined the group of mystics. You have joined with Moses. with Jesus, and with all those who realize the true nature of that invisible Selfhood which does not glorify Itself in the outer realm but is glorified only by the effect of Itself.

If the telephone rings with a plea for help or if we hear or see some disturbing situation or person, we must look upon it as an appeal to the Christ of our being and immediately reinterpret the picture being presented to us. Our practice must not be limited only to the problems of human experience, but every harmonious human picture is also a call upon us to reinterpret it, recognizing the source of all good and that there is no good or evil in form or effect. Whatever of good we are seeing is more of God shining through.

It is not possible for anyone to separate you permanently from living under the law. That is something you do for yourself. Your practitioner does it for you in an acute condition for which you turn for help. . . *You* have to move out from being under the material sense of law to being under Grace. In any emergency, of course, a practitioner who knows the truth of spiritual identity and the nonpower of effect can bring you out from under the law and place you under Grace in a particular situation, and probably in the next one, the next one, and the next one. But after a few years it does not work that way any more. In other words, sooner or later the student must begin to bring himself out consciously from under the law and bring himself under Grace. He must at some time or other release himself from traditional prayers or new modern metaphysical prayers that seek to gain something from God.

SPIRITUAL POWER OF TRUTH

Spiritual healing can only take place when you have stopped thinking of the person, and the condition, and the disease, and the belief, and the claim, and return to Eden where there is neither good nor evil, where there is only God, Spirit, wholeness and completeness. Nobody can ever be a spiritual healer who works from the standpoint of effect, who prays from the standpoint of trying to correct something in the Adam world.

I had spent four hours on just one subject—the illusory nature of error—and had used about every example that I know to show that what is appearing as error has no existence, no substance, no law, no cause, no reality, and can't have effect. Then someone asked, "But how do you get rid of illusion?" Well, as a matter of fact, an illusion isn't a thing; it is an appearance. Once you know that it is an appearance, you *have* gotten rid of it; it is gone. It no longer exists as wetness on the road. It exists only as an appearance without substance.

To sow to the Spirit means to place all life, all substance, all cause, all continuity, all law and being, in the Spirit. Then that which appears as effect is but the effect of the Spirit.

If, however, you have made the transition to the realization that consciousness is the law of being and the law of body, then you are sowing to the Spirit, and you will reap spiritual harmony. Then, when the call comes for help, there is no use in answering with a lot of arguments and metaphysical statements, because right up here is the realization of all time: Who convinceth me of sin? All perfection is in consciousness, not in effects. All supply is in consciousness, not in dollar bills, or oranges, or crops. You live and move and have your being in that consciousness, and then when you are called upon for help, you don't have to go through a teaching process.

Do not ever believe that man is held in bondage by people, do not ever believe that man is held in bondage by poverty or by disease. These are the *effects*! That is why it says in Scripture, "Lay the axe at the root of the tree"; do not start picking off branches!

The Infinite Way in its healing work is directly opposite to all other metaphysical teachings, for the following reason: we do not look within you for the error that is causing your trouble. We do not look to your wrong thinking for the cause. We do not look to the sins for the cause. We do not admit that resentment, jealousy, malice, sensuality, or any of these are causes for your ills. We start with the Self with a capital S which impersonalizes you and makes God your Selfhood. Therefore Divine qualities are the only qualities of your being. Therefore there is no sin in you, nor is there any effect of sin in you, nor is there any disease in you, nor is there any cause of disease in you. Rather, all evil which seems to be manifesting through you is recognized as impersonal—as being no part of you, since God is your being. Even your body is the Temple of God; therefore this evil can not be in you or in your soul or in your mind or in your being or in your body. Where is it then? Where is this evil? It is in an impersonal belief in mortality, in mortal selfhood, in a sense of separateness from God (which you aren't).

THE 1954 INFINITE WAY LETTERS

The treatments of mental scientists and metaphysicians do seem to have power for good in the early stages of a student's experience, and especially so in the early stages of the mental practitioner's work. This is due, first of all, to the blind faith of the young student, and the fact that his mind has not yet built up an immunity to being "worked upon" by the mind of another person; and the fact of the young practitioner's faith in the treatments he gives, and his young mental vigor. This changes as his patients build a mental immunity to treatment, and his work is not as effective as in the beginning, and both faith and vigor wane.

If you were to lose or be deprived of something, it would only be a loss because *you* had placed a value upon it. Has it any value, in and of itself? Has money, a work of art, a gem, any real value? As long as you have the consciousness of all supply, this invisible substance which is your consciousness of God, Truth, what difference would it make if you had nothing in the world of effect? If you become angered or upset or hurt by the loss of things or persons it is because you have placed a value upon them, and so the conflict is not with the loss but with the value which you have erroneously placed upon them.

There is nothing in this world that cannot be replaced or rebuilt, and if sin or disease ravage your body even these can be rebuilt by not fearing or despising the conditions, but quietly and peacefully realizing that your body exists as effect, and that your consciousness of Truth is the substance, the cause and the law unto it.

THE ALTITUDE OF PRAYER

Chapter: Pray Without Ceasing

1968 L

Topic: *Daily Preparation*

Expect this knowing of the truth to be effective because it is the word of God.

Chapter: This Is Immortality

1956-1962

Topic: *Learning To Pray That The Purpose Of Life As Fulfillment May Be Revealed*

To know Grace is far greater than to enjoy its infinite effects.

THE ART OF MEDITATION

Chapter: Meditation: The Experience

1956

Topic: *The Beauty Of Holiness*

Even a little understanding of God enables us to discern, in a measure, God's life, love, and joy embodied in man and the universe. In this understanding, our life and love expand and become more pure, joyous, and free, leading us into a higher dimension of life. We begin to live not so much in the world of effect as in the world of cause, discovering our good in the Cause of all that exists rather than in effect—in things, persons, or places. The more understanding we have of Cause, God, the greater is our enjoyment of all persons and things.

Those who live in a three-dimensional world live only in the world of height, width, and depth; in other words, they live in a world of form, completely separated from the essence of that which appears outwardly as the form. In the fourth-dimension, in which God is the cause, substance, and the reality of life, all effect, whether appearing as thing or man, is revealed as but the showing forth of the infinite Being, God.

Life becomes entirely different once we have caught the vision of the great truth that the Word, which proceedeth out of the mouth of God, is the substance of our life. . . We begin to see that that which is outward and tangible is but the effect of that which is invisible. We shall never again judge our supply by how many dollars we possess, but by how much of God we realize.

THE ART OF SPIRITUAL HEALING

Chapter: Spiritual Healing: The Principles

1956

Topic: *What Did Hinder You?*

There is a mental cause for a physical effect, but it is not personal to the individual: It is a universal mesmerism.

He is no more responsible for that wrong thinking than he is for the so-called effects of that wrong thinking.

Chapter: Spiritual Healing: The Role of Treatment

1956

Topic: *Developing A Healing Consciousness*

There cannot be a cause for disease or pain, nor can there be an effect such as disease or pain.

To think of man as being sick and in need of God is to lose the effect of the treatment.

Chapter: Spiritual healing: Without Words or Thoughts

1956

Topic: *Beyond Words And Thoughts*

Never again will we seek anything that is already in the world of effect.

THE CONTEMPLATIVE LIFE

Chapter: Conscious awareness

1959-1961

Topic: *The Transcendental Consciousness Brings A Release From Concern For Persons Or*

Fear is always of an effect.

The Infinite Way. . . is difficult for the beginner because there must be an understanding of the basic principles, and then there must be a practice of them until the student develops an actual consciousness which makes it possible to let go of any strenuous attempts to *make* these principles effective and demonstrable.

Whatever is of a rightful nature that should be a part of your human experience comes to you because it is a law that the Word becomes flesh, becomes experience, form, and effect, not by virtue of what you may do, but merely by virtue of your inner life of contemplation and realization, a life of living, moving, and having your being in God and having God live and move and have His being in you, so that God and you are eternally one in realization.

God realization in you reveals that nothing in the world of effect, nothing in the world of concepts, nothing in the world of persons is power for good or evil; and therefore, you need nothing with which to overcome it.

It all comes down to the fear of what mortal man can do to us, or what effect human circumstances or conditions can have upon us, or what faith we may have that there is a man or group of men who can save us individually or save the world collectively. The effect in either case would be the effect of sowing to the flesh and thereby reaping corruption.

Metaphysical healings have taken place by the very recognition of the truth that the power is not in form or effect, that germs do not carry power, that weather and climate do not have power, but that all power is in the Invisible.

THE EARLY YEARS (32-46)

Taking thought is not the way of consciousness. Affirmations and denials are in the realm of human thought and do not express Deity. Consciousness alone is God. However, it is made known to human sense through thought, but thought itself is not the actor. It is the activity through which we become aware of the action and its effects, which is creation.

True consciousness, which is the life of all being, knows only the *allness of being*; the allness of infinite and eternal perfection, without change, and without effect from human opinions or actions. We are therefore never aware of sin or sickness: these are the shadows of a belief held in thought, but which are overcome with the truth of reality. Recognize that your consciousness knows no matter, and you will appreciate the impossibility of age, change, decay, and discord; you will appreciate the vacuity of disease as the nothingness of a false belief. Thus, it will have no more power to pain, cause suffering, or discord than any shadow could.

In this higher consciousness we cannot acknowledge that there is a patient. The patient, so-called, is neither person, place, nor thing, and all that can be designated as such exists in the manifested realm as effect only.

Error, evil, disease are appearances without entity or identity, without presence or power, without law, action, volition, or continuity. Having no law to enforce them, they have no being; having no cause or creator, they do not exist as effect.

To manifest perfect body, being, health, harmony, it is necessary to know that you, the source of your thought (the thinker) is ever maintaining the purity and truth of your thinking in righteous channels. . . The thinker is always greater than his thoughts and no presence or power can govern thought except the thinker. Know, therefore, that as the thinker, coexisting with mind, truth is the substance of your thought as well as of its manifestation; that principle maintains and sustains the integrity of your thinking and of its effects. Thus you become captain of your ship, the master of your fate. . . When you have learned to live as consciousness, bit by bit you will discover that all the universe is the expression, the manifestation of this consciousness which you are, and that your universe is subject to this conscious awareness

Regardless of what you consciously fear, it cannot hurt you. It has *no* power. This is true of the thing you fear as well as the fear itself, regardless of the extent of the fear. Conscious fear is an effect, in exactly the same way that sickness or poverty is, and effects can never become cause. Therefore, they can never produce *anything*.

Study this quotation from *Science and Health*: "There is but one primal cause. Therefore there can be no effect from any other cause, and there can be no reality in aught which does not proceed from this great and only cause. . . neither germs, accidents, losses, sins, nor fears can act as cause. Therefore, these conditions being devoid of power as cause, they can neither have nor result in any effect.

Man has not a mind separate from deity. Disease is merely belief, which will be healed immediately by destroying the belief. Where is this belief? Is it in the mind of your patient? Never. The belief is that of general human consciousness, collectively, and must be destroyed there. As a general rule, you may forget your patient as soon as he has unburdened himself to you, since the belief is not his own. It is the belief of collective human consciousness using the individual as a channel to express the belief. Be careful not to accept the belief as either your own or your patient's. Nullify it where you find it, in general or collective human consciousness. Know, also, that human consciousness is illumined because there is but one consciousness and this one divine; that mortal consciousness has no substance, no law, no continuity, no cause, and can have no effect, no channel for its transmission or expression; then, you are on your way to victory.

Establish yourself on the foundation of truth. Thereby, you can learn that error is not cause and can, therefore, have no effect. When we see clearly that error is not causative, we are able to understand why there are no such effects as disease and discord.

The objectified universe is the effect of consciousness. Therefore, we cannot change or improve this universe in any way, but we can change our consciousness of the universe and then let this consciousness reveal the universe as it is. Our thought should not dwell on health or body or home, which to our imperfect sense may seem to need improving, but our thought should dwell on God, on the realization of the presence and power of a divine law operating in human consciousness to reveal the harmony of being. Our thought should dwell on the infinite nature of love, which cares for its creation through the laws of love and life. We should abide in the mind which expresses the eternal qualities of perfection. As our thought becomes imbued with this good, we, in turn, express this good in an improved form of body, of being, of health, of home.

Have you caught a glimpse of the beauty of the truth of Christian Science in the revelation that God, good, alone is cause and creator and, further, that "there are no effects from any other cause?"

While sitting in meditation it happened to me. For so long I had been living in two worlds-in two states of consciousness. It was a divided existence, sometimes "out there" in reality; sometimes in and of "the earth, earthy." But that day there came a transition, a complete movement into reality; a place in consciousness "behind" the world of effect. From it I looked onto the world as it appears, somewhat like seeing a stage from behind the scenes. At that moment the detachment from "this world" was complete.

THE FOUNDATION OF MYSTICISM

Every form of error that would touch you must touch you through the mind. If you don't accept it in your mind, it can't have any effect on your body or your pocketbook. The only approach there is to you is through your mind. The body itself has no intelligence, therefore it cannot do anything or be anything of itself except through your mind. Therefore, you are the determining factor in your life's experience because you can reject that which you do not wish to demonstrate, and it is only difficult in the first few weeks or months of practice if one practices faithfully.

The principle [Mary Baker Eddy] taught was that God was the only cause and the only creator, therefore, there could be no effect from any other cause. So, the basis of her spiritual healing was the absolute allness, the omnipresence, of God.

It was brought to light in the early days of metaphysical teachings that there are specific mental problems causing specific physical problems. Mrs. Eddy accepted that idea in her early days, and when she later realized there wasn't a word of truth in it, she eliminated it from her teaching the best she could. But unfortunately one of those close to her refused to accept her new revelation and published a book containing a list of the mental causes for physical effects.

The fundamental principle of your treatment is first of all, to know why you expect your treatment to be effective. It isn't because of you or me. It is because the word of God entertained in our consciousness is "quick and sharp and powerful." It because you are knowing the truth that makes you free. But you must know the truth and you must know it fully and completely. You must be able to remember the principles which constitute this message and put them into active expression.

One of the reasons we can't heal everyone, and we can't heal everyone instantly, is that regardless of how true and pure our vision is, we can't remove the effect of something without removing its cause. If individuals are rigidly maintaining within themselves erroneous traits, the condition of health or supply won't change until their state of consciousness has changed. Then when the state of consciousness changes, its externalization has to change because the cause isn't there. And what is the cause? Our ignorance which makes us accept these two powers, which makes us personalize.

THE INFINITE WAY

Chapter: Supply 1946
Topic: *(supply)*

There is no such thing as a supply of money: [money is] the effect of supply.

We must not live as effect with something operating upon us [but] live as Law.

Chapter: Wisdoms of the Infinite Way* 1946
Topic: *(wisdoms Of The Infinite Way)*

Anything that can be known is effect—never God.

THE INFINITE WAY LETTERS 1955

Chapter: Essential Points in the Practice of The Infinite Way 1955
Topic: *The Divine Author*

nor can there be an effect from any “I” other than the *I* which is God.

All effect is God's ability, God's responsibility, God's government and God's Grace.

Chapter: Immortality 1951 First Seattle Series
Topic: *The Price Of Truth* 614:1

Only one thing makes the Law effective unto you and that is the acknowledgment that the Mind of God is your mind.

Chapter: Suggestions for Healing Work 1955 Kailua Study Group
Topic: *God Is Individualized Consciousness* 118:1

Is not the body in its entirety an effect of consciousness?

healings. . . when we effectively know our oneness in God in complete abandonment of effort to overcome anything.

Chapter: The Deep Pool of Your Being 1955 Kailua Study Group
Topic: *Effective Prayer [student]* 117:2

if we feel the gentle warmth within, we know that we have been experiencing effective prayer.

THE INFINITE WAY LETTERS 1956

Chapter: Neither Good Nor Evil 1956
Topic: *The Middle Path*

It is necessary that we consciously reject the claim that there is power, law, substance, activity in form or effect, and realize God, individual Consciousness, as the only and the all Power governing every form and effect.

Chapter: Withinness 1956
Topic: *The Ninth Commandment*

Arise and take thy bed. . . saying in effect: "You, the Soul—arise! Take up thy body and walk!"

THE INFINITE WAY LETTERS 1957

Chapter: April: Resurrection 1957
Topic: *Resurrection As The Transformation Of Life*

Remember, everything that takes place must take place as an activity of consciousness. Nothing can happen out there. Everything is an effect of an activity of consciousness.

Almost all of our effective practitioners have been either at death's door, very sick, very sinful, or very poor.

Chapter: August: Your Names Are Writ in Heaven 1956 Second Steinway Hall Closed Class
Topic: *There Is Neither Good Nor Evil In Form* 147:1

When we begin to understand that there is neither good nor evil in. . . anything that is created, anything that has form, anything that exists as effect, we have begun our rebirth.

Chapter: February: Major Principles of The Infinite Way
Topic: *The Healing Principle*

Standing fast in this *oneness with God*, we find the negative appearances disappearing, [because they] have been revealed as nothingness. . . without law, without effect.

Chapter: March: Understanding the Body
Topic: *Flesh As Concept*

1955 Kailua Study Group
113:1

The concept you entertain of yourself as man, as effect. . . must die so that you become aware of this great truth” I am *that I am*, and *that* is what I am.

Let us remember, all cause is embodied in our own being. That cause is forever appearing as effect, and therefore, that effect must “die daily” in order that the new form may be born.

Chapter: October: Bear Witness
Topic: *Bear Witness To God In Action*

1955 Kailua Study Group
128:1&2

As a matter of fact, [the Christ] could wipe out electricity, if there were any reason for so doing—I have seen It wipe out the effects of electricity many times.

THE INFINITE WAY LETTERS 1958

Chapter: January: Spiritual Unfoldment through the Study of The Infinite Way
Topic: *The Infinite Way*

1958

“Anything that exists in the realm of effect is not cause, is not creative, and has no power over us” - (*The Infinite Way*) That sentence alone would bear three year’s earnest study.

Chapter: July: There Is No Power in Fear
Topic: *Removing Fear*

1956 First Steinway Hall Closed Class
146:2

You, there, who pretend to be a power—you are not power, and I can smile at you, because there is no “you.” There is an effect of some kind, but there is no power in it.

Chapter: June: Security through God-Realization
Topic: *Inertia Versus Conscious Awareness And Positive Conviction*

You yourself must make the transition from being effect to being cause; you must make the transition from being governed by every form of material belief to being God-governed.

THE INFINITE WAY LETTERS 1959

Chapter: January: Individual Responsibility
Topic: *Exercise Your God-given Dominion*

1959

It takes no courage to give up the use of material remedies the moment one realizes that his health is not dependent upon a form or an effect.

Chapter: July: Spiritual Freedom
Topic: *Across The Desk*

1959

That second half of the treatment, which is the most important part as far as healing is concerned, will not be effective if the first half of the treatment has not been thorough and complete.

THE JOURNEY BACK TO THE FATHER’S HOUSE

Chapter: Attaining the Christ Mind
Topic: *The Bread And Meat Within*

1961 Stockholm Closed Class 1:2
424

Every time you resist the temptation to think that you live by bread alone or heart alone, every time you resist the temptation to believe that you live by anything in the world of effect, you are lifting yourself out of humanhood, out of the human mind and human limitations, and you are beginning to live out from the Spirit as the Master did.

THE LETTERS '32-'46

Chapter: Letter And Spirit of Truth
Topic: *(letter And Spirit Of Truth)*

1932-46

No life, intelligence, or substance is in effect, but always in Cause.

Chapter: No Outlined Physical Form
Topic: *(no Outlines Physical Form)*

1932-46

God has and needs no channels; effect includes all that Cause is.

Chapter: Problems
Topic: *(problems)*

1932-46

Principle maintains and sustains the integrity of your thinking and of its effects.

Chapter: The Law
Topic:

1932-46

Effect can only express the nature of Cause; cling to truth that you have no need as you embody good.

Chapter: The Richard Davis Lecture
Topic: *(the Richard Davis Lecture)*

1932-46

Conscious fear is an effect, and effect can never become cause.

THE MYSTICAL I

Chapter: An Act of worship and the fruitage
Topic: *Continuous Acts Of Commitment Speed The "death" Of Personal Sense*

1964 London Studio Class
563: 1&2

Do not believe for a moment that you can "die" completely to that word "I." It would seem that on this plane that is an impossibility. There may come a time when the Christ is raised so high in our consciousness that the little "I" disappears but if it has ever happened we have no record of it. . . but we can minimize the effects of the personal sense of "I" by continuous acts of commitment in the loving of God with all our heart, soul, and mind, and in the loving of our neighbor as ourselves.

Chapter: Impersonalizing Error
Topic: *An Understanding Of The Nonpower Of Effect Is Essential*

The more aware you become of the nature of God as Omniscience, Omnipotence, and Omnipresence, the more aware you become of the nonpower of this world of effect.

The Annunciation means the conception of Christ in you. Your recognition of this truth is the birth of the Christ in you. But when you accept this, do not forget that it is not complete until you have followed up the omnipotence of *I*, which is the first principle of The Infinite Way, with the second, which is the nonpower of that which is appearing as the world of effect.

THE ONLY FREEDOM

Chapter: Starting the Mystical Life
Topic: *How Spiritual Truths Come Alive*

1957 Kailua Advanced Class
181 3:1

The effect of this transcendental awareness fulfills us in our human experience. It seems to add more of those things that the world wants and cannot get. It is very much like the discovery that many of you have made that whatever it is you want, make up your mind you would not have it as a gift, and watch how quickly it starts chasing you about. It won't give you any rest until it sits on your shoulders, but you must not want It. You must be indifferent to it.

"Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God." . . . There is enough bread, meat, wine, water, life, and resurrection in that one statement to carry anybody into heaven. "Man shall not live by bread alone"—by form, by that which is in expression, by that which is effect, "but by every word that proceedeth out of the mouth of God." . . . He shall not live by anything that exists as effect: man shall live by every word that proceeds out of Consciousness, out of the mouth of God. . . That immediately takes us back to receptivity, to meditation, to listening for the "still small voice," becoming consciously aware of the presence of God.

For example, at the first sign of a snuffle, some member of our family may say, "Oh, have you taken an aspirin?" Immediately, our inner response would be, "Now what power would that have?" We forget that perhaps only a few months ago such appearances would have been all-power and fear might have arisen. Now we think. "I know those things are effect. How can one effect touch another effect? I have access to the source."

We have learned how to eliminate [problems] from our experience. We become ill and immediately say, "No, I can't be ill. This isn't reality. It has no law to sustain it. It has no cause in God and whatever its physical or mental cause, it has no divine source, and therefore must instantly disappear." We soon learn how effective that is and how quickly our sickness disappears and health appears. After that, we live for many years, no longer in a physical sense of life, but more in a mental sense of life, and one in which discords disappear and harmonies appear.

No matter how spiritual the approach and no matter how close to God we come, there are those periods when it becomes necessary to lift ourselves into an atmosphere of God and to raise ourselves up from the level to which we have sunk through radio, newspaper, gossip, and all the things that happen to us out here in the world. They all have the effect of pulling us down, and it sometimes takes a great deal of reading, a considerable amount of meditation, or association with those on the path, to lift us up again. Above all, the place the discipline has is that through it we actually know what the truth is so we do not have a blind faith in an unknown God.

"Now wait a minute, What is this coming at me? Is is an appearance, Do I have to believe it? No, why should I believe anything apart from God? God created all that was made:, and all that God made is good, and anything God did not make was not made. And so if it is not good, this thing never was made. It has no reality; it has no substance, law, cause, or effect, Therefore. I do not have to accept it into my consciousness or believe it"

THE THUNDER OF SILENCE

Effect [is] creation.

We live not by that which is visible [bread, effect] but by that which is invisible.

We are not going to find a spiritual power to destroy or overcome anything: Instead, we are going to overcome the belief that there is good or evil in any effect or in any form.

Every time that the thought comes to us, "I need this"; "I need that"; "I would like this"; "I would like that"; "I should have this"; "I should have that"; our answer must be, " 'Man shall not live by bread alone' —by effect, by creation, but by Spirit, the Creator." That must be a continuous realization until we have overcome our desire for anybody or anything that is in the external realm. We have to lose all desire for the visible in the realization that we live not by that which is visible but by that which is invisible, and then we shall find that the Infinite Invisible will produce in our experience the persons, things, circumstances, and conditions necessary to our daily life.

The nature of the bondsman is to be in bondage to effect. . . anything that has form.

Within us is the entire kingdom of God. That means that in us is the entire kingdom of immortality, eternality, virtue, prosperity, harmony, health, wholeness, completeness, fulfillment. In our human selfhood, we can never bring that forth because as a human being we are living in terms of effect and not cause, but when a human being learns to make contact with his Source, he is then drawing on the Invisible and is back in Eden.

The only effective and potent weapon against the powers that would destroy the world both physically and mentally is the Silence which comes of the conviction that there is a Something that created this universe and is responsible for maintaining it unto eternity—it is the ability to relax in Silence and let that Something perform Its function. In that Silence we find Allness. In that quietness and confidence, we find our strength and peace. That is our Sabbath, the complete and perfect universe of the first chapter of Genesis in which we rest from all power. . . Rumbblings of the thunder of the deep Silence of *My* peace reverberate and increase in power until eventually they break every barrier. The mighty noise of the Silence grows in volume until its thunder rends asunder the veils of illusion and God stands revealed in all His majesty, glory, and peace.

God can find entrance to the world only through consciousness. There was just as much God in the world before the time of Moses, but it had no effect upon the Hebrew people until Moses opened his consciousness, received the Light, and then was led by God, after which the liberation of the Hebrews was achieved.

The moment we perceive that there is neither good nor evil in effect, we lose our fear of any and every effect.

The Master reveals the basic karmic law of as ye sow, so shall ye reap, but he also makes plain the one sure and certain way to rise above the law of cause and effect, and that is not to set in motion a cause—to do nothing, think nothing, and be nothing of ourselves. For example, if we pray with some object or purpose in mind, we are likely to produce an effect in accordance with the cause which we set up. But if we were to pray without an object, solely for the realization of God, then we would not have set up a cause, and there could be no effect. There would only be God Itself appearing as the harmony of our existence.

It is possible for us to rise above the law of cause and effect but only when the world's weapons have been given up, only when our life is lived not by bread alone but by every word that proceeds out of the mouth of God. When we are not thinking of food or money or climate or any effect as constituting our security and when we realize that our real life is sustained by the word of God, we are living the spiritual life with no dependence on human beings, on human investments, or human positions—not throwing them away or casting them out of our life, but realizing that they are the added things in life, part of God's grace made manifest, and therefore there is no thought whatsoever of fear should they be taken from us.

Everything that we see, hear, taste, touch, or smell exists as an effect, but the moment that we perceive that there is neither good nor evil in effect, we lose our fear of any and every effect. We cannot fear something that has no more power for good or for evil than has a glass of pure water. We not only cannot fear a glass of pure water—we cannot even love it. We can enjoy and benefit by it, but there is nobody yet who has ever fallen in love with a glass of water or hated it or feared it. We just take it as it is, for what it is—a glass of water.

Mind is an effect, just as the product of mind is an effect.

Few people recognize that because [the mind] is an instrument of God, it should be perfectly harmonious. There is no reason why the body should deteriorate or lose its faculties, and it appears so only because man has not yet learned how to prevent such changes and maintain the body so that it is a proper and effective instrument for daily use. This can be done by realizing that the mind also is an instrument and, too, has its rightful place in our human experience. . . The mind is an instrument for something higher than itself, and that something is the one Self. When we come to the point where the mind is governed by the Self, we will be embraced in a peace that passes understanding. Then we do not control the body or the mind, but the activity of Truth in our consciousness, of which we become aware through the mind, keeps the mind clear, clean, harmonious, and vital; and it in its turn manages, controls, and governs the body, acting as the purifying agent of both mind and body.

The mind produces its own image and likeness, and if we who stand behind the mind permit it to be filled with superstition, ignorance, or fear, all of which stem from the belief in two powers, that is what the mind produces in our experience. Mind is the substance of every form of sin, disease, death, false appetite, lack, limitation, wars, rumors of wars, and all the other things listed under the word evil. . . Matter is matter only to the material state of consciousness, but once we rise to a mental state of consciousness, matter is not matter, but mind. Mind is the essence and substance of which matter is formed, and it appears to us as form or effect. Mind is the principle, the life and the law, of all material and mental form.

Correctly understood, mind is an instrument of God, created by God. Therefore, mind itself is an effect, just as the product of mind is an effect. It is not a cause; it is an effect. God, Soul, Spirit alone is cause, and both mind and body are effects.

Unconditioned mind is formed as unconditioned effect.

Mind, unconditioned and having no qualities of good or evil, is the substance of all that is visible; and all that is, is as unconditioned as the mind which is its basis. If this were not true, it would be impossible for our state of consciousness to produce changes in what is called the material universe. . . We would know that our consciousness of one power, which really is a consciousness of no-power, had produced the healing and was a law of harmony. We would observe that our mind functioning as an instrument of God had produced an effect on what we call body or matter and we would know then that the substance of mind and the substance of matter are one and the same. That is why mind can affect matter and, moreover, that is why truth in consciousness can affect matter.

Mind, itself, is unconditioned, but the human race has accepted the belief of both good and evil, and has produced a good effect by taking good into its mind and an evil effect by taking evil into its mind. . . That which we behold as an erroneous condition or circumstance is not of mind or its formations, but is the universal belief in good and evil, which is termed devil or carnal mind. Actually, there is no such thing as carnal mind, because there is but one mind and it is unconditioned.

The first chapter of Genesis is the account of a spiritual universe, peopled by spiritual beings who do not live by effect but by cause, who do not live by bread alone, who do not have to earn their living by the sweat of their brow; whereas in the second and third chapters, a knowledge of good and evil creates a sense of separation from God after which man lives by power and by effect: He lives by bread, by money, the beating of the heart, by sunlight; he lives by all the creature things, instead of by the Creator.